### Starting a Market Garden Arzeena Hamir Amara Farm Courtenay, BC

### Farming Success =

- 1. Production Knowledge
- 2. Access to market
- 3. Land
- 4. Appropriate Equipment
- 5. Effective Labour
- 6. Available Capital
- 7. Support

















# Examples Farmer's Market - very low barrier, take what you have, good to have variety, but you may end up bringing produce home CSA - all produce is pre-purchased but you need a good grasp on planning so that you have enough variety & quantity Wholesale/restaurant - doesn't necessarily need variety but they need steady supply of certain items.

## Labour By far the largest cost for market vegetables In general, a healthy person can manage 1/2-1 acre

### **Keeping Labour Costs Down**

- Weed more often & get off your knees!
- Friends, family (kids!) & work parties
- WWOOFers or Interns
- Choosing low-labour veggies (not salad mix & carrots)
- Mulch!!
- Investing in machinery (BCS, greens harvester)



### **Yearly Costs**

- Seed ~ \$1000
- Fertilizer ~ \$600 (veg) + \$600 (blueberry)
- Pest control \$500 (blueberry)
- Fuel \$1200
- Labour \$3500 (stipend) + \$3000 (food)
- Hydro = \$360
- Bags/pints/etc \$600
- Tax & Insurance ~ \$3000
- **=** \$14360