# Psychiatric Nursing: Bachelor of Psychiatric Nursing

| Faculty of Health         | kpu.ca/health        |
|---------------------------|----------------------|
| Program Type              | Undergraduate        |
| Credential Granted        | Baccalaureate Degree |
| Offered At                | Langley              |
| Start Date(s)             | Мау                  |
| Intake Type               | Limited intake       |
| Format                    | Full-time            |
| Instructional Cycle       | Semester-based       |
| Curriculum Effective Date | 01-Sep-2017          |
| How to Apply              | www.kpu.ca/admission |
|                           |                      |

## DESCRIPTION

The program is recognized by the College of Registered Psychiatric Nurses of British Columbia (CRPNBC).

The Kwantlen Polytechnic University Bachelor of Psychiatric Nursing (BPN) program philosophy consists of three guiding principles and six core concepts. These provide the philosophical foundation for the BPN program and basic assumptions that are inter-woven through all aspects of the BPN program curriculum and underpin its' philosophical framework. They provide grounding in health promotion, therapeutic relationship and diversity.

The core concepts are articulated and place the client at the center of our model. These include: client centeredness, being, situatedness, choice, professionalism, and teaching and learning. The person (client) is considered within the context of their culture, religion, ethnicity, race, historical experiences, spirituality and abilities. Diversity and equality are values running through the entire curriculum. This "ecological" theme considers the impact of the environment, social determinants of health, definitions of health, and prevention and promotion on a person's well-being.

The BPN program is developed in the context of psychiatric nursing theory based on best practice and the therapeutic use of self in interpersonal relationships. A health promotion perspective has been used to organize and construct the curriculum. This shift in focus from illness to health represents a deliberate move away from a disease model, to a model focusing on the person's experience with health and healing (Austin and Boyd, 2015). Inherent to these orientations is the use of teaching methodologies, which encourage the development of analytical and critical thinking based on praxis, and the discovery of personal meaning and personal power.

The BPN program philosophy recognizes the foundational role of praxis in psychiatric nursing theory and recognizes that psychiatric nursing practice requires thoughtful, reflective action. To assist in actualizing the concept of praxis, nursing practice experiences are integrated throughout the program of studies. The concept of praxis is used to guide learners to critically reflect on their practice and on their application of psychiatric nursing knowledge and clinical judgment within the practice setting.

Including the Health Foundations year, students complete eight (8) academic semesters to graduate with a Bachelor of

Psychiatric Nursing (BPN) degree. Graduates will be eligible to apply to write the national examination to obtain registration to practice as Registered Psychiatric Nurses in British Columbia.

Students who enroll in the program will receive a student resource manual that provides information regarding program policies. Students are responsible for familiarizing themselves with University policies and BPN program policies.

Please be advised that applications to this program will only be accepted from Canadian citizens and permanent residents / landed immigrants of Canada.

### **Nursing Practice Experiences**

Psychiatric/mental health nursing practice experiences are essential in the BPN program. Students will be directly involved with clients in their homes and in institutional and community settings in each semester. These experiences may involve days, evenings, nights and weekends. Practice experiences occur throughout the Lower Mainland and Fraser Valley. Students may choose to have placements locally, nationally and internationally for some components of the program. Students are responsible for their own transportation and other expenses incurred during these experiences.

Some agencies may require students to take an Oath of Confidentiality, have an additional criminal record search, or have a successful interview with their personnel prior to their acceptance. Failure to have documentation acceptable to the agency at the time of placement may result in denial of the experience, which in turn may prevent completion of the program of studies.

# ADMISSION REQUIREMENTS

The Certificate in Health Foundations fulfills the first-year requirements of the Bachelor of Psychiatric Nursing. The Faculty's Admission Requirements, which consist of KPU's undergraduate English Proficiency Requirement, apply to this program.

The Certificate in Health Foundations may be completed in two semesters by full-time students or over a longer period of time by part-time students.

Upon completion of the Certificate in Health Foundations students may file a declaration of their eligibility and intention to enter the second year of the Bachelor of Psychiatric Nursing. A limited number of students will be selected to commence Year 2 of the curriculum in May of each year as a full-time cohort. Selection for admittance to Year 2 will be based upon fulfillment of the declaration requirements and, if spaces are oversubscribed, GPA. The following additional program admission requirements apply:

- An acceptable Criminal Record Check through the Ministry of Public Safety and Solicitor General's Criminal Records Review Program within 6 months prior to the start of the program.
- Applicants who have lived outside of Canada as an adult are required to secure a Criminal Record Search with the Vulnerable Sector from their country of origin. Please contact the Office of Admissions for further direction on obtaining your criminal record check

# **CONTINUANCE REQUIREMENTS**

Students must maintain a cumulative GPA of 2.67 with a minimum grade of C+ in all required courses, including electives. Non-adherence to these requirements will result in removal from the program.

In the event of a discrepency between this document and the official KPU 2019-20 Calendar (available at www.kpu.ca/calendar/2019-20), the official calendar shall be deemed correct.

# **DECLARATION REQUIREMENTS**

Students intending to graduate with this Faculty of Health degree must declare the credential. At the time of declaration, the student must satisfy the following requirements:

- · In good academic standing with the University
- Completion of the Certificate in Health Foundations with a minimum GPA of 2.33 and no grade lower than C.
- Completion of a minimum of 30 hours of volunteer work with adults or children, evidenced by a written reference reflecting the length and nature of the experience.

