



GYMNASIUM SCHEDULE

	Mon	Tues	Wed	Thurs	Fri	Sat
	1	2	3	4	5	6
					DC @ KPU	CAP @ KPU
7:45am-9:00am	WBB PRACTICE	WBB PRACTICE	WBB PRACTICE	WBB PRACTICE	WBB PRACTICE	CAP vs KPU WBB 6:00pm & MBB 8:00pm
9:00am-11:00am	MBB PRACTICE	OPEN GYM	MBB PRACTICE	OPEN GYM	MBB PRACTICE	
11:00am-12:00am	OPEN GYM		KRAV MAGA		BOOTCAMP	
12:00pm-1:00pm	BOOTCAMP	JIU JITSU		KICKBOXING		
1:00pm-2:00pm	OPEN GYM	KICKBOXING	TAEKWONDO	KICKBOXING		
2:00pm-3:00pm		OPEN GYM	VOLLEYBALL	OPEN GYM		
3:00pm-3:45pm	YOGA	MBB PRACTICE	YOGA	MBB PRACTICE		
4:00pm-5:00pm		MBB PRACTICE	YOGA	MBB PRACTICE		
5:00pm-6:00pm	INDOOR SOCCER	OPEN GYM	INDOOR SOCCER	OPEN GYM		
6:00pm-7:00pm		OPEN GYM	INDOOR SOCCER	OPEN GYM		
7:00pm-8:00pm		INDOOR SOCCER	INDOOR SOCCER	INDOOR SOCCER		
8:00pm-9:00pm		INDOOR SOCCER	INDOOR SOCCER	INDOOR SOCCER		
9:00-10:00pm		INDOOR SOCCER	INDOOR SOCCER	INDOOR SOCCER		
	8	9	10	11	12	13
					PACWEST PROVINCIALS BADMINTON	
7:45am-9:00am	WBB PRACTICE	WBB PRACTICE	WBB PRACTICE	WBB PRACTICE	WBB PRACTICE	PACWEST PROVINCIALS BADMINTON
9:00am-11:00am	MBB PRACTICE	OPEN GYM	MBB PRACTICE	OPEN GYM	MBB PRACTICE	
11:00am-12:00am	OPEN GYM		KRAV MAGA		BOOTCAMP	
12:00pm-1:00pm	BOOTCAMP	JIU JITSU		KICKBOXING		
1:00pm-2:00pm	OPEN GYM	KICKBOXING	TAEKWONDO	KICKBOXING		
2:00pm-3:00pm		OPEN GYM	VOLLEYBALL	OPEN GYM		
3:00pm-3:45pm	YOGA	MBB PRACTICE	YOGA	MBB PRACTICE		
4:00pm-5:00pm		MBB PRACTICE	YOGA	MBB PRACTICE		
5:00pm-6:00pm	INDOOR SOCCER	OPEN GYM	INDOOR SOCCER	OPEN GYM		
6:00pm-7:00pm		OPEN GYM	INDOOR SOCCER	OPEN GYM		
7:00pm-8:00pm		INDOOR SOCCER	INDOOR SOCCER	INDOOR SOCCER		
8:00pm-9:00pm		INDOOR SOCCER	INDOOR SOCCER	INDOOR SOCCER		
9:00-10:00pm		INDOOR SOCCER	INDOOR SOCCER	INDOOR SOCCER		
	15	16	17	18	19	20
					CAM vs KPU	VIU vs KPU
7:45am-9:00am	WBB PRACTICE	WBB PRACTICE	WBB PRACTICE	WBB PRACTICE	WBB PRACTICE	VIU vs KPU WBB 1:00pm & MBB 3:00pm
9:00am-11:00am	MBB PRACTICE	OPEN GYM	MBB PRACTICE	OPEN GYM	MBB PRACTICE	
11:00am-12:00am	OPEN GYM		KRAV MAGA		BOOTCAMP	
12:00pm-1:00pm	BOOTCAMP	JIU JITSU		KICKBOXING		
1:00pm-2:00pm	OPEN GYM	KICKBOXING	TAEKWONDO	KICKBOXING		
2:00pm-3:00pm		OPEN GYM	VOLLEYBALL	OPEN GYM		
3:00pm-3:45pm	YOGA	MBB PRACTICE	YOGA	MBB PRACTICE		
4:00pm-5:00pm		MBB PRACTICE	YOGA	MBB PRACTICE		
5:00pm-6:00pm	INDOOR SOCCER	OPEN GYM	INDOOR SOCCER	OPEN GYM		
6:00pm-7:00pm		OPEN GYM	INDOOR SOCCER	OPEN GYM		
7:00pm-8:00pm		INDOOR SOCCER	INDOOR SOCCER	INDOOR SOCCER		
8:00pm-9:00pm		INDOOR SOCCER	INDOOR SOCCER	INDOOR SOCCER		
9:00-10:00pm		INDOOR SOCCER	INDOOR SOCCER	INDOOR SOCCER		
	22	23	24	25	26	27
					CBC vs. KPU	
7:45am-10:00am	WBB PRACTICE	WBB PRACTICE	WBB PRACTICE	WBB PRACTICE	WBB PRACTICE	CLOSED
10:00am-11:00am	MBB PRACTICE	OPEN GYM	MBB PRACTICE	OPEN GYM	MBB PRACTICE	
11:00am-12:00am	OPEN GYM		KRAV MAGA		BOOTCAMP	
12:00pm-1:00pm	BOOTCAMP	JIU JITSU		KICKBOXING		
1:00pm-2:00pm	OPEN GYM	KICKBOXING	TAEKWONDO	KICKBOXING		
2:00pm-3:00pm		OPEN GYM	VOLLEYBALL	OPEN GYM		
3:00pm-3:45pm	YOGA	MBB PRACTICE	YOGA	MBB PRACTICE		
4:00pm-5:00pm		MBB PRACTICE	YOGA	MBB PRACTICE		
5:00pm-6:00pm	INDOOR SOCCER	OPEN GYM	INDOOR SOCCER	OPEN GYM		
6:00pm-7:00pm		OPEN GYM	INDOOR SOCCER	OPEN GYM		
7:00pm-8:00pm		INDOOR SOCCER	INDOOR SOCCER	INDOOR SOCCER		
8:00pm-9:00pm		INDOOR SOCCER	INDOOR SOCCER	INDOOR SOCCER		
9:00-10:00pm		INDOOR SOCCER	INDOOR SOCCER	INDOOR SOCCER		