

Creative and stimulating

# **EDUCATIONAL ACTIVITIES**

for adults over 50



What's New at TALK?

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### We have a NEW Facebook page!

• Find us www.facebook.com/kpu.ca.TALK.

# **New! Online registration**

- To save you time on the phone, this year we are offering the option of an online fillable registration form if you are paying by credit card. While we can't yet accept online payment, this will streamline your registration process.
- Go to kpu.ca/talk/registration
- Fill in the online form with your information, including your phone number and email address
- Check the boxes for Annual Membership in TALK and the courses you wish to take
- Click the Submit button
- You will receive an email confirming your request
- You can expect a phone call within 2 business days from the KPU administrative assistant. S/he will confirm that there are spaces in your requested courses and collect your credit card information. (Requests are time-stamped and will be processed in the order they come in.)

### What Makes TALK Different?

TALK is a participatory learning experience with no quizzes, grades or prerequisites. The learning process is lively, full of discussion, controversy, humour, insight and wisdom. In addition to participating in courses, you can become a course facilitator, plan curriculum, identify speakers, prepare newsletters, recruit new members, help organize special events or promote TALK. You can even offer to present a course! For further information on being a TALK volunteer, contact Chair Robin Heath at robiheath@gmail.com or Program Chair Jean Garnett at 604.277.1130 or jeangarnett@shaw.ca.

# **TALK Greatly Appreciates**

- Our member volunteers, who create and facilitate programs, contact presenters, distribute brochures, organize special events, create the newsletter and help promote TALK!
- The assistance in course registration, room bookings, brochure and newsletter production, marketing and other activities provided by KPU's Faculty of Academic and Career Advancement!
- Our presenters who volunteer their time and expertise to provide us with lifelong learning!
- The TALK interest group of CFUW Richmond, which plans and facilitates the Richmond Philosophers' Corners and many of the courses at the Richmond campus.

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# TALK's Philosophers' Corners, Fall 2017

You don't have to be a philosopher to participate in these stimulating sessions. If you enjoy listening to people delve into the topics listed, providing their own and often controversial perspectives, or if you have insights or perspectives to offer, you will enjoy these Corners. Some Corners will have a featured presenter to introduce the topic. All sessions are moderated to limit discussion to one speaker at a time and to ensure everyone gets a chance to speak. We hope you will join us and discuss these thought provoking topics where listeners are as welcome as speakers.

- Open to the public
- Suggested minimum \$2.00 donation for each Corner
- Food and beverage orders from 11:30 am. Presentation and discussion from 11:45 am onwards
- No pre-registration necessary, but admission will be on a "first come, first served" basis as space permits

### Richmond

Richmond Philosophers' Corners are held on the first Thursday of the month at the Steveston Hotel in the back room behind the cafeteria, 12111 Third Avenue at the corner of Moncton Street, Tel: 604.277.9511.

October 5 How can we remove the stigma about mental illness?

November 2 Is legalizing drugs the solution?

December 7 Should we be tolerant of intolerant people?

### Surrey

Surrey Philosophers' Corners are held on the second and fourth Thursday of the month at Ricky's Country Restaurant (formerly ABC Restaurant) in the backroom on the main floor, 2160 King George Boulevard, Tel: 604.531.2635.

September 14 Great turning points in human history and what made them so.

September 28 How responsible are we all for famine/war in far away countries?

October 12 Fact & Theory: what are they?

October 26 Should children be "streamed' into academic or trades education?

November 9 Why are there religions? November 23 Why do we keep pets? December 7 Truth: how do we know it?



# September 2017

TALK Registration opens Monday September 11

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4 Labour Day Campus closed	5	6	7	8	9
10	TALK Registration Opens	12	13	Philosophers' Corner S 11:30	15	16
17	18	19	20	21	22	23
24	25	26	27 Hot Topics— Richmond R 10:00	Philosophers' Corner S 11:30	Why the Amazon Matters R 11:00	30

# October 2017

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	Hot Topics— Richmond R 10:00	Philosophers' Corner R 11:30	6	<b>7</b> Zen Draw C 10:00
8	<b>9</b> Thanksgiving Campus closed	10	Hot Topics— Richmond R 10:00	Philosophers' Corner S 11:30	Options in Alternative Medicine S 1:00	<b>14</b> Zen Draw C 10:00
15	First Nations of Canada S 12:00-4:30	17	In the Finnish Sauna R 12:00	19	20	21 TALK AGM R 11:00
22	Listening: a Mind/ Body Experience S 10:00	24 Dietary Guidelines R 10:00	25	26 Philosophers' Corner S 11:30	27 Thinking Skills C 10:00	28
29	The English Bible S 10:00	Dietary Guidelines R 10:00				

# **November 2017**

SUN	MON	TUE	WED	THU	FRI	SAT
			The Great War Remembered L 10:00	Bagpipes CG 10:00 Philosophers' Corner R 11:30	Wind & Solar Energy R 12:00	3D Printer Demonstration C 10:00
5	Calligraphy Beginners C 10:00	7	Psychology of Small Brains R 10:00	Philosophers' Corner S 11:30	Beyond Canada 150 S 10:00	11
12	Remembrance Day Campus closed	14	Make a Map with ArcGIS S 10:00	16	<b>17</b> Beyond Canada 150 S 10:00	Hot Topics—Cloverdale C 10:00
19	20 Calligraphy Advanced C 10:00	21 Canada at 150 R 10:00	22	Philosophers' Corner S 11:30	<b>24</b> Beyond Canada 150 S 10:00	25 Hot Topics— Cloverdale C 10:00
26	Forensic Anthropology R 10:00	28 Canada at 150 R 10:00	The Horse and the Farrier C 10:00	Modalities of Integrative Health C 10:00	31	

# **December 2017**

SUN	MON	TUE	WED	THU	FRI	SAT
					China and Mythology S 10:00	Hot Topics— Cloverdale C 10:00
3	Seven Pieces of Technology S 1:00	5 Canada at 150 R 10:00	6	Philosophers' Corner R 11:30	8	9
10	11	12	13	Philosophers' Corner S 11:30	15	16
17	18	19	20	21	22	23
24	25	26	27			

# TALK Annual General Meeting



**Society has a range of public perceptions of seniors** – we're all going to get dementia, seniors are clogging our emergency departments, seniors are wealthy and enjoying life's luxuries.

Seniors Advocate Isobel Mackenzie provides current evidence that busts many of our assumptions of aging and reframes the conversation around what current challenges really are for our growing aging population. From housing affordability to the need for more home support, the Advocate will highlight where the most pressing needs are and what we can do together to properly plan for the future.