To ensure a pathway is available for specific student populations in the Bachelor of Psychiatric Nursing, the following program reserves are in place for each intake: 3 seats for graduates of the KPU Health Care Assistant Program and 3 seats for self-declared Aboriginal students. Any reserved seats that are not offered to the above noted specific student populations will be offered to the general pool of qualified BPN applicants.

If seats are oversubscribed, admittance to Year 2 will be based on GPA from the Certificate in Health Foundations. Upon being offered admittance to Year 2 students will be required to submit documentation of the following before their declaration is granted:

- Canadian CPR Health Care Provider (Note: CPR certification must remain current throughout the program.)
- Current standard first aid certificate
- An acceptable Criminal Record Check through the Ministry of Public Safety and Solicitor General's Criminal Records Review Program within 6 months prior to the start of the program.
- Applicants who have lived outside of Canada as an adult are required to secure a Criminal Record Search with the Vulnerable Sector from their country of origin. Please contact the Office of Admissions for further direction on obtaining your criminal record check

## **CURRICULAR REQUIREMENTS**

### Year 1

The Certificate in Health Foundations fulfills the first-year requirements of the Bachelor of Psychiatric Nursing. The Certificate in Health Foundations may be completed in two semesters by full-time students or over a longer period of time by part-time students.

### Year 2

Following completion of the Certificate in Health Foundations and enrollment into Year 2 of the Bachelor of Psychiatric Nursing (BPN) program, the maximum allowable time that students have to complete all program requirements for graduation is seven years.

#### **SEMESTER 3 - PSYCHOSOCIAL REHABILITATION**

| HEAL 2150 | Laboratory Practice 2  | 3 credits |
|-----------|--|-----------|
| PSYN 2110 | Essentials of Psychiatric<br>Nursing   | 2 credits |
| PSYN 2125 | Psychiatric/Mental Health<br>Nursing: Pharmacology and<br>Other Therapeutics | 3 credits |
| PSYN 2130 | Psychiatric/Mental Health<br>Nursing: Communication                          | 3 credits |

| PSYN 2145                         | Psychiatric/Mental Health<br>Nursing: Practice 1                     | 3 credits |  |
|-----------------------------------|--|-----------|--|
| PSYN 2160                         | Psychiatric/Mental Health<br>Nursing: Psychosocial<br>Rehabilitation | 3 credits |  |
| SEMESTER 4 - HEALTH AND HEALING I |  |           |  |
| ANTH 2163                         | Culture, Health and Well-<br>being                                   | 3 credits |  |
| HEAL 2110                         | First Nations Health   | 3 credits |  |
| HEAL 2250                         | Laboratory Practice 3  | 3 credits |  |

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|-----------|--|-----------|
| PSYN 2230 | Psychiatric/Mental Health<br>Nursing: Health and Healing I | 3 credits |
| PSYN 2245 | Psychiatric/Mental Health<br>Nursing: Practice 2           | 4 credits |

### Year 3

#### SEMESTER 5 - HEALTH AND HEALING II

| HEAL 3101 | Conceptual Paradigms<br>in Health: A Feminist<br>Perspective  | 3 credits |
|-----------|---|-----------|
| PSYC 3920 | Aging   | 3 credits |
| PSYN 3130 | Psychiatric/Mental Health<br>Nursing: Health and Healing<br>2 | 3 credits |
| PSYN 3145 | Psychiatric/Mental Health<br>Nursing: Practice 3              | 4 credits |
| PSYN 3146 | Consolidated Practice:<br>Medical/Surgical Nursing            | 3 credits |

#### SEMESTER 6 - GLOBAL HEALTH

| HEAL 3180 | Nursing Science 4: Health<br>Research for Evidence<br>Informed Practice                            | 3 credits |
|-----------|--|-----------|
| PSYN 3210 | Psychiatric/Mental Health<br>Nursing: Global Health  | 3 credits |
| PSYN 3211 | Psychiatric/Mental Health<br>Nursing: Issues and Trends<br>in Psychiatric Mental Health<br>Nursing | 3 credits |
| PSYN 3225 | Psychiatric/Mental Health<br>Nursing: Leadership and<br>Management                                 | 3 credits |
| PSYN 3245 | Psychiatric/Mental Health<br>Nursing: Practice 4   | 4 credits |

### Year 4

#### **SEMESTER 7 - CONSOLIDATION**

| PHIL 3010 | Health Care<br>Ethics  | 3 credits |
|-----------|--|-----------|
| PSYN 4110 | Psychiatric/<br>Mental Health<br>Nursing:<br>Child and<br>Adolescent | 3 credits |

| PSYN 4145 | Psychiatric/<br>Mental Health<br>Nursing:<br>Consolidation | 7 credits |
|-----------|--|-----------|
| SOCI 3345 | Social Policy<br>in Context                                | 3 credits |

#### **SEMESTER 8 - PRECEPTORSHIP**

PSYN 4245 Psychiatric/Mental Health 10 credits Nursing: Preceptorship

### **CREDENTIAL AWARDED**

Upon successful completion of this program, students are eligible to receive a **Bachelor of Psychiatric Nursing** (BPN).