

### **Get the latest information from KPU International Advising!**



Hello there, international students of KPU. It's already a month since the Fall 2023 semester started! How are you doing? We hope that you are having a great time at KPU and have made many new friends here. University life can be quite busy with lots of activities and assignments, but don't forget to take some time to relax and take care of yourself. As we dive into the spooky days of October, we've got some important information updates for you. So, grab your pumpkin spice latte and let's explore this October adventure together!

### **Health Insurance for International Students**

As an international student, having **health insurance** is critical to avoid unnecessary and unexpected financial burdens while studying in Canada. Without insurance, medical and emergency care can be extremely expensive.

To learn more about **different types of insurance applicable to KPU international students**, visit <u>Health Insurance for International Students</u>.

Still have questions? Check out the <u>Health Insurance</u>
<u>Booklet</u> or contact our **International Student Life Coordinators** by email at **intlstudentlife@kpu.ca**.



# INTEGRITY

### Join us for the Academic Integrity Week!

At KPU, we always strive to promote a culture of **integrity** where academic work is conducted with honesty, trust, fairness, respect, responsibility, and courage. **Breaches of academic integrity** may result in a grade of zero for an assesment, a failing grade for a course or even suspension from the university.

Join us for a series of online and in-person workshops for the Academic Integrity Week from Oct 16 - 20, 2023 where you can learn more about academic integrity at KPU. Click <a href="here">here</a> to get more information and reserve a spot.

### Need to prove your enrolment in KPU?

KPU students can get a **Confirmation of Enrolment Letter** from the **Online Self Service** to verify their enrolment at KPU. This standard letter provides information about student enrolment, such as faculty, program, number of registered and completed credits.

If you need a personalized letter with more detailed information about your academic enrolment at KPU, meet with an International Education Advisor to learn if you should get a **Confirmation of Enrolment - Special Purpose Letter.** 

Click here for more details!





# Experience sheer terror this Halloween! Join us for the ultimate Halloween haunted house experience!

Dare to enter our spine-chilling maze of terror, where nightmares come to life? Are you brave enough to face your deepest fears? Don't miss out on the most terrifying night of your life!

For more updated information, visit <u>KPU</u> <u>International Event Page!</u>

## Health & Wellness Tips

Balancing your life as an international student can be stressful and overwhelming. As a KPU student, you have access to **mywellnessplan**, where you can get a free anonymous mental health assessment, online video counseling and several other resources to combat mental health issues.

**mywellnessplan** is **open to all students** regardless of their enrollment in the Student Health and Dental Insurance Plan. Click <u>here</u> to learn more!



Please feel free to contact us at KPU International if you have any questions or require support.