Isobel was appointed BC's Seniors Advocate in March 2014. She has over 20 years' experience working with seniors in home care, licensed care, community services and volunteer services. Isobel led the pioneering of a new model of dementia care that has become a national best practice. She led the first safety accreditation for homecare workers, among many other accomplishments, and was nominated as a Provincial Health Care Hero.

Date:	Saturday, October 21
Time:	11:00 am – 1:30 pm
Fee:	TALK members \$15; non-members \$25
Refreshments:	A light lunch will be served.
Location:	Richmond Campus Melville Centre for Dialogue Room 2550A/B
Facilitator:	Sonya Furst-Yuen, 778.833.3762, sonyayuen@hotmail.ca
Please Register By:	Fri, Oct 13 To register see page 43
Featuring:	Isobel Mackenzie, Seniors Advocate, Province of BC

Sessions:	3
Date:	Wednesdays, September 27, October 4 and 11
Time:	10:00 – 11:50 am
Course Fee:	\$25
Location:	Richmond Campus, Room 1420
Facilitator:	Marg Edmonds, 604.272.8100, margedmonds@shaw.ca
Please Register By:	Wed, Sep 20 To register see page 43
Guest Presenter:	Ron Gavin
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### Hot Topics: a current affairs discussion series

Are you interested in sharing your ideas about current affairs? Join this discussion group to widen your perspective by participating in conversations about political, social, economic and other issues in Canada and the world. The three sessions will be moderated by Ron Gavin, who will not lecture but will keep the discussion moving along.

To ensure that the hot topics are really hot, we will email you an article from a recent magazine or newspaper about a week prior to each class. This will give you time to read it over ahead of time, think about the topic and do further research if you wish. Come prepared to talk as well as listen – this will be a participatory, seminar-type experience. The goal is to discuss controversial issues in a respectful atmosphere.

Class size will be limited to 15-20 people to ensure that everyone can hear each other and will have a chance to speak.

Back by popular demand! Ron Gavin was born and raised in rainy Vancouver which may have given him his philosophical bent. He spent 33 amazing years teaching in Vancouver and has always been interested in thoughtful discussion in matters related to humankind and the human heart



Sessions:	1
Date:	Friday, September 29
Time:	11:00 am – 12:50 pm
Course Fee:	\$15
Location:	Richmond Campus, Room 2550B
Facilitator:	Jean Garnett, 604.277.1130, jeangarnett@shaw.ca
Please Register By:	Fri, Sep 22 To register see page 43
Guest Presenter:	Dr. Farhad Dastur

The Amazon rainforest is the most exuberant expression of Life on planet Earth. Here forest, river, and sky conspire to create the world's most diverse ecosystem. Here flows one fifth of the planet's fresh water. The Amazon is larger than Australia and powerful enough to affect rainfall patterns in both South and North America.

Forest, river, and sky are home to millions of species. Many of the 3,000 fruits could delight our palates while providing dietary benefits. Pharmaceuticals derived from Amazonian botanicals and animals could be tomorrow's cures for a range of ailments. The cultural diversity is also astonishing; nearly 400 indigenous tribes inhabit the forest. More than 80 of these have little or no contact with the outside world. What wisdom, knowledge, and stories do they possess?

All this diversity, much of it still undiscovered, is under threat. The Amazon is 20% smaller than it was 40 years ago, the consequence of a perfect storm of climate change, deforestation, cattle ranching, industrial-scale farming, and

land appropriation. Another 20% may be lost in the next 20 years. Given the rainforest's immensity, diversity, and still untapped mystery, such threats compel us to wonder: What would it mean if we lost the Amazon?

Back by popular demand! Dr. Farhad Dastur is an instructor in the KPU department of Psychology.



Sessions:	2
Date:	Saturdays, October 7 and 14
Time:	10:00 – 11:50 am
Course Fee:	\$20
Location:	Cloverdale Campus, Room 2114
Facilitator:	Sonya Furst-Yuen, 778.833.3762, sonyayuen@hotmail.ca
Please Register By:	Fri, Sep 29 To register see page 43
Guest Presenter:	Ruth Sands

# "Zen-Draw": A Mindful Approach to Drawing and Art

"Zen-Draw" is a wonderful easy way to engage the mind to stimulate ideas and create feelings of serenity and well-being.

In this class, Ruth Sands will guide attendees through some very simple methods for creating highly intricate and pleasing pictures.

Ruth and other practitioners use "Zen-Draw" to create wall hangings, greeting cards, placemats, coasters and many other items useful and decorative for the home. They can also make thoughtful and unique gift items.

Come and learn the art of "Zen-Draw" – use it to claim a little time for you and create beautiful works of art.

Ruth Sands is a retired teacher who has learned and taught a number of forms of drawing, painting, and paper art. She presents workshops at seniors' centres, seniors' residences, church, and also

privately.



Sessions:	1
Date:	Friday, October 13
Time:	1:00 – 2:50 pm
Course Fee:	\$15
Location:	Surrey Campus, Fir Building, Room 334
Facilitator:	Sonya Furst-Yuen, 778.833.3762, sonyayuen@hotmail.ca
Please Register By:	Fri, Oct 6 To register see page 43
Guest Presenter:	Dr. Sherry Wilson



This course will examine several commonly used methods and techniques that are used in combination with or instead of modern medical practices. Traditional Chinese Medicine (TCM), chiropractry, massage, natural health

products, and botanical medicines will be looked at in more depth, but other techniques can be briefly explored, depending on time and the interests of the group.

Sherry Wilson teaches biology at Kwantlen Polytechnic University (KPU) in Surrey. She has a PhD from the University of Calgary in Molecular Biology. Sherry is Co-chair in the Biology Department at KPU and teaches courses in biology, health science, and in the acupuncture program. Sherry has a passion for teaching as well as learning, and has recently completed the ND program to become a licensed Naturopathic Doctor. She plans to continue teaching while she starts practicing as a ND part-time

Sessions:	2 in 1 day (30 minute break mid-afternoon)
Date:	Monday, October 16
Time:	12:00 – 4:30 pm
Course Fee:	\$20
Location:	Surrey Campus, Cedar Building, Room 1205A
Facilitator:	Sharon Nicol, 604.536.5294, nicol36@telus.net
Please Register By:	Tue, Oct 10 To register see page 43
Guest Presenter:	Brett McGillivray

# Re-settling the land through Colonialism, Confederation, Treaties and no Treaties

While Canada may be celebrating its 150th year of Confederation, many First Nations are not. The struggle for First Nations has been going on since the first Europeans arrived. They chased out the Vikings more than 1,000 years ago, but not the next wave of colonizers who were interested in resource extraction and religious conversion. Conflict was inevitable but the unanticipated tragedy was death from diseases for which they had no immunity.

