

Athletics and Recreation

The Department of Athletics and Recreation is committed to providing a diverse range of campus life opportunities for students, staff and the local community. Whether you're a competitive athlete on an Eagles roster, or a die-hard sports fan, the Eagles athletics program is a great way to get involved on campus. Our Recreational programs and activities promote life-long health and wellness, and are designed for you to get in shape, relax, meet people and most of all, have fun.

ATHLETICS

Kwantlen Polytechnic University is committed to being a leader in intercollegiate athletics. As a proud member of the Pacific Western Athletic Association or the PAC WEST (formerly known as the BC Colleges' Athletic Association or BCCAA) and the Canadian Colleges Athletic Association (CCAA), KPU is committed to excellence in our athletic teams. The Women's Soccer Team is two-time Provincial Champions, and the National bronze medalists in 2009. In 2011, KPU achieved its first National Championship with a Gold Medal performance in Badminton's Mixed Doubles.

Our intercollegiate teams, the Kwantlen Eagles, include men's and women's teams in basketball, soccer, golf, and mixed badminton. All home games are free for KPU students to attend. For more information on athletics please contact the **Department of Athletics and Recreation at 604.599.2980 or online at kwantlen.ca/eagles.**

RECREATION

Kwantlen Recreation strives to provide students, staff and faculty members an opportunity to participate in a broad range of sports, fitness and recreation programs for people of all ability levels. Our programs are designed to promote physical activity, enhance productivity, build self-esteem, reduce stress levels and improve the health and wellbeing of the campus community. There are a variety of co-ed activities available including basketball, badminton, dodge ball, indoor soccer, volleyball and table tennis. We also offer large scale campus events like Campus Race and Active KPU as well as a variety of non-credit instructional classes such as yoga and kick boxing for everyone to enjoy.

For more information on recreational opportunities, please visit the Recreation website at kwantlen.ca/recreation.

SURREY CAMPUS FACILITIES

- Full-sized and well-equipped gymnasium with glass basketball backboards
- Full-sized basketball court and two practice courts
- Full-sized volleyball court and two practice courts

- Four badminton courts
- Fitness centre with leading edge equipment
- Changerooms and day-use lockers

Off campus state of the art stadium soccer field at Newton Athletic Park

For a detailed gym and fitness centre schedule and prices please visit our website at www.kwantlen.ca/eagles.