

Food for Thought

KPU Day 2023



Why Think About Food Origins?

- challenge preconceived ideas
- think globally
- understand the connections that bring us together
- highlight injustices of the past and present



A Note on Terminology

- “Old World” = Afro-Eurasia
- “New World” = territories now known as the Americas

Tech Time!



Tikka Masala



Tikka Masala's Origin Story

- 1960s and early 1970s immigrants from Bengal, Gujarat, and East Pakistan
- Chef Ali Ahmed Aslam opened Shish Mahal, 1964
- introduced 'tikka masala' as a sauce for curried chicken



Glasgow curry legend and inventor of chicken tikka masala Mr Ali remembered
(Image: Shish Mahal)

Doughnuts



Doughnuts Origin Story

- Nuremburg 15th Century
- adopted by Dutch traders
- introduced to New Amsterdam 17th C. "olykoeks"
- 1664 English capture New Amsterdam ...
- 20th C. Russian refugee invents doughnut-making machine





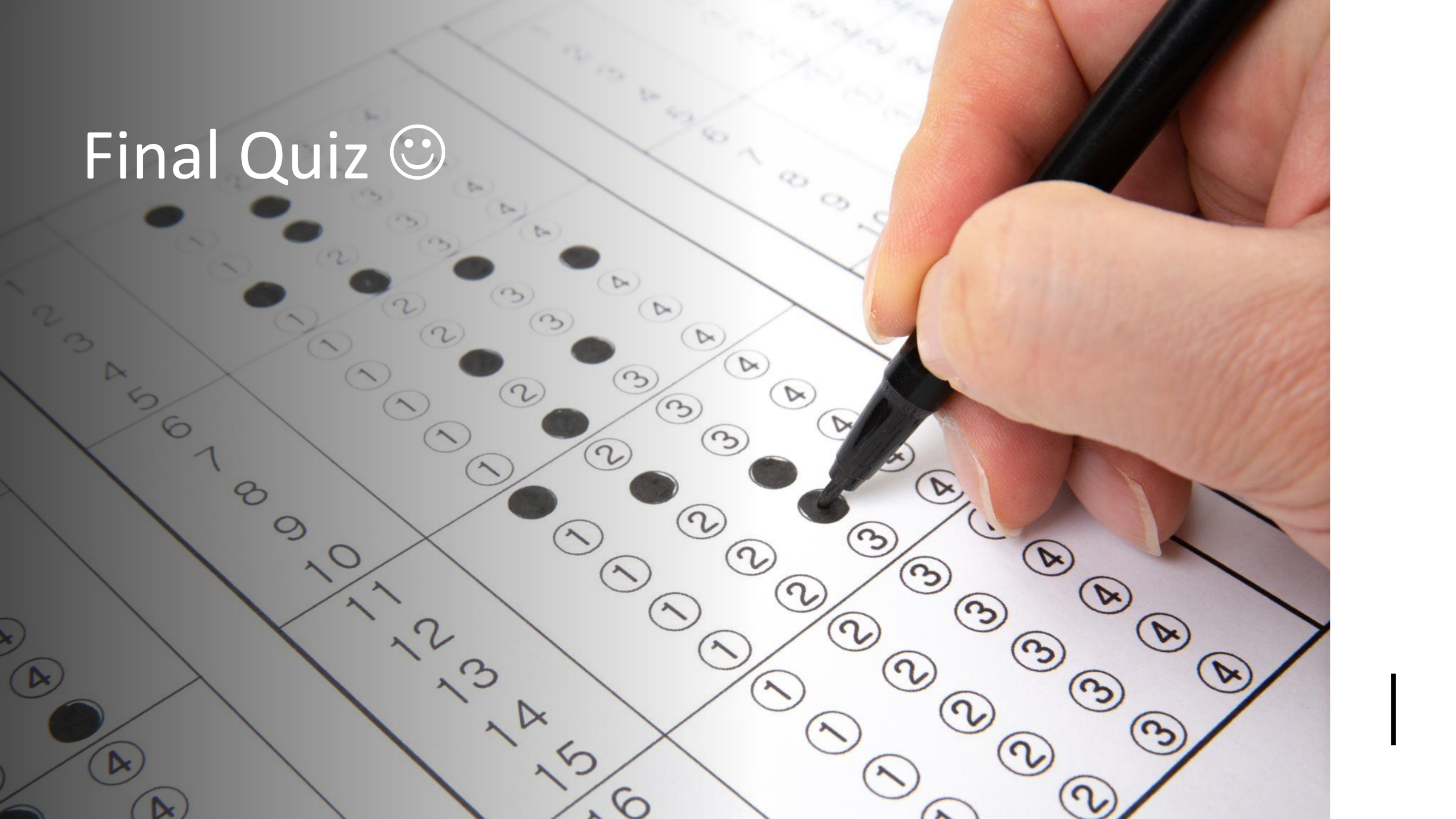
Bannock (Fry Bread)



Bannock's Origins

- Scotland/Ireland, 8th century
- barley or oatmeal, lard, sugar
- brought to the Americas by Scots settlers and fur traders
- as Indigenous peoples forced off traditional hunting lands, severe food shortages and starvation
- Bannock emerges as a way to avoid starvation

Final Quiz 😊



Margherita Pizza



Thanks for
coming
today!





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Digital Info Sheet