KWANTLEN COUNSELLING SERVICES PRESENTS:



DR. SHIMI KANG The Dolphin Way™ – How to Raise Healthy, Happy, and Motivated Kids.... Without Turning into a Tiger



Date & Location: Monday, November 3, 2014, 7:00-9:00pm Surrey KPU–Conference Centre 12666–72 Ave, Surrey, BC V3W 2M8

Registration & Fees: 25.00 + GST

Free for all KPU students (Registration and Student ID required)
Dr. Kang's book will be available for purchase

Instructions for Registration: Go to **kpu.ca/cps**, click the "Register Now" button. The course is PHLT 9006 and the CRN (Course Reference Number) is 80258

Registration Opens Sept 15-Oct 31. Space is Limited so Register Early!!

What to expect from the presentation?

How is it that the most informed generation of parents in human history are raising children with RISING rates of anxiety, depression, obesity, and addiction? Given that all of these are human LIFESTYLE conditions - do we need a reminder for what it means to live a human life? The intelligent, playful, joyful, and community-minded dolphin can certainly be that reminder. Dolphins are not authoritarian tiger-parents who push and hover NOR are they permissive jellyfish parents. Dolphin parents' use a BALANCED relationship and a BALANCED lifestyle to GUIDE their children towards self-motivation. This allows Dolphin kids to have what Tiger kids don't—the ability to adapt by possessing the key 21st century skills of "CQ" - collaboration, communication, creativity, and critical thinking. Although these are the skills needed in our globally competitive, highly connected, and fast paced modern world, the Dolphin WayTM is NOT a new trend. The principles are as old as humanity itself as it is based upon how we are naturally motivated through powerful neurochemical pathways. The Dolphin WayTM will leave every parent with the one they can use with any child in every situation – their human intuition.

This talk will cover:

The state of 21st century parenting and how we got here:

- 1. The benefits and drawbacks of the tiger, dolphin, and jellyfish interpersonal style (vs parenting)
- 2. How children (and adults) establish self-motivation and
- 3. Learn 4 motivational tools that can be immediately applied in the home, classroom or work place

Who Should Attend:

Parents, Caregivers, Counsellors, Social Workers, Psychologists, Mental Health Clinicians, Health Care Professionals, Early Childhood Educators, Child and Youth Professionals, Teachers, Support Workers, Students, Faculty, Instructors...anyone working with parents and children or anyone interested in learning.

Questions? Please Contact:

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