Stories, presented visually, will include how Canadian settlement patterns evolved out of colonialism and how Confederation attempted to deal with the Indigenous Peoples who were here first. The question of Aboriginal lands was treated differently throughout Canada: some First Nations signed Treaties; others were not given the option.

Modern Day Treaties in Canada began in 1973, but not in BC until 1991. This discussion concludes with the general state of Indigenous Peoples throughout Canada with an emphasis on conditions in British Columbia.

Brett McGillivray is professor emeritus at Capilano University where he taught Geography for 35 years. Many of the stories used in this discussion come from two of his books: "Canada: A Nation of Regions" and "The Geography of British Columbia: People and Landscapes in Transition".



# In the Finnish Sauna

Please Register By:

**Guest Presenter:** 

# Sessions: 1 Date: Wednesday, October 18 Time: 12:00 - 1:50 pm Course Fee: \$15 Location: Richmond Campus, Room 1420 Facilitator: Loretta Latta, 604.576.2814, lorettalatta@shaw.ca

# Babies, trolls, death, and magic in the Finnish sauna

Dr. Päivi Koskinen

A quintessential part of Finland's international image is its sauna. In a nation of 5.5 million inhabitants there are three million saunas, and 99% of the population report using one at least once a week.

Wed, Oct 11 To register see page 43

In bygone days, the sauna was an essential part of many events in people's lives: giving birth, cooking, making clothes, taking care of the sick, and preparing the deceased for their final journey. The crafting of a new sauna was strictly prescribed: every aspect of sauna life was fixed by a multitude of folk beliefs.

Even now most Finns consider the sauna a sacred place, and it is still associated with myths, tales, and beliefs. It provides cures for ailments of all sorts, through heat and steam, and potions and brews cooked up in it. Spells and charms in and around a sauna, performed at given times of year, are said to guarantee love – or at least give a hint as to where a future beloved might arrive from.



Back by popular demand! Dr. Koskinen was born in Finland and teaches
Linguistics in the Department of
Language and Culture at KPU. She gave a TALK course on Indigenous legends
about the northern lights in fall 2016.

# Listening: a Whole Mind/Body Process

Sessions:	1
Date:	Monday, October 23
Time:	10:00 – 11:50 am
Course Fee:	\$15
Location:	Surrey Campus, Cedar Building, Room 1205A
Facilitator:	Sharon Nicol, 604.536.5294, nicol36@telus.net
Please Register By:	Mon, Oct 16 To register see page 43
Guest Presenter:	Colleen McGoff Dean

# "Are you listening to me?" "Please be quiet and listen." "I just want someone to listen to me!"

You have probably said comments like these, and perhaps others have said them to you. Of the four types of communication - reading, writing, speaking, and listening - listening has the greatest impact on our communication effectiveness, the quality of our relationships, and our success and satisfaction at all levels of employment. However, listening skills are rarely taught in school, and efforts to develop listening skills are limited by inadequate information and often drowned out in our vocal-centric culture.

In this interactive session, we will explore what listening really is, examine the complexity of the listening process, and identify ways to assess and develop our own listening effectiveness. We will look at the impact of listening on self-esteem, building and maintaining relationships, and enhancing creativity. A list of additional resources will be provided for those interested in learning more about this cornerstone of communication effectiveness.

Back by popular demand! Colleen McGoff Dean has been teaching and studying Human Communication for over 30 years. She is a former KPU faculty member, currently teaching in the Communication Studies Department at Whatcom Community College in Bellingham



Sessions:	2
Date:	Tuesdays, October 24 and 31
Time:	10:00 – 11:50 am
Course Fee:	\$20
Location:	Richmond Campus, Room 1420
Facilitator:	Gerry Boretta, 778.887.1497, gjboretta@shaw.ca
Please Register By:	Tue, Oct 17 To register see page 43
Guest Presenter:	Dr. Richard Mathias



# Managing your Health in the Worldwide Obesity Epidemic

There are several requirements to having a healthful diet. They are, basically: eat fat, cut carbs (especially sugar) and be active.

There is a world-wide obesity epidemic, affecting most countries, all age groups and genders. This is in the face of ongoing dietary

recommendations. Just where we went wrong will be presented in an evidence-based discussion. Why did we say that saturated fats were harmful when we now know, but often do not admit, that was wrong? This basic error has led to the current diets that have caused the epidemic of obesity and the complications of type 2 diabetes, heart disease, cancer, non-alcoholic liver disease and death. Evidence indicates we should include depression and dementia as adverse effects.

Reversing obesity and metabolic syndrome adverse effects requires an understanding of the causes of these adverse effects and developing a long-term plan to reverse what we can change and prevent or slow effects we cannot. Richard will discuss the science behind his advice to modify your diet to eat fats, including saturated fats, reduce your sugar intake, and what industry will do to try to prevent this from happening. Sugar consumption is the new tobacco.

Back by popular demand! Richard Mathias is Emeritus Professor, School of Population and Public Health, UBC.

Sessions:	1
Date:	Friday, October 27
Time:	10:00 – 11:50 am
Course Fee:	\$15
Location:	Cloverdale Campus, Room 2114
Facilitator:	Sandra Carpenter, 778.688.4181, surreysandra@gmail.com
Please Register By:	Fri, Oct 20 To register see page 43
Guest Presenter:	Geoff Dean



# Do We Have the Thinking Skills We Need for the 21st Century?

In 1934 Jean Piaget declared that "only education is capable of saving our societies from possible collapse". Piaget went on to study the development of thinking skills in children and adolescents, and identified several stages of our cognitive development. The last stage he identified, known as formal operations, includes most of the thinking skills necessary for success in university-level work. Since Piaget's work, a few other essential thinking skills have been identified.

Given the complex challenges facing the human race in this century, it's becoming

clear that these thinking skills are also necessary in much of our 21st-century lives. However, many studies have shown that only a minority of adults have these skills.

This workshop will help you identify these thinking skills. We'll also discuss what we might do, and what our educational institutions might do, to help more people learn to think in these ways - and thus make a global collapse less likely.

Geoff Dean teaches college-prep math and physics at Kwantlen Polytechnic University.

Sessions:	1
Date:	Monday, October 30
Time:	10:00 – 11:50 am
Course Fee:	\$15
Location:	Surrey Campus, Main Building, Room 214
Facilitator:	Sharon Nicol, 604.536.5294, nicol36@telus.net
Please Register By:	Mon, Oct 23 To register see page 43
Guest Presenter:	Gilli McLaren

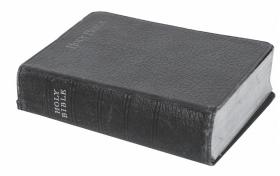
### Space limited! Register early!

