

PSYCHIATRIC NURSING (PSYN)

This is a list of the Psychiatric Nursing (PSYN) courses available at KPU.

Enrolment in some sections of these courses is restricted to students in particular programs. See the Course Planner - kpu.ca/registration/timetables - for current information about individual courses.

For information about transfer of credit amongst institutions in B.C. and to see how individual courses transfer, go to the BC Transfer Guide bctransferguide.ca

PSYN 2110 **2 Credits** **Essentials of Psychiatric/Mental Health Nursing**

Students will explore the concepts of mental health nursing through the examination of historical, social, cultural and political influences regarding mental health and wellness. They will examine the role of a mental health professional as a therapeutic agent. Students will also develop an understanding of their role in mental health. This course may be in class and/or online.

Co-requisites: HEAL 2150, PSYN 2125, 2130, 2145 and 2160

PSYN 2125 **3 Credits** **Psychiatric/Mental Health Nursing: Pharmacology and Other Therapeutics**

Students will examine, develop and apply the principles of safe medication administration. They will learn theory with a focus on classes of medications, assessments and evaluation in relation to mental health nursing within the context of acute and community care. Students will also apply the principles of theory in the lab settings in practicing the skills related to safe medication administration. Students will be introduced to a variety of drug classes and will learn about uses of drugs, pharmacologic and therapeutic effects, side effects, adverse effects, safe dosage ranges, nursing considerations, monitoring of clients, and documentation. This course may be in class and/or online.

Co-requisites: HEAL 2150, PSYN 2110, 2130, 2145 and 2160

PSYN 2130 **3 Credits** **Psychiatric/Mental Health Nursing: Communication**

Students will develop therapeutic communication and basic counseling skills. They will examine and discuss current approaches and modalities for counseling and psychotherapy in the context of multi-cultural, feminist, and ethical lenses. Students will study communication skills and interventions and enhance self-awareness. This course may be in class and/or online.

Co-requisites: PSYN 2110, 2125, 2145, 2160 and HEAL 2150.

PSYN 2145 **3 Credits** **Psychiatric/Mental Health Nursing: Practice I**

Students will begin to apply and understand concepts of health promotion, recovery, and psychosocial rehabilitation in this first clinical practice course. They will begin to use knowledge and skills working with individuals experiencing severe and persistent mental health challenges. Students will also apply skills from lab, pharmacology and psychosocial rehabilitation theory in varying mental health settings.

Co-requisites: PSYN 2110, 2125, 2130, 2160 and HEAL 2150.

PSYN 2160 **3 Credits** **Psychiatric/Mental Health Nursing: Psychosocial Rehabilitation**

Students will examine roles, relationships, challenges and interventions for individuals, families and groups as they pertain to health promotion. They will learn the principles of psychosocial rehabilitation with specific emphasis on recovery as a framework in psychiatric nursing for clients living with severe and persistent mental illness. Students will also explore the theoretical elements of group formation and dynamics for small group work. This course may be offered in class and/or online.

Co-requisites: PSYN 2110, 2125, 2130, 2145 and HEAL 2150.

PSYN 2201 (formerly PSYN 2200) **8 Credits** **Psychiatric/Mental Health Nursing: Acute Care as Community**

Students will apply select theories to maintain, restore, or improve the health of people in acute care communities. They will assess these communities using both a needs assessment and a community development model to facilitate informed health care decision-making. Students will apply knowledge of acute health care challenges and use nursing assessment and intervention skills in caring for individuals in a community context.

Prerequisites: PSYN 2101 and PSYN 2120 and SOCI 1125 and (ANTH 2142 or CRIM 2330)

PSYN 2230 **3 Credits** **Psychiatric/Mental Health Nursing: Health and Healing I**

Students will develop and examine personal meanings of health, healing and health promotion in the context of acute episodic health challenges. They will learn theory with a focus on holistic assessment of individuals, families, groups and communities in psychiatric and medical surgical settings. Students will learn about the assessment role of the psychiatric nurse in the Canadian health care team. Health promotion for vulnerable populations will also be explored. This course may be offered in class and/or online.

Prerequisites: PSYN 2145 and 2160.

Co-requisites: ANTH 2163, HEAL 2110, HEAL 2250 and PSYN 2245.

