



**Study Abroad Evaluation** 

| Your Name                              |          | Jeneral  | Information        |                         |             |
|--|----------|--|--------------------|-------------------------|-------------|
| Host Country                           | Jana     | Japan Nagasaki   |                    |                         |             |
| ······································ |          | Japan, Nagasaki  |                    |                         |             |
| Host School/Agency                     |          | Nagasaki University of Foreign Studies                           |                    |                         |             |
| Participation Dates                    |          | 014 September – 2015 February                                    |                    |                         |             |
| Your Program of Study                  |          | JASIN Program  |                    |                         |             |
| Type of Study Abroad                   | <u> </u> | xchange X  | Practicum          | Independent             | Other       |
|  |          |  | Evaluation         |                         |             |
| In a couple of sentences,              |          | Other than improving my Japanese, the experience really          |                    |                         |             |
| summarize why you rated                | -        | improved me as a person. It made me more open-minded, more       |                    |                         |             |
| experience the way you did             |          | adaptable to change, and more sociable.                          |                    |                         |             |
|  |          | <b>A</b>   | rrival             |                         |             |
| How easy or challenging                | was it   | The school took care of most of our official documents for their |                    |                         |             |
| to obtain your travel documents        |          | students so the process was not challenging at all.              |                    |                         |             |
| (visa, permits, etc.)?                 |          |  |                    |                         |             |
| Describe your transportation           |          | I flew to Japan through Japan air lines. I wouldn't alter those  |                    |                         |             |
| arrangements to your host              |          | arrangements.  |                    |                         |             |
| country. Would you alter any           |          |  |                    |                         |             |
| part of those arrangemen               | ıts?     |  |                    |                         |             |
| How was your experience                | Э        | There were no troubles at customs and process went without       |                    |                         |             |
| clearing customs and                   |          | problem.   | problem.           |                         |             |
| immigration upon arrival i             | in your  |  |                    |                         |             |
| host country? Any surpri               | ses?     |  |                    |                         |             |
| Describe how you traveled              | ed to    | The school pr  | ovided a bus to t  | ransport all their stud | dents. I am |
| your host facility. How lor            | ng       | unsure of the  | exact travel time. |                         |             |
| did it take and how much did it        |          |  |                    |                         |             |
| cost?                                  |          |  |                    |                         |             |
|  |          | Orientation  | and Assistance     |                         |             |
| How satisfied were you with            |          | The orientation  | ns were helpful a  | and help was readily    | available.  |
| the orientation and student            |          |  |                    |                         |             |
| assistance available to at             | t your   |  |                    |                         |             |
| host school?                           |          |  |                    |                         |             |





| What help did you receive from<br>the international staff or office?<br>What was your evaluation of<br>your host schools international<br>staff or office?      | The international office was happy to help with any of our problems whether it be school or questions about Japan in general.  |
|---|--|
|   | Orientation and Assistance (cont'd)  |
| How was new student orientation at the host university? How did it suit your needs?   | The orientation really helped the students ease into Japan and made the process of adjusting to living in Japan smoother.  |
| What was it like to adjust to the culture of your exchange site? Were there people and resources available for you to talk to about what you were experiencing? | The adjustment to Japan was relatively simple. The conversation partners as well as school staffs were willing to help us in anyway they can if we have any questions. |
|   | Housing  |
| Describe your accommodation in your host country.   | I lived in the school dormitory.   |
| How early could you move into housing before term and how long after the end of term were you allowed to stay?  | We were able to move in a week before term starts and could stay a week after term ends for free. Subsequent days would be charged with a renting fee.                 |
| How comfortable were you with your accommodation?   | I had no problems with my accommodations.  |
| Describe what you did about meals and what other options were available. How satisfied were you with the food?  | There was a meal plan available in the dorm but I decided to cook my own meals instead. There were kitchens available for the students.                                |
| How close was your accommodation to where you studied?  | The school was a five min walk away.   |
|   | Academics & Course Registration  |
| Please describe the registration process at your host institution.  | Registration was done before going to Japan and there are follow ups upon arrival. The registration process explained  |





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| What assistance was available to you? Were you satisfied?  | in detail and we were walked step by step through the entire process.  |
| What advice would you offer to another exchange student about registration at your host institution?   | Student must be prepared to have to changed their schedule often due to the Japanese courses not matching students Japanese abilities. |
| What course load would you recommend for future students? Are there particular courses would you recommend?  | Anywhere around 16 credits would be a good course load, around seven courses.  |
| Acad   | demics & Course Registration (cont'd)  |
| How satisfied were you with the amount of knowledge/skills you obtained from your host?  | I am satisfied with the amount of knowledge and skill I obtained from Japan.   |
| How did the style of teaching compare to Canada? How did the workload compare to Canada?   | The workload was not as heavy and the teachers are more involved in our learning process.  |
| How many courses did you take during your time abroad?   | I took six courses.  |
| If applicable, what impact did the language barrier have on your learning?   | The language barrier had little impact on my learning.   |
| What was your impression of<br>the computer facilities, library,<br>internet access, specialized<br>equipment and supplies<br>available at your host facility? | The equipment's at the facility was decent although the library had a limited collection.  |
|  | Cost   |
| Books and Supplies/per term: Flight:   | 80\$<br>1200\$   |
| Accommodation/per month:   | 180\$  |
| Meals/per month:   | 300\$  |





