Post Study Abroad Evaluation

THE BASICS				
Your Name				
Your Program of Study/Year	Bachelor of Business Administration, year 2.5			
Host Country	France			
Host School/Agency	INSEEC MBA school			
Participation Dates	Jan 2011, June 2011			
Type of Study Abroad	X Exchange	□ Practicum	☐ Independent	□ Other
	Sec	tion 1		
GENERAL EVALUATION				
Please rate your overall exchan poor and 10 being exceptional)	ge experience or	a scale of 1 to 1	10 (one being	8.5
In a couple of sentences, explain why you rated your experience the way you did.	It was awesome because I was in France and doing all these cool things that the city had to offer, but the schooling was very disorganized and unnecessarily stressful.			
	Sec	ction 2		
ARRIVAL				
How difficult was it for you to obtain your travel documents (visa, etc.)? *Always verify immigration regulations with the consulate or embassy of your host country*	Not To difficult of	once the process	had started.	
Describe your transportation arrangements to your host country. Would you change any part of those arrangements?		ring. Paying the 5	I took the metro fr 50 euro for a taxi v	
How was your experience clearing customs and immigration upon arrival in your host country? Any surprises?	Easy, no surpris	es.		
Describe how you traveled to your host facility. How long did it take and how much did it cost?	I flew, it took rou	ughly 12 hours, a	ind cost me appro	ximately 1300.
Section 3				
ORIENTATION AND ASSISTANCE				

How satisfied were you with the orientation and assistance available to at your host school/agency.	They were very helpful, very satisfied with the help they gave, once you were actually in classes. Prior to class was a little more complicated.	
What help did you receive from the international staff or office? What was your impression of the international staff or office?	Nice people, could be a little better informed and well organized.	
What was the orientation like at your partner university, if there was one? How well did it suit your needs?	The orientation was brief, it was good enough. I didn't feel like I was lacking any vital information.	
What was it like to adjust to the culture of your exchange site? Were there people you could talk to about what you were	Easy, there were people I could talk to about my experience, however I didn't need too. The only thing I never got used to was the way they drive there.	
experiencing? How receptive were the local people in providing	Very receptive, but I think that is largely because I speak French.	
assistance?		
HOUSING	Section 4	
Describe your accommodation arrangements.	I stayed with a lady, I rented a room from her and shared the rest of the apartment with her.	
How early could you move into housing before term and how long after the end of term were you allowed to stay?	There was no housing. I moved into the room I found on my own as soon as I arrived.	
How comfortable were you with your accommodation?	Very.	
Describe what you did about meals and what other options were available. How satisfied were you with the food?	I made my own food. Or bought it. The food was SOOO GOOD.	
How close was your accommodation to where you had to study?	Very 20 min walk.	
Section 5		
COURSE REGISTRATION		
Please describe the registration process at your host institution. What	The registration was mostly done here, all that was done to guarantee your spots in the course was that an email was sent to the exchange coordinator stating what courses you were enrolled	

assistance was available to you? Were you satisfied?	in.	
How successful were you in registering for classes? What advice would you offer to another exchange student about how to register at your host institution?		
How many courses did you take per semester? What course load would you recommend for future students? What particular courses would you recommend to other students?	I took 6.	
	Section 6	
ACADEMICS		
How satisfied were you with the amount of knowledge/skills you obtained from your host?	Not very.	
	It was very poor, disorganized inefficient. The workload was nothing.	
How many courses did you take during your time abroad?	6	
What impact did the language barrier have on your learning?	none	
	There was no library and the computer labs were poorly taken care of.	
Section 7		
COSTS		
Books and Supplies – per term		
Flight	1300 euro	
Accommodation – per month	600 euro	
Meals – per month	250 euro	
Local transportation – per	60 euro	

month		
Health insurance – per term	0	
Communications (internet, phone, etc.) – per term	30 euro	
Travel documents (passport, entry visa, etc.)	0	
Vaccinations	0	
Personal Spending (eg. entertainment and extra travel) – per term	A lot.	
What unexpected costs did you encounter? What items were less or more expensive than you expected?	Doctors visits.	
	Section 8	
EXTRA-CURRICULAR/SOCIAL ACTIVIT	TIES	
How satisfied were you with the out-of-class opportunities at your host site?	Extremely satisfied.	
What organized activities (clubs, sports, etc.) were available to you while in your host country? What extracurricular activities would you recommend to future students?	There were none, except for the exchange students coordinators who coordinated parties.	
What opportunities were there to work or volunteer. Did you require special permits to do this?	0	
What do you recommend other visiting students see or do on their weekends or holidays?	Everything. Anything that they wanted to do… also the south of France	
Section 9		
SAFETY AND HEALTH		
Describe any safety concerns you had during your experience.	The metro system late at night.	
Section 10		
PERSONAL AND CULTURAL CONNECTIONS		
What was it like making friends? How successful were	Easy. And yes	

you at making friends with local (i.e., not international) people?		
What was it like to adjust to the culture of your host site?	Easy, although the smoking is something I will never adjust too.	
What, if any, cultural differences did you find particularly challenging?		
What parts of the culture did you most appreciate?	The Art And the FOOD!	
How were you treated by local people? By university staff and faculty? By students?	I found people to be very friendly, other people disagreed with me.	
As far as you could tell, how easy would it be for students with disabilities to study at your partner university?	It depends what kind of disabilities, but for the most part yes.	
For students who are visible minorities in your host country?	Easy, the city is full of visible minorities.	
For students who are gay, lesbian, bisexual or transgendered?	Easy, they are very liberal there.	
	Section 11	
TAKING STOCK		
What are the 5 most important things one should take with them when going to your host country or region?		
1camera		
2 money		
3 back-pack		
4 a bag that has 4 wheels.		
5good walking shoes		
What are the 10 most important things you would tell another student who is going to your host facility/agency:		
1 Don't start smoking		
2 do everything that you want to do, do not hesitate.		
3 eat whatever you want		
4 travel to all the extra places that you want to		
5 don't expect anything, and you will have an AMAZING time		
6 Don't be shy		

7 try the things that scare you		
8 do things on your own, go to museums alone.		
9 wear good shoes.		
10 pack lightly		
What was the most rewarding part of your study abroad experience?	You really can't choose one thing. So much of it is rewarding, there are so many memories that you come back with that will never leave you.	
What was the greatest challenge you faced during your experience abroad?	Staying healthy.	
As a result of your study abroad experience, how has your perspective changed?	I have grown to respect Canada A lot more.	
What else do you want to say about your study abroad experience?	For anyone who can, they should go! Also make a budget and stick to it.	