When we flip through the pages of the Bible, maybe in deep devotion or just mere curiosity, we seldom realize the cost in blood and tears that made it possible for us to have a Bible on our shelves in a language that we can understand. Some family Bibles cherished for generations record milestones, births, anniversaries and deaths, pages yellow with age; and some just collect dust, furtively searched for if, in a conversation with a guest, an urgent reference to it is required.

In history, the Bible stands at the confluence of the sacred and the profane, and travellers on the journey of life have looked towards it when seeking refuge. The story of the English Bible spans a colourful and turbulent period in the history of England, with the evolving Church in the British Isles. We will meet legendary figures such as St Jerome, St Aidan, and St Bede and great men like John Wycliffe, Martin Luther, William Tyndale, Lancelot Andrewes.

Gilli McLaren will analyze the historical and theological currents through which emerged the English Bible, and the profound impact it had on the history and culture of our world, even to our times. His presentation will

include colourful pictures, graphs and maps, hopefully leading to contemplation and perhaps conversation.

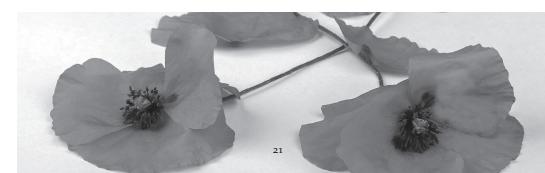


Sessions:	1
Date:	Wednesday, November 1
Time:	10:00 – 11:50 am
Course Fee:	\$15
Location:	Langley Campus, West Building, Room 1310
Facilitator:	Janis Foster, 604.788.5896, janis.f@telus.net
Please Register By:	Wed, Oct 25 To register see page 43
Guest Presenter:	Warren Sommer

The Great War, as the First World War was originally known, was meant to be the war to end all wars. When the conflict broke out in August 1914 many believed it would be over by Christmas. The war, however, dragged on until late 1918. It claimed 17 million lives and ruined the futures of millions more. For Canadians, it was the most important event in the nation's history, save perhaps for Confederation itself. Over 600,000 Canadians served in uniform. One in 10 would never return to their families and now lie buried in the fields of France or Flanders.

Drawing from dozens of private letters and diaries, contemporary newspapers, and government records, author and historian Warren Sommer will examine how soldiers and civilians from British Columbia's Lower Mainland joined forces with remarkable passion and determination to help achieve the final victory, whether by fighting in the trenches overseas or by remaining at home to support the war effort through fundraising, supplying home comforts, and filling the roles of their absent fathers, husbands, and sons.

Warren Sommer is the author of seven books, including "Nothing Without Effort: A History of Langley" and "Canucks in Khaki: Langley, the Lower Mainland, and the Great War of 1914 to 1918".



Sessions:	1
Date:	Thursday November 2
Time:	10:00 – 11:50 am
Course Fee:	\$15
Location:	Crescent Gardens, 1222 King George Blvd., Surrey
Facilitator:	June Bloye, jbloye@shaw.ca
Please Register By:	Thu, Oct 26 To register see page 43
Guest Presenter:	Grant Laporte

The Great Highland Bagpipe: an instrument of war, peace and celebration. It is played for personal enjoyment and competition. It is a complex and challenging instrument. The construction and history of the highland bagpipe, how it 'works', what sounds good and what doesn't will be discussed.

Bagpipes or the 'pipes', as they are more commonly referred to, have been with us for centuries in one form or another. To be referred to as a 'bagpipe' they must have an air source, a reservoir, at least one drone and a chanter. Learn about how these components provide the sound of pipes and where you can go and listen to and appreciate the good music of the pipes.



Learn about 'Ceol mor' which is light music or music most commonly heard, i.e. marches, strathspeys, reels, slow aires and about 'piobaireachd', which is the classical music of the bagpipe not commonly heard.

Back by popular demand! Grant Laporte is in his 35th year with the Delta Police Pipe Band. He will relate some of his personal experiences and provide a demonstration of two types of music commonly played.

Sessions:	1
Date:	Friday, November 3
Time:	12:00 – 1:50 pm
Course Fee:	\$15
Location:	Richmond Campus, Room 2435
Facilitator:	Sandra Carpenter, 778.688.4181, surreysandra@gmail.com
Please Register By:	Fri, Oct 27 To register see page 43
Guest Presenter:	Joyce Cooper and Kim Cooper

### History, Technologies, and the Future

Do you have questions about wind and solar energy? This is your chance to find out the latest, including:

- Wind and solar energy review
- History of wind and solar
- Photovoltaic vs. Concentrating Solar
- The truth about modern wind turbines
- Stationary large scale generation vs. distributed systems
- Experimental technologies
- Government policies and incentives
- Community development

Joyce Cooper has a BS Mechanical Engineering and MS Electrical Engineering. She has spent 35 years in the IT industry. Joyce is a Certified Designer and Estimator for solar power systems and had three years experience with Grid Alternatives, designing and installing donated residential solar systems.



Kim Cooper has a degree in Dental Hygiene, and has worked as a hygienist for 40 years. She also has a BS in Biology, an MS in Health Science, and a degree in Kitchen and Bath Design. She has been assisting Joyce for the duration of her work (nine years) on her solar invention, SunSmart.

Sessions:	1
Date:	Saturday, November 4
Time:	10:00 – 11:50 am
Course Fee:	\$15
Location:	Cloverdale Campus, Room 1853
Facilitator:	Robin Heath, robiheath@gmail.com
Please Register By:	Fri, Oct 27 To register see page 43
Guest Presenter:	Mel Patrick



Come be amazed by the advances in 3D printing technology. We will watch a 3D printer in action. Once available exclusively in industrial settings, the technology is now available to the hobbyist. Learn how 3D printing technology has changed since the 1980s and how it is now revolutionizing our world. From industrial uses to the medical field, the only limits to 3D printing are our imaginations.

Mel Patrick is a retired electronics

hobbyist, avid golfer, musician, computer programmer, and 3D printing enthusiast. From the age of 9, Mel has worked with electronics in the areas of design, fabrication, and trouble shooting. As a self-taught programmer, Mel began with Basic in 1978 and then progressed to Machine language. He wrote modem-based bulletin board software prior to the arrival of the internet. Mel was a hardware reviewer for 80 Micro Magazine in the early 1980s. Currently, he writes desktop-based MIDI software for musicians and creates Arduino-based projects. Mel built his first 3D printer in June 2015, a second one in February 2016, and has logged over 3,000 3D printing hours. Mel can be found at http://wabbitwanch.com/.

