

# Continuing & Professional Studies Basic Supports for Learners



KPU is committed to supporting your academic journey and personal success.  
Explore the following resources to find help when you need it most.



## Counselling Services

Free, 24/7 services:

- KPU's Student Support Program: [kpu.ca/counselling/support](https://kpu.ca/counselling/support)
- Here2Talk mental health support: [here2talk.ca](https://here2talk.ca) or call 604-642-5212
- BC 211 for info and referrals: [bc.211.ca](https://bc.211.ca)

If you are in crisis:

- BC Crisis Centre: [crisiscentre.bc.ca/get-help](https://crisiscentre.bc.ca/get-help) or call 310-6789
- National Suicide Crisis Helpline: call or text 9-8-8

## Housing Resources

- BC 211 for info and referrals: [bc.211.ca](https://bc.211.ca)
- Options BC for emergency shelter: [options.bc.ca/get-support/finding-housing](https://options.bc.ca/get-support/finding-housing)
- General support with housing issues: [surreylibraries.ca/housing](https://surreylibraries.ca/housing)

## Accessibility Services

If you require accommodations or support for disabilities that affect your studies, visit [kpu.ca/access](https://kpu.ca/access).

## Library Resources

Sign up for a KPU Card to access library resources: [kpu.ca/library/welcomestudents](https://kpu.ca/library/welcomestudents).

## Course Inquiries

Email [cps@kpu.ca](mailto:cps@kpu.ca) to learn more about the short courses offered through the Continuing & Professional Studies.

To explore your future at KPU, contact the Future Students' Office: [kpu.ca/future-students](https://kpu.ca/future-students).



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