

# TWO EXCEPTIONAL DAYS

# A FOUNDATION FOR YOUR UNIVERSITY EXPERIENCE

# THE LEARNING CENTRES

Richmond | Surrey  
Cloverdale | Langley



## What?

University studies can be intense and sometimes overwhelming. Come meet other students, faculty, staff, tutors and peer coaches. Develop the skills and attributes you need to transition to university.

## Who?

New, returning (after an absence), mature, international, aboriginal, and students managing a disability.

## Where?

Meet us in the Surrey Campus  
Coast Capital Library  
12666 72 Ave, Surrey BC, V3W 2M8

## When?

Wednesday August 23 and Thursday  
August 24

## Cost?

**FREE!** We provide workshop materials, snacks, and lunch.

Register by August 21 at [kpu.ca/itsaboutu](http://kpu.ca/itsaboutu)  
or phone **604.599.2437**



## REGISTER ONLINE AT

[kpu.ca/itsaboutu](http://kpu.ca/itsaboutu) or  
phone The Learning Centre at  
604.599.2437

## THE LEARNING CENTRES

# IT'S ABOUT U

2 day transition  
program for  
new students

**AUG 23 & 24**  
8:30AM-4:00PM

[kpu.ca/itsaboutu](http://kpu.ca/itsaboutu)

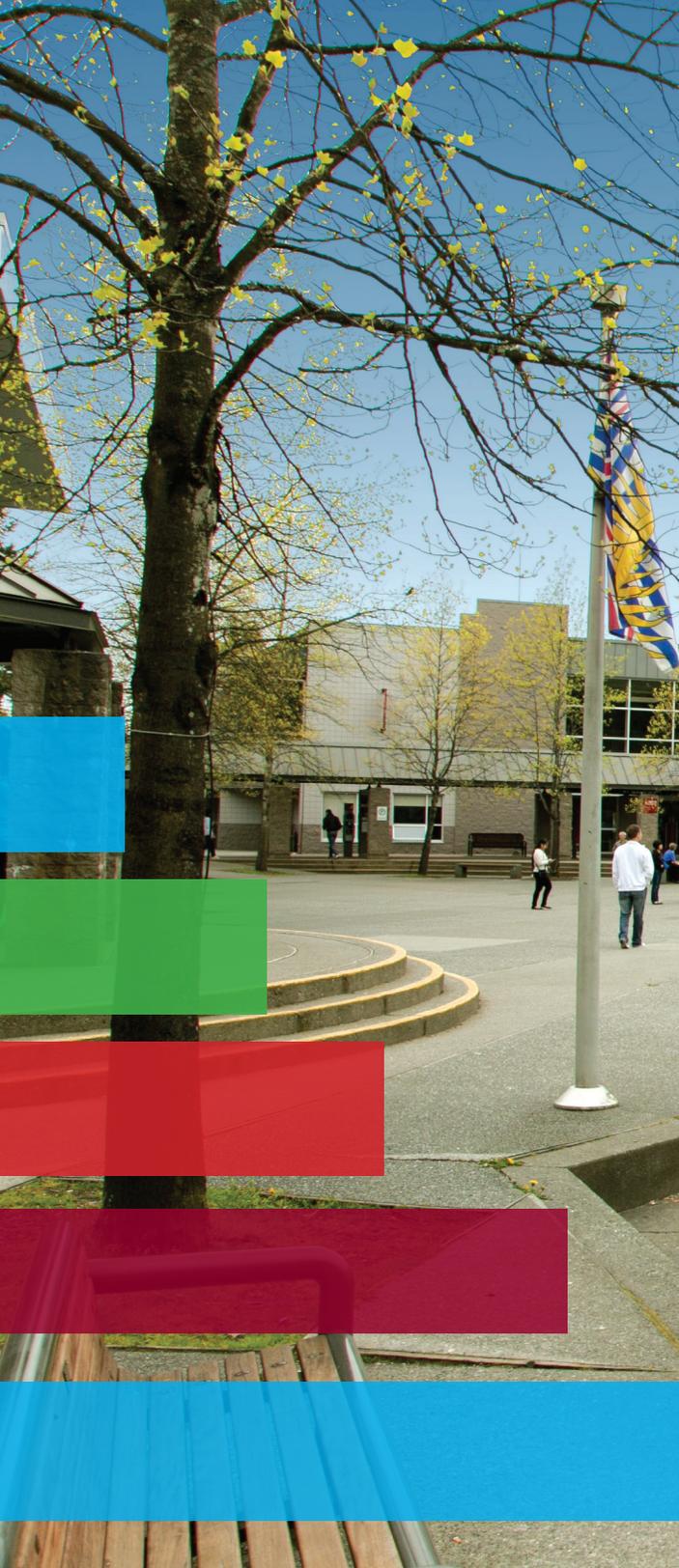


## FOR MORE INFORMATION

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[kpu.ca/learningcentres](http://kpu.ca/learningcentres)  
[kpu.ca/itsaboutu](http://kpu.ca/itsaboutu)





## IT'S ABOUT U

This 2 day preparation program is geared to give you the information you need to successfully transition into university studies. Any student can face challenges in a university setting. It's About U will help ease your transition.

### In this fun, interactive program, you will...

- Increase your confidence
- Get prepared for university
- Understand the academic process
- Become a more conscious learner
- Learn what your instructors expect
- Discover effective learning strategies

## LEARN

In workshops that are both educational and interactive, you will discover how to adapt your skills and abilities and use them to your advantage in your courses.

### You will find out how to...

- Learn and study effectively
- Communicate effectively online and face to face
- Be your own advocate
- Manage your time
- Get the most from lectures and textbooks
- Prepare for exams

## THIS PROGRAM IS FOR YOU IF YOU'RE A FALL 2017...

- New student
- Returning university student
- International student
- Aboriginal student
- Student managing a disability

## APPLICANT REQUIREMENTS:

- Be registered for Fall 2017 classes
- Registered online by August 21 ([kpu.ca/itsaboutu](http://kpu.ca/itsaboutu))

### WHAT STUDENTS HAVE SAID:

"I have been to many seminars and orientations, but this one has struck me as the most useful. I will never forget this experience."

"It was a good way to make friends. The presentations were uplifting and I really enjoyed the variety of workshops. I learned a lot."

"Very informative-mental preparation/useful skills, friendly mentors, positive atmosphere."

It's About U...  
GETTING OFF TO A GREAT START