Sessions:	1
Date:	Monday November 6
Time:	10:00 – 11:50 am
Course Fee:	\$15
Location:	Cloverdale Campus, Room 2113
Facilitator:	Robin Heath, robiheath@gmail.com
Please Register By:	Mon, Oct 30 To register see page 43
Guest Presenter:	Loretta Latta

Class size limited! Register now!



This session is maximum hands-on practice and minimum lecture. Loretta has specified a small class size in order to devote the time necessary to assist every one of the participants as they practice their new calligraphic skills. In this beginner's calligraphy course, you will learn the basics of lower case italic lettering. It's a totally separate skill from everyday writing and, with practice, you will achieve a style that is all your own. All the supplies you need for the class will be made available at the beginning of the session for \$4.

After retiring, Loretta Latta finally had the time to devote to one of the sustaining passions of her life, the ancient art of calligraphy. Over the past 35 years, Loretta applied her skills to the production of charming and intricate letters, cards, poems and other special projects. Now Loretta has been convinced to share her infectious enthusiasm for calligraphy with TALK members.

# The Psychology of Small Brains

Sessions:	1
Date:	Wednesday, November 8
Time:	10:00 – 11:50 am
Course Fee:	\$15
Location:	Richmond Campus, Room 1420
Facilitator:	Gerry Boretta, 778.887.1497, gjboretta@shaw.ca
Please Register By:	Wed, Nov 1 To register see page 43
Guest Presenter:	Dr. Levente Orbán

Brains didn't start with humans. Human brains are just the latest iteration of millions of years of brain development. The "features" of the human brain are only incrementally greater and better than brains of other animals. Humans can count really well, we've got language and grammar down, and we can even contemplate our own existence, but these are just the tip of the iceberg.

There are a host of other psychological questions: How do we learn? What is memory? How does attention work? How do we make good decisions? How does the eye and its brain structures make sense of the visual world? These are very difficult questions that fall squarely into the psychological domain, and most animals have these features!

Levente Orbán is a teaching instructor in the Psychology Department at KPU. He started the Bee Cognition Lab where currently seven bright psychology students conduct bumblebee experiments in social learning and visual perception.



Sessions:	3
Date:	Fridays, November 10, 17 and 24
Time:	10:00 – 11:50 am
Course Fee:	\$25
Location:	Surrey Campus, Fir Building, Room 128
Facilitator:	Sharon Nicol, 604.536.5294, nicol36@telus.net
Please Register By:	Fri, Nov 3 To register see page 43
Guest Presenter:	Dr. Eryk Martin

# Slavery, Colonialism, and War

In the process of marking 150 years of Canadian confederation, governments and media outlets have often put forward an uncritical celebration of the Canadian past. This course looks behind the curtain of celebration to see a darker and more troubling Canada, one that calls on us to reconsider what we think we know about our past and its connection to the present world. To do so, we will explore three crucial moments: Canada's history of slavery in the 17th and 18th centuries, the BC gold rushes in the mid 19th century and their role in furthering a colonial agenda, and finally, the complicated politics of fascism/



anti-fascism in the 1930s and 1940s. In doing so we will mark the discussion of Canada 150 by exposing a different course of events, events that take us beyond 150 years and beyond the standard myths of Canada as an inherently gentle, benign, or peaceful place.

Eryk Martin is a History instructor at KPU. A settler born and raised on Nuu-chah-nulth and Coast Salish territories, Eryk received his PhD from Simon Fraser University in 2016. His research and teaching aim to unsettle dominant understandings and myths of Canadian history, and to put forward more critical and unexpected ways to think about both the past and present.

Sessions:	1
Date:	Wednesday, November 15
Time:	10:00– 11:50 am
Course Fee:	\$15
Location:	Surrey Campus Library, Arbutus Building, Rm 2070
Facilitator:	Beverley Harris, 604.788.6895, beverley.harris@kwantlen.net
Please Register By:	Wed, Nov 8 To register see page 43
Guest Presenter:	Andre Iwanchuk



# Introduction to GIS (Geographic Information Systems) Using ArcGIS Online

Ever used Google Maps? Then you've used GIS (Geographic Information Systems). This handson workshop will introduce you to the fascinating world of GIS. Workshop participants will explore ArcGIS Online – a web mapping application that enables you to create and share online maps.

Learn how to create a basic map, add layers to your map, and share your map online.

Andre Iwanchuk is the Business and GIS Librarian at Kwantlen Polytechnic University. Andre has a BA in Philosophy and a Masters of Library and Information Studies. He has organized GIS workshops and events at both Kwantlen Polytechnic University and Simon Fraser University. Andre has a passion for developing research services and programs for both business and GIS.

Sessions:	3
Date:	Saturdays November 18, 25 and December 2
Time:	10:00 – 11:50 am
Course Fee:	\$25
Location:	Cloverdale Campus, Room 2114
Facilitator:	Sonya Furst-Yuen, 778.833.3762, sonyayuen@hotmail.ca
Please Register By:	Fri, Nov 10 To register see page 43
Guest Presenter:	Sandra Carpenter

### **A Current Affairs Discussion Series**

Current affairs in the areas of politics, social justice, or economics in Canada will be discussed.

The three sessions will be facilitated by Sandra Carpenter who will keep participants on the subject. We aim to have an objective as opposed to personal discussion of issues and to discuss controversial issues in a mutually respectful environment. Special attention will be given toward everyone hearing since the facilitator is a bit hard of hearing!

Links to Canadian sources will be emailed the week before the discussion to prepare. A few focus questions will be provided. You must be computer literate so you can access the online material. All need to have read the same background materials to participate in a productive discussion.

Back by popular demand! Sandra Carpenter taught English at KPU before retiring. She has previously given several courses on memoir writing and humour to TALK members.



Sessions:	1
Date:	Monday November 20
Time:	10:00 – 11:50 am
Course Fee:	\$15
Location:	Cloverdale Campus, Room 1754
Facilitator:	Robin Heath, robiheath@gmail.com
Please Register By:	Tue, Nov 14 To register see page 43
Guest Presenter:	Loretta Latta

Class size limited! Register now!



Participants who have completed the beginners' calligraphy session (either last year or this year) will benefit in taking the next step in your lettering skills. This session of the italic writing will focus on the upper case letters and numbers 0 – 9. All samples and paper will be provided. The class will be limited to 15 participants in order that everyone receives one-on-one assistance.

Please bring your own calligraphy pen to this session.

Back by popular demand! After retiring, Loretta Latta finally had the time to devote

to one of the sustaining passions of her life, the ancient art of calligraphy. Over the past 35 years, Loretta applied her skills to the production of charming and intricate letters, cards, poems and other special projects. Now Loretta has been convinced to share her infectious enthusiasm for calligraphy with TALK members.