| Local transportation/per month:      | 30\$   |  |  |  |
|--------------------------------------|--|--|--|--|
| Health insurance/per term:           | 0  |  |  |  |
| Communication (internet,             | 0  |  |  |  |
| phone, etc.) – per term              |  |  |  |  |
| Travel documents (passport,          | 0  |  |  |  |
| entry visa, etc.)                    |  |  |  |  |
| Vaccinations:                        | 0  |  |  |  |
| Personal spending                    | 2000\$   |  |  |  |
| (entertainment and extra travel)     |  |  |  |  |
| – per term                           |  |  |  |  |
| Were there unexpected costs          | The utilities were more expensive than I expected and costed     |  |  |  |
| you encounter? What items            | about 60 dollars a month.  |  |  |  |
| were less or more expensive          |  |  |  |  |
| than expected?                       |  |  |  |  |
| Extra-Curricular & Social Activities |  |  |  |  |
| How satisfied were you with          | There weren't many opportunities in terms of extra-curricular    |  |  |  |
| the out-of-class opportunities       | activities.  |  |  |  |
| available at your host site?         |  |  |  |  |
| What type of organized               | There were movie nights, cafes, and school festivals although    |  |  |  |
| activities were available to you?    | extra-curricular activities are limited. Joining a student       |  |  |  |
| What extra-curricular activities     | association would be recommended for students wishing to have    |  |  |  |
| would you recommend to future        | more interaction with students from various cultures.            |  |  |  |
| students?                            |  |  |  |  |
| What opportunities were there        | A special permit was required but it's not hard to obtain. There |  |  |  |
| to work or volunteer? Did you        | were many opportunities for work and volunteer.                  |  |  |  |
| require special permits to do        |  |  |  |  |
| this?                                |  |  |  |  |
|                                      | Health and Safety  |  |  |  |
| Did you feel safe in your host       | Yes  |  |  |  |
| country?                             |  |  |  |  |
| Describe any safety concerns         | N/A  |  |  |  |
| you had during your                  |  |  |  |  |
| experience.                          |  |  |  |  |
| Personal and Cultural Connections    |  |  |  |  |
| How successful were you              | I made some friends with local people and students although      |  |  |  |
| at making friends with local         | most students usually keep to their own social group.            |  |  |  |





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| (not international) people and students?   |  |
| How did you find it adjusting to the culture of your host site?  | I didn't have any problem adjusting to the culture.  |
| What, if any, cultural differences did you find particularly challenging?  | There weren't any notable difficulties.  |
| What part(s) of the culture did you most appreciate?   | The many festivals and celebrations, like new years.   |
| How were you treated by local people? By university staff and faculty? By students?                                | Most of the locals, university staffs, and students were friendly and was willing to help me with any questions I had. |
| As far as you could tell, how easy would it be for students with disabilities to study at your partner university? | Student with disabilities may have trouble studying at the university.   |
| As far as you could tell, for students who are visible minorities in your host country?                            | They'll have little trouble studying here.   |
| For students who are gay, lesbian, bisexual or transgendered?  | They'll have little trouble studying here.   |
|  | Overall  |
|  | ner students should know before going to your host country/  |
| region?  | oki sa ba proporad   |
| <ol> <li>It rains quite often in Nagasa</li> <li>Food can be really expensive</li> </ol>                           |  |
|  | ally shake hands and it may be considered rude by some.  |
| 4.   | and it may be considered face by como.   |
| 5.   |  |





| What are ten important things you would tell another student who is going to your host facility/ |  |  |
|--|--|--|
| agency?  |  |  |
| 1. There are limited school clubs.   |  |  |
| 2. The facility is not very handicap friendly.   |  |  |
| 3. In the dorms, electric appliances, like fridges, can be rented.                               |  |  |
| 4. The staffs are not very fluent in English so some Japanese is recommended.                    |  |  |
| 5. Other than the Japanese language courses, classes are generally taught in English.            |  |  |
| 6.   |  |  |
| 7.   |  |  |
| 8.   |  |  |
| 9.   |  |  |
| 10.  |  |  |
| What was the most rewarding  | Improvement of my Japanese.                            |  |
| part of your study abroad  |  |  |
| experience?  |  |  |
| What was the greatest  | N/A  |  |
| challenge you faced during your  |  |  |
| experience abroad?   |  |  |
| How has your perspective   | I feel more open minded and more sociable than before. |  |
| changed as a result of your  |  |  |
| study abroad experience?   |  |  |
| What else do you want to   | N/A  |  |
| add out your study abroad  |  |  |
| experience?  |  |  |