



Surrey Gymnasium (Open Gym)

Hours:

- January 26 – February 4th – 9:15am - 4:45pm
- February 7th Onwards – 9:15am - 9:45pm

Restrictions

Please note the following:

- Sport dependent maximums
- Booking system in effect
- Please arrive no earlier than 5 minutes prior to your time slot
- Come prepared to play
- Vaccine passport continues to be in effect
- Masks must be worn in the changerooms and all common areas
- Please be considerate of others and share the space

Booking System

The new booking system will begin on Jan 26th:

- Please call the front desk at (604) 599 - 2980 to book
- Time slots available
- Bookings can only be done 24-hours prior
- Please have your student/employee ID ready when calling the front desk to book
- Drop in spots may be available but will be on a first come basis

JANUARY				
KPU SPORT & RECREATION GYMNASIUM SCHEDULE				
24	25	26	27	28
LANC 1870 9:00a-11:50a	CLOSED	LANC 1870 9:00a-11:50a	OPEN GYM 9:00a-4:45p	OPEN GYM 9:00a-4:45p
CLOSED		CLOSED		
		OPEN GYM 12:30p-4:45p		
31				
LANC 1870 9:00a-11:50a				
CLOSED				
HATHA YOGA 12:30p-1:20p				
CLOSED				
OPEN GYM 2:00p-4:45p				

FEBRUARY

KPU SPORT & RECREATION GYMNASIUM SCHEDULE

Mon	Tues	Wed	Thurs	Fri
	1	2	3	4
	OPEN GYM 9:00a-4:45p	LANC 1870 9:00a-11:50a	OPEN GYM 9:00a-4:45p	OPEN GYM 9:00a-11:50a
		CLOSED		HATHA YOGA 12:05p-12:50p
		FULL BODY WORKOUT 12:30p-1:20p		CLOSED
		OPEN GYM 2:00p-4:45p		OPEN GYM 1:30p-4:45p
7	8	9	10	11
LANC 1870 9:00a-11:50a	OPEN GYM 9:00a-5:45p	LANC 1870 9:00a-11:50a	OPEN GYM 9:00a-5:45p	OPEN GYM 9:00a-11:50a
CLOSED		CLOSED		HATHA YOGA 12:05p-12:50p
HATHA YOGA 12:30p-1:20p		FULL BODY WORKOUT 12:30p-1:20p		CLOSED
CLOSED		OPEN GYM 2:00p-5:45p		OPEN GYM 1:30p-9:45p
OPEN GYM 2:00p-5:45p	INTRAMURAL SOCCER 6:00p-9:45p	INTRAMURAL VOLLEYBALL 6:00p-9:45p	INTRAMURAL BASKETBALL 6:00p-9:45p	
14	15	16	17	18
LANC 1870 9:00a-11:50a	OPEN GYM 9:00a-5:45p	LANC 1870 9:00a-11:50a	OPEN GYM 9:00a-5:45p	OPEN GYM 9:00a-11:50a
CLOSED		CLOSED		HATHA YOGA 12:05p-12:50p
HATHA YOGA 12:30p-1:20p		FULL BODY WORKOUT 12:30p-1:20p		CLOSED
CLOSED		OPEN GYM 2:00p-5:45p		OPEN GYM 1:30p-9:45p
OPEN GYM 2:00p-5:45p	INTRAMURAL SOCCER 6:00p-9:45p	INTRAMURAL VOLLEYBALL 6:00p-9:45p	INTRAMURAL BASKETBALL 6:00p-9:45p	
21	22	23	24	25
FAMILY DAY KPU CLOSED	OPEN GYM 9:00a-5:45p	OPEN GYM 9:00a-11:50a	OPEN GYM 9:00a-5:45p	OPEN GYM 9:00a-11:50a
		FULL BODY WORKOUT 12:05p-12:50p		HATHA YOGA 12:05p-12:50p
		CLOSED		CLOSED
		OPEN GYM 1:30p-5:45p	OPEN GYM 1:30p-9:45p	
	INTRAMURAL BADMINTON 6:00p-9:45p	INTRAMURAL VOLLEYBALL 6:00p-9:45p	INTRAMURAL BASKETBALL 6:00p-9:45p	
28				
LANC 1870 9:00a-11:50a				
CLOSED				
HATHA YOGA 12:30p-1:20p				
CLOSED				
OPEN GYM 2:00p-5:45p				
INTRAMURAL SOCCER 6:00p-9:45p				

SUBJECT TO CHANGE WITHOUT NOTICE