Sessions:	3		
Date:	Tuesdays, November 21, 28 and December 5		
Time:	10:00– 11:50 am		
Course Fee:	\$25		
Location:	Richmond Campus, Room 2550B		
Facilitator:	Jean Garnett, 604.277.1130, jeangarnett@shaw.ca		
Please Register By:	Tue, Nov 14 To register see page 43		
Guest Presenter:	Frank Abbott		



# What Should We Remember? What Shouldn't We Forget?

The best way for Canadians to pay tribute to the country as we celebrate one and one-half centuries of national existence is to learn from the positive and negative features of our history.

The first week's talk will be on some of the outstanding accomplishments of Canada as it evolved into a nation during the past 150 years. The second will focus on some of the mistakes that were made in the century and a half since Confederation.

In preparation for the third session, you will be asked to put the negative and positive sides of our history together so that we can have a thoughtful discussion about what we can learn from our past.

Back by popular demand! Frank Abbott taught in the Department of History at Kwantlen Polytechnic University from 1988 until his retirement in 2015. His book "The Body or the Soul? Religion and Culture in a Quebec Parish 1736-1901" was published by McGill-Queen's University Press in 2016.

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# **Forensic Anthropology**

# The Horse and the Farrier

Sessions:	1	
Date:	Monday, November 27	
Time:	10:00 – 11:50 am	
Course Fee:	\$15	
Location:	Richmond Campus, Room 2550B	
Facilitator:	Gerry Boretta, 778.887.1497, gjboretta@shaw.ca	
Please Register By:	Mon, Nov 20 To register see page 43	
Guest Presenter:	Sara Yoshida	

Learn how forensic anthropologists use different methods of determining the post mortem interval (PMI) and manner of death, relying on a number of clues, including entomology (the study of insects). There will also be time for a case study on the human humerus (upper arm). Students will learn some key features of the humerus and experience some hands on techniques for determining sex, stature and handedness. Participants will use calipers and an osteometric table and do simple regression analysis. All equipment will be provided.

Sara Yoshida has been at KPU since 2002 teaching forensic and biological anthropology. At graduate school she focused on skull trauma and her thesis was on blunt force trauma from hammer blows. At SFU she worked on over 25 "cold cases" for the coroner's office. Case examples include a plane crash, burnt human remains, determining human from animal remains,

identification of human remains and determining trauma and pathology of human remains. In 2002 Sara worked at the Pickton farm investigation. Sara has also worked in consulting archaeology since 2000 and continues to help with human remains cases, primarily for identification and reburial purposes.



Sessions:	1
Date:	Wednesday November 29
Time:	10:00 – 11:50 am
Course Fee:	\$15
Location:	Cloverdale Campus, Room 1853
Facilitator:	Robin Heath, robiheath@gmail.com
Please Register By:	Wed, Nov 22 To register see page 43
Guest Presenter:	Gerard Laverty

The art and science of farriery is the care of horses' hooves and combines the knowledge of a veterinarian, horsemanship, and the skills of a blacksmith. Gerard Laverty, KPU farriery instructor and lifelong farrier, will introduce us to the history of the horse industry and farriery. We will find out how James Watt, Thomas Edison, and Anna Sewell influenced farriery and whether or not farriery will survive the current technological and environmental changes. The course will end



with a tour of a farrier shop in action. If there are a large number of people in the class, the tour of the shop will proceed in shifts, so the end time may be after 11:50 am for some.

Gerard Laverty began his career working on his parents' horses under the guidance of a semi-retired blacksmith in the early '70's. He served a farrier apprenticeship with the Irish Horse Board before leaving Ireland for North America. He spent 1981- 82 in the eastern United States, working with a variety of farriers. An accidental meeting brought him to northern British Columbia where he spent the next 22 years running a successful business. For the past 13 years he has been the instructor of the Farrier Program at KPU Cloverdale campus. Gerard has been a member of the Irish and Canadian Farrier Teams, and an alternate for the North American Farrier Team.

# **Modalities of Integrative Health**

# China and Mythology

Sessions:	1	
Date:	Thursday, November 30	
Time:	10:00 – 11:50 am	
Course Fee:	\$15	
Location:	Cloverdale Campus, Room 2112	
Facilitator:	Loretta Latta, 604.576.2814, lorettalatta@shaw.ca	
Please Register By:	Thu, Nov 23 To register see page 43	
Guest Presenter:	Fred and Christine Cheng	

Embracing an Integrative Approach to treating and maintaining our health is becoming more common. But what does this term actually mean? This talk will cover the most common modalities implemented by those who choose an Integrative Approach, including homeopathy, herbals, and traditional medicine from a pharmacist's point-of-view. We will review a few case studies to illustrate how the different modalities can be employed to help with individual health concerns.

Back by popular demand! Fred Cheng has a B.Sc. (Major in Biology, Minor in Kinesiology, Certificate of Applied Health and Nutrition, Certificate of Liberal Arts) from SFU and a B.Sc. (Pharmacy) from UBC. He has been practicing as a pharmacist since 2008 and is a Certified Natural Products Advisor (CNPA). His professional passion is compounding, with a specialty in pain management. Christine Cheng has a B.Sc. (Biology) from SFU and a B.Sc. (Pharmacy)

from UBC. She has been practicing as a pharmacist since 2011. She is a strong believer in integrative medicine for both humans and animals and is the head of Cloverdale Pharmacy's Natural Health and Veterinary Departments.



Sessions:	1	
Date:	Friday, December 1	
Time:	10:00 – 11:50am	
Course Fee:	\$15	
Location:	Surrey Campus, Fir Building, Room 238	
Facilitator:	Sonya Furst-Yuen, 778.833.3762, sonyayuen@hotmail.ca	
Please Register By:	Fri, Nov 24 To register see page 43	
Guest Presenter:	Dr. Jack Hayes	



# **Core Concepts in Chinese Folklore**

This presentation will examine the nature of mythology in China and some of its classic iterations. In addition to a critical introduction of dissecting mythsas-literature, we will examine both the timeline of classical mythology and key conceptualizations of how themes played out in China. From the Weaver Maid & Ox Herder to the Yijing, the Yellow Emperor to cosmic disasters, we will cover some interesting ground that includes literature and a bit of mythological art while we are at it.

