



Study Abroad Evaluation

		General Information					
Your Name							
Host Country	Japa	Japan					
Host School/Agency	Naga	lagasaki University of Foreign Studies					
Participation Dates	Sept	eptember 2014 – February 2015					
Your Program of Study	Japa	Panese Jasin Pingram					
Type of Study Abroad	Ø E	Exchange					
		General Evaluation					
In a couple of sentences, summarize why you rated your experience the way you did		It was a great opportunity to travel and neet people. Im glad I looked into this opportunity and acted on it.					
		Arrival					
How easy or challenging was it to obtain your travel documents (visa, permits, etc.)?		It was a bit stressful because the locations for obtaining the travel documents are far and the hours aren't too convenient. The visas were approved pretty quickly though					
Describe your transportation		I just had one flight from Vancouver to Narita Airport and then one					
arrangements to your host		extra flight from Narita to Fukuoka Airport. No. I would not have					
country. Would you alter any part		changed my flight plans because it was the most convenient way to					
of those arrangements?		get there as there are no planes direct from Vancouver to Fukuoka					
How was your experience clearing customs and		It went smoothly with no issues					
immigration upon arrival in yo							
host country? Any surprises?	Jui						
Describe how you traveled to		The meeting along (
your host facility. How long did it take and how much did it cost?		The meeting place for new students for my host school was actually at Fukuoka Airport so everyone gathered there, stayed at a prearranged hotel the night before, and then all took a bus to Nagasaki. The bus ride was approximately 4-5 hours. I don't remember the cost as it was just part of the "entrance fees"					
		Orientation and Assistance					
How satisfied were you with the orientation and student assistance available to at your host school?		The orientation was great. It was really informative and I learned lots. It was just also a bit stressful because it felt rushed and most people came to the school with barely any information.					
What help did you receive from the international staff or office What was your evaluation of your host schools international state	e? /our	The help was great. Staff is readily available in the office or by email. They typically answer all questions within one day and do whatever they can to help you find out the answer for things that they do not know either.					





office?					
(Prientation and Assistance (cont'd)				
How was new student orientation at the host university? How did it suit your needs?	The tour of the school grounds was good but most of the information given seemed bit tedious as most of the things were mentioned on paper (in our welcome packages)				
What was it like to adjust to the culture of your exchange site? Were there people and resources available for you to talk to about what you were experiencing?	didn't have much trouble adjusting so I didn't feel the need to seel nelp.				
	Housing				
Describe your accommodation in your host country.	I lived in the dorms.				
How early could you move into housing before term and how long after the end of term were you allowed to stay?	Most students arrived around a week before school started and we were allowed to stay up to two weeks after school ended to leave the dorms.				
How comfortable were you with your accommodation?	I was satisfied with the accommodations				
Describe what you did about meals and what other options were available. How satisfied were you with the food?	There were two options: meal plan or no meal plan. I opted out of the meal plan thinking I would save money by cooking my own food.				
How close was your accommodation to where you studied?	The dorm was a 5 minute walk from the school.				
	Academics & Course Registration				
Please describe the registration process at your host institution. What assistance was available to you? Were you satisfied?	Registration for the school was done months before the start of school and the courses were done during orientations. Course registration was a bit hectic and unorganized but everything eventually sorted itself out.				
What advice would you offer to another exchange student about registration at your host institution?	Unless something is done to organize the course registration, be prepared for a lot of confusion and editing of courses.				
What course load would you recommend for future students? Are there particular courses	The program courses are pretty basic so I would recommend new students to just try as much as they can.				





would you recommend?	
Aca	demics & Course Registration (cont'd)
How satisfied were you with the amount of knowledge/skills you obtained from your host?	Yes
How did the style of teaching compare to Canada? How did the workload compare to Canada? How many courses did you take during your time abroad?	The workload was a lot less than what I had thought. The style varies in that there are mostly quizzes and tests rather than a big exam like in Canada 6
If applicable, what impact did the language barrier have on your learning?	It was hard to ask questions with the language barrier
What was your impression of the computer facilities, library, internet access, specialized equipment and supplies available at your host facility?	Well-stocked
	Cost
Books and Supplies/per term:	40
Flight:	1400 total
Accommodation/per month:	100 (which was then halved with my roommate)
Meals/per month:	250 approx.
Local transportation/per month:	25
Health insurance/per term:	50
Communication (internet, phone, etc.) – per term	0
Travel documents (passport, entry visa, etc.)	20
Vaccinations:	50
Personal spending (entertainment and extra travel) – per term	500
Were there unexpected costs you encounter? What items were less or more expensive than expected?	Food and groceries were a lot more expensive than I had thought
	Extra-Curricular & Social Activities
How satisfied were you with the out-of-class opportunities available at your host site?	There weren't a lot of options for clubs.





What type of organized activities were available to you? What extra-curricular activities would you recommend to future students?	There are a lot of meet-ups that students organize themselves but I didn't know of many that were offered by the school I didn't do any work or volunteering but there was a form to fill out for a work visa at the airport if wanted.			
What opportunities were there to work or volunteer? Did you require special permits to do this?				
	Health and Safety			
Did you feel safe in your host country?	Yes			
Describe any safety concerns you had during your experience.	None			
	Personal and Cultural Connections			
How successful were you at making friends with local (not international) people and students?	Successful			
How did you find it adjusting to the culture of your host site?	No			
What, if any, cultural differences did you find particularly challenging?	Nothing in particular			
What part(s) of the culture did you most appreciate?	The mannerisms and politeness of language			
How were you treated by local people? By university staff and faculty? By students?	Everyone is very understanding			
As far as you could tell, how easy would it be for students with disabilities to study at your partner university?	It would be alright, given that they have special courses arranged.			
As far as you could tell, for students who are visible minorities in your host country?	The school isn't very handicap accessible (as it is at the top of a hill)			
For students who are gay, lesbian, bisexual or	It wouldn't appear to be a problem.			





transgendered?				
	Overall			
What are five important things oth	ner students should know before going to your host country/region?			
1. Living expenses will cost a lot	, , <u>, , , , , , , , , , , , , , , , , </u>			
2. Food will cost a lot				
3. Be prepared to rely on asking f	or help/directions a lot			
4. Be prepared to be feeling conf	used a lot			
5. Don't expect to be buying a lo	t of things			
What are ten important things you	would tell another student who is going to your host facility/agency?			
 Pick courses that you are in of credits) 	terested in and want to learn about (don't take courses for the sake			
2. Expect to walk a lot (especially on hills)				
3. Do not overpack when preparing				
It is highly recommended to				
Keep track of your finances				
6. Make lots of local friends				
7. Use a scheduler/planner				
8. Make sure you have the means to communicate with classmates/teachers (email, facebook, etc				
9.				
10.				
What was the most rewarding	Making friends with locals and the other people in my program			
part of your study abroad experience?				
What was the greatest challenge	As montioned before relieve to the state of			
you faced during your experience	As mentioned before, asking questions was the most difficult part.			
abroad?				
How has your perspective	Going abroad has made me realize that there are a lot of			
changed as a result of your study	opportunities to educate myself through travel and meeting peop			
abroad experience?				
What else do you want to add				
out your study abroad				
experience?				

		