

Complete a LASSI (Learning & Study Skills Inventory)

Overview of LASSI

Extensive research, development, and testing led to the creation of this statistically valid and reliable tool for the diagnosis of study skills. The LASSI is a 10-scale, 80-item assessment of learners' awareness about and use of learning and study strategies related to skill, will and self-regulation components of strategic learning. The focus is on both covert and overt thoughts, behaviors, attitudes and beliefs that relate to successful learning and that can be altered through educational interventions. Research has repeatedly demonstrated that these factors contribute significantly to success in college and that they can be learned or enhanced through educational interventions such as learning and study skills courses.

The LASSI provides standardized scores (percentile score equivalents) and national norms for ten different scales (there is no total score since this is a diagnostic measure). The LASSI is both diagnostic and prescriptive. It provides learners with a diagnosis of their strengths and weaknesses, compared to other college learners, in the areas covered by the 10 scales and it is prescriptive in that it provides feedback about areas where learners may be weak and need to improve their knowledge, attitudes, beliefs and skills. The LASSI was developed at the University of Texas at Austin by Claire Ellen Weinstein, Ph.D., Ann C. Schulte, Ph.D., and David R. Palmer, Ph.D.

Skill Component of Strategic Learning

The LASSI scales related to the skill component of strategic learning are: Information Processing, Selecting Main Ideas and Test Strategies. These scales examine learners' learning strategies, skills and thought processes related to identifying, acquiring and constructing meaning for important new information, ideas and procedures, and how they prepare for and demonstrate their new knowledge on tests or other evaluative procedures.

Will Component of Strategic Learning

The LASSI Scales related to the will component of strategic learning are: Attitude, Motivation and Anxiety. These scales measure learners' receptivity to learning new information, their attitudes and interest in college, their diligence, self-discipline, and willingness to exert the effort necessary to successfully complete academic requirements, and the degree to which they worry about their academic performance.

Self-regulation Component of Strategic Learning

The LASSI Scales related to the self-regulation component of strategic learning are: Concentration; Time Management; Self-Testing and Study Aids. These scales measure how learners manage, or self-regulate and control, the whole learning process through using their time effectively, focusing their attention and maintaining their concentration over time, checking to see if they have met the learning demands for a class, an assignment or a test, and using study supports such as review sessions, tutors or special features of a textbook.

Completing the LASSI

The Learning and Study Strategies Inventory (LASSI) is designed to gather information about learning and study practices and attitudes. Upon submission and approval of your institution number,



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60 statements will be presented that relate to your knowledge of these areas.

You can access the inventory on any web enabled computer. Try to use one that is connected to a printer so that you can print your results.

When you are ready to begin, locate the following URL with your web browser:

<http://collegelassi.com>

This URL will direct you to a web page that contains directions for taking the LASSI. After you have read these directions, you must enter your school number to continue. Your school number is listed below along with your user name and password.

School Number: 80280

User Name: auwv

User Password: kyr8g

After entering this information, the next screen to appear requires you to enter your first and last name into the spaces provided for the page to be submitted correctly.

The ID and E-mail fields are optional.

The next screen to appear will be the LASSI assessment.

You will be asked to respond to 80 statements. To help you decide which responses to select, we would like to explain what is meant by each option.

- By Not at all typical of me, we do not necessarily mean that the statement would never describe you, but that it would be true of you only in rare instances.
- By Not very typical of me, we mean that the statement generally would not be true of you.
- By Somewhat typical of me, we mean that the statement would be true of you about half of the time.
- By Fairly typical of me, we mean that the statement would generally be true of you.
- By Very much typical of me, we do not necessarily mean that the statement would always describe you, but that it would be true of you almost all the time.

After completing all the items and successfully submitting the results, a two-page report will be displayed listing your scores for each scale, together with your name, institution, date of administration, and an explanation of your results.

You should print a copy of the results for your records.

The next step is to book an appointment with a Learning Strategist in your nearest Learning Centre to debrief your results and discuss actions that you can take to become an even better learner.