Back by popular demand! Jack Hayes joined the Asian Studies and History faculty at Kwantlen Polytechnic University and the Center for Chinese Research at UBC's Institute of Asian Research in 2013. Dr. Hayes' teaching and research focus on late imperial and modern China, Japan, and Tibetan environmental history. He has published articles on Chinese environmental history, most recently on fire ecosystems and Chinese legal history, WWI and the East Asian environmental bootprint, and China's air pollution woes. His book on the social and environmental history of Sino-Tibetan north Sichuan was published in 2013. In addition to his academic activities, Dr. Hayes has served as a consultant on number of environment and history projects in China, Canada, and the United States.

# Seven Pieces of Technology Seniors Should Embrace

Sessions:	1
Date:	Monday, December 4
Time:	1:00 – 2:50 pm
Course Fee:	\$15
Location:	Surrey Campus, Cedar Building, Room 1205 A
Facilitator:	Sonya Furst-Yuen, 778.833.3762, sonyayuen@hotmail.ca
Please Register By:	Mon, Nov 27 To register see page 43
Guest Presenter:	Linda Fawcus



The number of older adults using the internet is increasing at an astounding rate. Today's technology can keep older adults engaged, connected, mentally active, and physically safe, making it increasingly important for our loved ones to see what's available.

In this Gluu Tech Talk, we will show you the seven pieces of technology every older adult should know about. The format will

be approximately 1½ hours of lecture-style presentation with slides and the remaining time will be used for Q & A. Apple & Android technologies will be discussed. Suitable for everyone. No devices are required for this event.

Linda Fawcus is Founder and CEO of Gluu Technology Society. Gluu is a non-profit on a mission to help older adults learn to use today's technology.

Linda has over 25 years experience in software development, working with Fortune 500 companies. When she's not volunteering at Gluu, Linda is busy running a Vancouver-based technology start-up.

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# **Frequently Asked Questions**

### Do I have to be a TALK member to attend courses?

Yes, TALK is an organization run by the members. The \$10 yearly membership dues pay for a small honorarium and parking passes for the presenters. Course registration fees pay for the cost of registration, mailings, etc. There is an exception for some single events where non-members may attend for a slightly higher fee.

### What if I find I will not be able to attend a course I have registered for?

Members are entitled to a refund of course fees if withdrawal occurs before the "Please Register By" date. TALK membership fees will not be refunded.

### Do I have to be a TALK member to attend a Philosophers' Corner?

Philosophers' Corners are open to the public. You do not have to be a TALK member to attend. Pre-registration is not necessary for a Philosophers' Corner and attendance is on a first-come, first-served basis. There is a suggested minimum \$2.00 donation for each Corner.

### May I register after the course "register by" date?

Yes, you may register after that date. However, it is preferable to have members register earlier so that we know if we have enough people to run the course. Some courses fill up quickly so it is a good idea to register as early as you can.

### Is there parking available on campus?

Parking is available on all Kwantlen campuses. The cost is \$5.00.

- Remember your car's license plate number.
- Go to a Paystation located at main building entrances.
- Key in license number (not your stall number); select time; then pay. Coins (\$0.25, \$1 and \$2 coins only), Visa, MasterCard, American Express or PayByPhone are accepted at all Paystations. They do not accept debit cards)
- Take receipt no need to display on vehicle dash. The pass will be valid on all campuses for the day of purchase.

There is also free parking at the Newton Athletic Centre near the Surrey campus. Please allow plenty of time for parking and finding your classroom so that you arrive before the course start time.

If you have a handicapped placard, parking is free in the marked handicapped spaces only. If you park in a regular stall, you are expected to pay. The Parking Map for each campus, which indicates the location of handicapped spaces, can be found at: <a href="https://www.kpu.ca/parking-transit/maps">www.kpu.ca/parking-transit/maps</a>.

# Intercampus Shuttle

TALK members can take the intercampus shuttle if there is space available. Sometimes parking at Surrey campus can be hard to find. If you live in Cloverdale or Langley, you may prefer to park at one of those campuses and take the inter-campus shuttle to Surrey campus. The schedule for the shuttle can be found at www.kpu.ca/shuttle. In order to board the shuttle, you would have to show a TALK membership card. To obtain this card, phone 604.599.3077 or email talk@kpu.ca at least 10 days before requiring the card. Please note that regular KPU students receive priority on the shuttle so you will need to leave lots of time to transfer between campuses. If you can't get on, you may drive to the other campus and park if you have printed the receipt for your parking. Note: the 301 bus travels from the Richmond to the Surrey campus. You can plan your bus trips at www.tripplanning.translink.ca.

### How can I get more information on the course content?

Please call the Program Chair Jean Garnett at 604.277.1130, jeangarnett@shaw.ca.

# Are you on Facebook?

TALK has two pages: A Facebook page and a Group page

To visit our Facebook page, go to: www.facebook.com/kpu.ca.TALK

Here you can see what's happening at TALK and "like" us.

If you want a more interactive experience, join our Group page.

Visit www.facebook.com/groups/697127260390288 or search "TALK Third Age Learning at Kwantlen" and click on the "Public Group" entry. You can view this page without joining it, but if you want to post or comment, you must click "join" and wait for the administrator to accept you. Please post only items that are relevant to TALK.

# Membership Fees and Privacy Principles

# **Membership Fees and Privacy Principles**

# **TALK Membership Fees**

- The membership fee for 2017–2018 is \$10
- Membership is valid from September 1, 2017 to August 31, 2018
- CARP members no longer receive free TALK membership

# **Benefits of Membership**

- Participation in TALK courses which are offered at low fees that just cover administration costs
- Lower cost for TALK members at all open events
- Receipt of our informative newsletter three times per year
- Opportunity for companionship, mental stimulation and fun!

# **KPU General Privacy Principles**

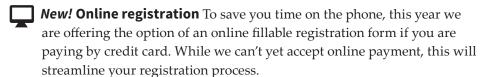
• Full details are available on KPU's website: kpu.ca/foipop

**Note**: TALK uses your e-mail address to notify you of TALK matters including reminders and any changes to programs for which you have registered. Your e-mail address will not be given to other organizations.

Courses I'm Taking					
Start Date	Name of Course	Date Registered			

# **How to Register for TALK Courses**

# TALK Membership Application & Registration—Fall 2017



- 1. Go to *kpu.ca/talk/registration*
- 2. Fill in the online form with your information, including your phone number and email address
- 3. Check the boxes for Annual Membership in TALK and the courses you wish to take
- 4. Click the Submit button
- 5. You will receive an email confirming your request
- 6. You can expect a phone call within 2 business days from the KPU administrative assistant. She will confirm that there are spaces in your requested courses and collect your credit card information. (Submissions are time-stamped and will be processed in the order they come in.)



**By Phone** Call 604.599.3077 between the hours of 9:00 am to 4:30 pm, Monday to Friday.

If there is no answer, please leave your name and telephone number. Please have credit card information available when your call is returned.