PSYN 2245 **4 Credits** **Psychiatric/Mental Health Nursing: Practice II**

Students will practice nursing in settings with clients who require acute mental health or acute medical/surgical care, treatment and intervention. They will focus on developing assessment skills, documentation and health education. Students will also practice intermediate communication skills while working with clients.

Prerequisites: PSYN 2145, 2160 and HEAL 2150.

Co-requisites: ANTH 2163, HEAL 2110, HEAL 2250 and PSYN 2230.

PSYN 3100 **7 Credits** **Community Health: Psychiatric Mental Health Nursing**

Students will apply community development models working with communities to maintain, restore, or improve the health of people in communities. They will have practice in a variety of communities where psychiatric and mental health needs can be addressed.

Prerequisites: PSYN 2201 or (CAHS 3500 or NRSNG 3190 for RPN's only)

Co-requisites: PSYN 3120 and WOMN 3100

PSYN 3120 **3 Credits**
Psychiatric/Mental Health Nursing: Health Care Economics, Leadership and Management

Students will explore theory of basic economics and management with a focus on health care in Canada. They will develop leadership skills, group facilitation talents, and basic business planning and budget preparation. Students will work with an agency and will propose creative financial solutions to health care that maintains quality of care. They will integrate conflict resolution models, develop an understanding of working with unions, and be introduced to policy analysis. Students will also utilize nursing informatics.

Prerequisites: PSYN 2201

PSYN 3130 **3 Credits**
Psychiatric/Mental Health Nursing: Health and Healing II

Students will continue to develop and refine their assessment skills and integrate, synthesize and evaluate holistic assessment of individuals, families and groups related to health promotion theory. Mental health promotion with vulnerable populations will be emphasized with a continued focus on recognition, screening, and assessment in mental health and medical surgical settings. This course may be offered in the classroom and/or online.

Prerequisites: PSYN 2230, 2245 and HEAL 2250.

Co-requisites: HEAL 3101, PSYC 3920 and PSYN 3145.

PSYN 3145 **4 Credits**
Psychiatric/Mental Health Nursing: Practice III

Students will continue to practice nursing in settings with clients who require acute mental health or acute medical/surgical care, treatment and intervention. They will focus on advanced communication skills while working with clients. Students will also continue to develop assessment skills, documentation and health education.

Prerequisites: PSYN 2230, 2245 and HEAL 2250.

Co-requisites: HEAL 3101, PSYC 3920 and PSYN 3130.

PSYN 3146 **3 Credits**
Consolidated Practice: Medical/Surgical Nursing

Students will consolidate their medical/surgical skills and knowledge in this practice course.

Prerequisites: PSYN 3130 and 3145.

PSYN 3200 **7 Credits**
Global Problems and Health

Students will apply concepts and theories to address health challenges related to crises and environmental factors. They will examine the relationship between environment and health including epidemiological analysis, policy, and assessment on a local and global level. Students will work with a community on an identified crisis and/or environmental health issue. They will also explore the relationship of health and harmony to the land, natural world, and environment, from many perspectives including Aboriginal people's perspective.

Prerequisites: PSYN 3100 and WOMN 3100

Co-requisites: PSYN 3220 and PSYN 3230 and PSYN 3240

PSYN 3210 **3 Credits**
Psychiatric/Mental Health Nursing: Global Health

Students will be introduced to strategies of global health promotion. They will examine the relationship between environment and health including epidemiological analysis, policy, and assessment on a local and global level. Students will also explore the relationship of health and harmony to the land, natural world, and environment from many perspectives, including Aboriginal people's perspective. This course may be in class and/or online.

Prerequisites: PSYN 3130 and 3145.

Co-requisites: PSYN 3211, 3225, 3245 and HEAL 3180.

PSYN 3211 (formerly PSYN 3220) **3 Credits**
Issues and Trends in Psychiatric/Mental Health Nursing

Students will explore issues, trends and strategies in healthcare as it relates to psychiatric nursing in Canada. They will explore ethical issues and the profession's impact on healthcare delivery. Students will also analyze current issues in relation to their impact on psychiatric nursing provincially, nationally and internationally. This course may be offered in class and/or online.

Prerequisites: PSYN 3130 and 3145

Co-requisites: PSYN 3210, 3225, 3245 and HEAL 3180.

PSYN 3220 **2 Credits**
Issues in Mental Health Nursing

Students will use critical social theory to explore current issues and societal trends associated with the oppression of people experiencing mental health issues. They will explore the role of the Registered Psychiatric Nurse (RPN) in relation to these issues and societal trends.

