

For immediate release to current students and alumni

The **Fraser Health Crisis Line** is recruiting volunteers to provide assistance to people in the region who are experiencing emotional distress. No previous experience is needed as extensive training and ongoing support is provided. If you are interested in learning more about this challenging and rewarding opportunity, the first step is to review the information on our website and then attend a Zoom Information Session. Please go to www.options.bc.ca and click on Get Involved -> I Want to Volunteer -> Crisis Line. Here you will find the dates and Zoom links for the up-coming sessions.

Many volunteers report that their Crisis Line experience was significant in helping them reach their educational and/or career goals, including acceptance into Graduate Programs, Policing, Medical School, E-Comm 911, Social Work, Mental Health and related fields. Volunteers also tell us that they find the Crisis Line to be a rewarding and fulfilling experience, as they are truly making a difference.

Thaddée Bergler
Program Manager

Fraser Health Crisis Line
*Help Could Be Just a Call
Away...24 Hours a Day.
Everyday*

Options Community Services
9815 140th Street
Surrey, BC V3T 4M4

<https://options.bc.ca/>



**Are you
looking for a
volunteer
opportunity?
Why not start
now!**