**Please note**: each time members register for TALK courses, they will be asked for their date of birth. This provides a faster search when registering and confirmation of the correct individual. With the high volume of calls, please allow 2 business days to have calls returned and please have your credit card ready for payment. Please also provide us with your email address so we can send you a reminder a few days before the start of your class.



By Mail Mail your completed Application and Registration form

**Kwantlen Polytechnic University** (see page 43) to: **Attention: TALK Registration** 12666 72 Avenue Surrey, BC V3W 2M8

Please enclose a cheque or provide credit card information, and signature on the form.



By Fax Fax the completed Application and Registration form (see page 43) to Kwantlen Polytechnic University at 604.599.2435 any time. Please provide credit card information and signature on the form.

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	Non-Member	\$25.00		21 Oct 17	80117	
П	Hot Topics - Richmond	\$25.00		27 Sep 17	80103	
	Why the Amazon Matters	\$15.00		29 Sep 17	80105	
	Zen Draw	\$20.00		07 Oct 17	80118	
	Options in Alternative Medicine	\$15.00		13 Oct 17	80129	
	First Nations of Canada	\$20.00		16 Oct 17	80124	
	In the Finnish Sauna	\$15.00		18 Oct 17	80121	
	Listening: a Mind/Body Experience	\$15.00		23 Oct 17	80119	
	Dietary Guidelines	\$20.00		24 Oct 17	80130	
	Thinking Skills	\$15.00		27 Oct 17	80120	
	The English Bible	\$15.00		30 Oct 17	80125	
	The Great War Remembered	\$15.00		01 Nov 17	80126	
	Bagpipes	\$15.00		02 Nov 17	80122	
	Wind & Solar Energy	\$15.00		03 Nov 17	80106	
	3D Printing	\$15.00		04 Nov 17	80107	
	Calligraphy Beginners	\$15.00		06 Nov 17	80131	
	Psychology of Small Brains	\$15.00		08 Nov 17	80109	
	Beyond Canada 150	\$25.00		10 Nov 17	80127	
	Make a Map with ArcGIS	\$15.00		15 Nov 17	80110	
	Hot Topics – Surrey/Cloverdale	\$25.00		18 Nov 17	80104	
	Calligraphy - Advanced	\$15.00		20 Nov 17	80132	
	Canada at 150	\$25.00		21 Nov 17	80128	
	Forensic Anthropology	\$15.00		27 Nov 17	80111	
	The Horse and the Farrier	\$15.00		29 Nov 17	80112	
	Modalities of Integrative Medicine	\$15.00		30 Nov 17	80133	
	China and Mythology	\$15.00		01 Dec 17	80123	
	Seven Pieces of Technology	\$15.00		04 Dec 17	80134	

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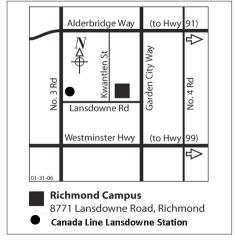
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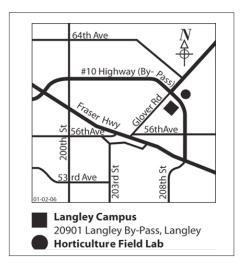
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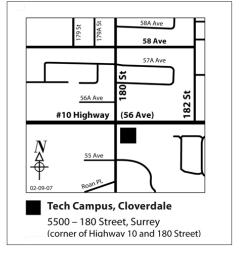
You can look up the map of the KPU campus ahead of time to see where your classroom is located?

Go to kpu.ca, then click on Facilities and then Campus Site Maps & Floor Plans.









### Visit our TALK web site at kpu.ca/talk

### To find:

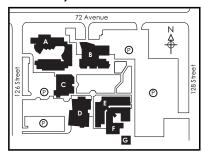
- Courses and Philosophers' Corners
- By-Laws and Policies & Procedures
- Newsletters
- Links to web sites found in this brochure
- A link to our Facebook page: facebook.com/kpu.ca.TALK

# Visit the KPU web site at kpu.ca/about/maps

### To find:

- Detailed directions to campuses by clicking on the name of the campus listed on the right-hand side of the page
- Information on where to park at each campus by clicking on the name of the campus listed under Site Maps at the bottom of the page

### **KPU Surrey**



(A) Cedar: Administration, Faculty Offices, Classrooms, Labs, Gymnasium, Fitness Centre, Grass Roots Cafe, Student Association, Conference Centre

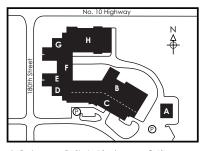
(B) Main: Student Enrolment, Future Students Office, Student Awards & Financial Assistance, Aboriginal Gathering Place, Student Services

(C) Birch: Bookstore, Cafeteria
(D) Arbutus: Library, Learning Centre

(E) Fir: Art Gallery, Lecture Theatre, Classrooms, Studios, Labs, Faculty Offices (F) Spruce: Classrooms, Studios, Labs, Faculty Offices

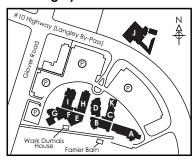
(G) Yew: Storage

### KPU Tech in Cloverdale

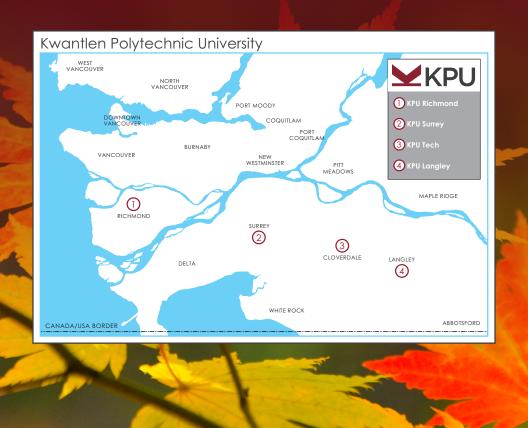


- A: Farrier D: B: Workspace C: Classrooms
  - D: Student Services, Continuing & Professional Studies
  - E: Bookstore F: Cafeteria
- H: Workspace
  es Classrooms
  I: Student
  Association

# **KPU Langley**



- A, C, D, F, I: Classrooms,
- Faculty Office, Labs B: Cafeteria, Student
- Association
- D: Bookstore
- E: Library
  F: The Learning Centre
- H: Student Enrolment Administration, Student Services, Student Awards & Financial Assistance
- Classrooms, Labs, Faculty Offices
- J: Horticulture Field Lab







THIRD AGE LEARNING AT KWANTLEN Kwantlen Polytechnic University 12666 72 Avenue, Surrey, BC V3W 2M8 604.599.3077 kpu.ca/talk