

Counselling Minor

Faculty of Arts	kpu.ca/arts
Program Type	Undergraduate
Credential Granted	Baccalaureate Degree
Offered At	Richmond Surrey
Start Date(s)	September January May
Intake Type	Open intake
Format	Full-time Part-time
Instructional Cycle	Semester-based
Curriculum Effective Date	01-Sep-2017
How to Apply	www.kpu.ca/admission

DESCRIPTION

The Minor in Counselling was designed to provide students with a strong theoretical and practical understanding of the interdisciplinary field of counselling. Students in the program will develop a sound knowledge of theories in counselling, develop basic counselling skills (e.g., active listening, assessment, case conceptualization, goal-setting, counselling interventions) through engagement in practical and experiential learning opportunities, and learn about and reflect deeply on issues related to work in the helping professions (e.g., self-care, power dynamics, cultural considerations, professional ethics, boundaries of competence).

In the first year, students will be required to take Introduction to Higher Education in order to develop the appropriate attitude and disposition towards interdisciplinary scholarly inquiry that studies in Counselling requires. In the second year, students will take Abnormal Psychology (through the Psychology Department) so they can understand categories of mental disorders in order to strengthen their awareness regarding boundaries of competence. The third year involves developing an understanding of the theoretical foundations of counselling through courses on theories, career counselling, and cultural considerations in counselling. The fourth year courses involve a shift from theoretical understanding to practical and experiential learning with courses on reflective practice, counselling relationships and basic skills, and group facilitation. This minor may be applied towards any KPU bachelor's degree.

ADMISSION REQUIREMENTS

Students pursuing a Minor in Counselling must be admitted to KPU for undergraduate studies.

DECLARATION REQUIREMENTS

Students pursuing this minor must declare their intention prior to graduation. A minor may only be declared as part of a bachelor's degree.

CURRICULAR REQUIREMENTS

Students must achieve a minimum grade of C in all required courses.

1100 Level Prerequisites

All of:

PSYC 1100	Introduction to Psychology: Basic Processes	3 credits
PSYC 1200	Introduction to Psychology: Areas and Applications	3 credits

1100 Level

One of:

EDUC 1100	Introduction to Higher Education	3 credits
EDUC 1101	Introduction to Higher Education for Student Athletes	3 credits
EDUC 1102	Introduction to Higher Education for Aboriginal Students	3 credits
EDUC 1150	Introduction to Higher Education for International Students	3 credits
EDUC 1190	Introduction to Higher Education for High School Students	3 credits

2000 Level

PSYC 2350	Psychopathology	3 credits
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Note: PSYC 2350 has as a prerequisite completion of PSYC 1100 and PSYC 1200 with a grade of C in each course. EDUC 2220 Introduction to Educational Psychology is recommended.

3000 Level

All of:

CNPS 3310	Theories of Counselling	3 credits
CNPS 3320	Career Counselling & Career Education	3 credits

4000 Level

All of:

CNPS 4300	Counselling Relationships & Basic Skills	3 credits
CNPS 4310	The Reflective Practitioner	3 credits

One of:

CNPS 3330	Cultural Considerations in Counselling	3 credits
CNPS 4330	Group Facilitation	3 credits

CREDENTIAL AWARDED

Upon successful completion of the minor as part of a bachelors degree, transcripts will indicate a **Minor in Counselling**.