Prerequisites: PSYN 3100 and WOMN 3100

Co-requisites: PSYN 3200 and PSYN 3230 and PSYN 3240

PSYN 3225 (formerly PSYN 3250) **3 Credits**
Leadership and Management in Psychiatric/Mental Health Nursing

Students will explore theories of psychiatric/mental health nursing leadership, management and related bodies of knowledge. They will obtain the foundation and competencies necessary to the professional psychiatric/mental health nursing role. Students will also examine the effects of theories on outcomes of care. This course may be offered in class and/or online.

Prerequisites: PSYN 3130 and 3145

Co-requisites: PSYN 3210, 3211, 3245 and HEAL 3180.

PSYN 3230 **3 Credits**
Psychiatric/Mental Health: Nursing Research

Students will enhance their abilities to participate in the research process through critically reflecting on various research methodologies. They will develop their abilities to comprehend, critique and utilize research. Students will experience ways to transform personal inquisitiveness into a process of posing, exploring, and answering researchable questions. They will explore ways to critically examine their practice in relation to research. Students will explore the political considerations in conducting research.

Prerequisites: PSYN 3100

Co-requisites: PSYN 3200 and PSYN 3220 and PSYN 3240

PSYN 3240 **3 Credits****Qualitative and Quantitative Analysis**

Students will learn techniques commonly used in the analysis of both qualitative and quantitative data. They will engage in the process of qualitative analysis through examining qualitative data, data coding, and thematic construction. Students will also examine a range of descriptive and inferential statistical approaches to quantitative analysis using a computer-based system.

Prerequisites: PSYN 3100 and PSYN 3120

Co-requisites: PSYN 3200 and PSYN 3220 and PSYN 3230

PSYN 3245 **4 Credits****Psychiatric/Mental Health Nursing: Practice IV**

Students will apply concepts and theories to address health challenges related to crises and environmental factors. They will work on an identified crisis and/or environmental, global health issue.

Prerequisites: PSYN 3130, 3145 and HEAL 3101

Co-requisites: PSYN 3210, 3211, 3225 and HEAL 3180

PSYN 4100 **7 Credits****Capstone Course: Psychiatric / Mental Health Nursing**

Students will collaborate with peers to suggest course content based on course concepts and self-identified learning needs. They will practice in a variety of clinical settings to integrate learning from previous nursing and non-nursing courses. Students will apply advanced nursing skills in counseling, psychotherapy, and case management as they work with individuals, families and groups.

Prerequisites: PSYN 3200

Co-requisites: PHIL 3010 and SOCI 3345

PSYN 4110 **3 Credits****Psychiatric/Mental Health Nursing: Child and Adolescent**

Students will explore a theoretical framework for assessment and treatment of mental health issues experienced by children, adolescents and their families. They will integrate family systems, bio-psycho-social assessment, and a holistic model of health. Students will also explore cultural competency and cultural safety when working with children and adolescent clients. This course may be offered in class and/or online.

Prerequisites: PSYN 3210, 3211, 3225, 3245 and HEAL 3180.

Co-requisites: PHIL 3010, PSYN 4145 and SOCI 3345.

PSYN 4145 **7 Credits****Psychiatric/Mental Health Nursing: Consolidation**

Students will reflect on the previous learning and develop a focused learning plan. They will develop core content for this course and apply this to their clinical practice setting.

Prerequisites: PSYN 3210, 3245, 3211, 3225, and HEAL 3180.

Co-requisites: PHIL 3010, PSYN 4110, and SOCI 3345.

PSYN 4200 **10 Credits****Psychiatric/Mental Health Nursing: Preceptorship**

Students will participate in a Preceptorship of their choice, based on availability of preferred placements. They will increase knowledge and skills to develop independence and confidence as a practitioner in the field of psychiatric/mental health nursing.

Prerequisites: PSYN 4100

PSYN 4245 **10 Credits****Psychiatric/Mental Health Nursing: Preceptorship**

Students will transition from the role of student to the role of graduate nurse in this final preceptorship for psychiatric/mental health nursing. They will be placed in a variety of settings with the expectation of enhancing proficiency at the entry-level for the profession.

Prerequisites: PHIL 3010, PSYN 4110, PSYN 4145 and SOCI 3345