June 2018

	I/BU	SDODT & DECREATIO	N GVMNACHIM COUR	NII E	June 2018
Mon	Tues	SPORT & RECREATIO Wed	N GYMNASIUM SCHEL Thurs	DULE Fri	Sat
				1	2
		SUBJECT TO CHANG	SE WITHOUT NOTICE	CONVOCATION CLOSED	CLOSED
8 5 6 7 8 9					
OPEN GYM 8:00a-11:50a		OPEN GYM 8:00a-11:50a	OPEN GYM 8:00a-11:50a	OPEN GYM 8:00a-12:50p	
CIRCUIT TRAINING 12:05p-12:50p	OPEN GYM 8:00a-4:15p	BODY SCULPT 12:05p-12:50p	TRX 12:05p-12:50p		
OPEN GYM 1:00р-6:00р		OPEN GYM	OPEN GYM 1:00p-4:15p	MINDFUL MOVEMENT 1:00p-1:45p	CLOSED
	НІІТ 4:30р-5:30р	1:00p-6:00p	CORE CONDITIONING 4:30p-5:30p		
DROP IN SOCCER 6:00p-9:50p	DROP IN BADMINTON 6:00p-9:50p	DROP IN VOLLEYBALL 6:00p-9:50p	BASKETBALL 6:00p-9:50p	ευυρ-τ.συβ	
11	12	13	14	15	16
OPEN GYM 8:00a-11:50a			CLOSED	OPEN GYM 8:00a-12:50p	
CIRCUIT TRAINING 12:05p-12:50p	OPEN GYM 8:00a-4:15p		TRX 12:05p-12:50p		
OPEN GYM 1:00p-6:00p		FAMILY ORIENTATION CLOSED	OPEN GYM 1:00p-4:15p	MINDFUL MOVEMENT 1:00p-1:45p	CLOSED
	HIIT 4:30p-5:30p		CORE CONDITIONING 4:30p-5:30p	OPEN GYM 2:00p-9:50p	
DROP IN SOCCER 6:00p-9:50p	DROP IN BADMINTON 6:00p-9:50p		BASKETBALL 6:00p-9:50p		
18	19	20	21	22	23
OPEN GYM 8:00a-11:50a		OPEN GYM 8:00a-11:50a	OPEN GYM 8:00a-11:50a	OPEN GYM 8:00a-11:50a	
CIRCUIT TRAINING 12:05p-12:50p	OPEN GYM 8:00a-4:15p	BODY SCULPT 12:05p-12:50p	TRX 12:05p-12:50p	BROOMBALL 12:00p-12:50p	
OPEN GYM 1:00p-6:00p		OPEN GYM 1:00p-6:00p	OPEN GYM 1:00p-4:15p	MINDFUL MOVEMENT 1:00p-1:45p	CLOSED
	HIIT 4:30p-5:30p		CORE CONDITIONING 4:30p-5:30p	OPEN GYM 2:00p-9:50p	
DROP IN SOCCER 6:00p-9:50p	DROP IN BADMINTON 6:00p-9:50p	DROP IN VOLLEYBALL 6:00p-9:50p	BASKETBALL 6:00p-9:50p		
25	26	27	28	29	30
OPEN GYM 8:00a-11:50a		OPEN GYM 8:00a-11:50a	OPEN GYM 8:00a-11:50a	OPEN GYM 8:00a-12:50p	
CIRCUIT TRAINING 12:05p-12:50p	OPEN GYM 8:00a-4:15p	BODY SCULPT 12:05p-12:50p	TRX 12:05p-12:50p	MINDFUL MOVEMENT 1:00p-1:45p	
OPEN GYM 1:00p-6:00p		OPEN GYM 1:00p-6:00p	OPEN GYM 1:00p-4:15p		CLOSED
DROP IN	HIIT 4:30p-5:30p DROP IN	DROP IN	CORE CONDITIONING 4:30p-5:30p	OPEN GYM 2:00p-9:50p	
SOCCER 6:00p-9:50p	BADMINTON 6:00p-9:50p	VOLLEYBALL 6:00p-9:50p	BASKETBALL 6:00p-9:50p		