The Faculty of Community and Health Studies (CAHS) moved into its new home in Langley in August 2012. The newly renovated facility allowed the creation of four new nursing labs, four simulation (SIM) labs and a home care lab. Observation and debrief rooms, classrooms and study areas are located adjacent to the labs.

On Monday February 25th CAHS welcomed dignitaries and guests to our Grand Opening event. Attendees included Kwantlen Polytechnic University President Dr. Alan Davis, the Mayor of the City of Langley, Peter Fassbender, the Mayor of the Township of Langley, Jack Froese, City Councillors, representatives from CRNBC, CRPNBC, Fraser Health, Vancouver Coastal Health, Peace Arch Hospital and Community Health Foundation, Douglas College, BCIT, Stenberg College, Trinity Western University, UBC, Envision Financial, Aldergrove Credit Union, RBC, Stantec, n. Wallace & Company, Acumen Engineering and the Langley Chamber of Commerce.

Guests were entertained with music performed by a KPU student guitar ensemble, toured the new facilities and met colleagues and key stakeholders in this project. Speakers included Dr. Alan Davis, Dr. Tru Feeman, Mayor Froese, Mayor Fassbender and fourth year BSN student Alysha Rogers.
The official grand opening of the Faculty of Community and Health Studies (CAHS), Langley (south building), occurred on Monday, February 25, 2013. This event, attended by the Mayor of Langley, the Mayor of Langley Township, donors, internal and external stakeholders (i.e. health authorities, other post-secondary organizations), officially celebrated our arrival to KPU Langley. Below is the speech that I provided at this event and appreciation.

Tru Freeman

“Over the past number of years, Kwantlen has worked to revitalize the Langley campus. Now, as the largest faculty at KPU Langley, the CAHS Faculty feel privileged and honored to be occupying this newly refurbished building AND becoming part of the Langley community.

Previously, CAHS was situated in multiple buildings & locations on the Surrey and Langley campuses. It made it very difficult for faculty to connect in a meaningful way and chances for students to work with their counterparts in other disciplines, were almost non-existent. Coming together in one integrated facility with significant upgrades to space, equipment & technology, has enabled interprofessional practice opportunities that we didn't have before.

We have four low/medium fidelity simulation labs with a total of 24 beds. This setting mimics what students would see in a health care environment. In their first semester, students begin to take advantage of this opportunity, working with mannequins that build skill and confidence in a safe, risk-free environment. We also have four high fidelity simulators. These simulators breathe, blink, have a heart-beat, pulse, and can talk. The availability of four labs to house these simulators, has allowed our students across many programs to have greater access to this learning opportunity. We have dedicated faculty who are experts in simulation and using case studies, help students with their critical thinking and analysis. Simulation is a significant learning tool that our students have come to value.

Located in the center of the simulation labs is a debriefing room. It provides an immediate opportunity for learners to debrief each simulation with fellow classmates and instructors. This process greatly enhances the learning outcomes of the simulation experience and deepens the development of critical thinking. We are very proud of the fact that all of our programs use some form of simulation and we are aggressively pursuing opportunities for interprofessional learning between our programs. As a result of this new equipment and technology, CAHS is committed to becoming a Centre of Excellence in simulation education.

We also have a Health Care Assistant laboratory. This lab functions as a simulated bachelor apartment setting with a small kitchen, bathroom and sitting area. Students, primarily in the Health Care Assistant Program, practice skills they will need to use in the community in the homes of their clients or in residential care environments.

As a result of generous community donations that the Office of Advancement is pursuing, we will be able to purchase additional equipment and technology. This equipment will allow us to record, store and stream footage of simulations for students and faculty to reference, in order to meet individual learning and teaching needs. This added benefit allows each simulation to become a learning resource that extends beyond real time.

Besides the various types of simulation labs, this building also houses four classrooms, the Internationally Educated Nurses Assessment Centre, meeting rooms and open office space for faculty, staff and administration. Open offices are fairly unusual in an academic environment. To date, most of us using this space are enjoying the networking opportunities and ability to collaborate and communicate efficiently & effectively with our colleagues. An interprofessional research group at KPU is investigating CAHS employee perceptions of the open office environment, to determine if this might be an applicable model to use elsewhere in the university.

There are so many people that have made this building project possible. I would like to personally thank our own On-the-Move Committee that had representation from all of the programs in CAHS. I would specifically like to thank our On-the-Move chair, Arleigh Bell; she was pivotal in helping guide us through some of the challenges we encountered along the way. Also, Marc Guay, Divisional Business Manager, was the liaison between all of the committees and the go-to person for information and updates. Lastly, I would like to acknowledge the Langley Stakeholder Committee. This was a group of KPU stakeholders that included departments like Facilities, Information Technology, Space Planning and the Library. Together, they helped us achieve the reality of this new building.

On behalf of the Faculty of Community and Health Studies, we are very pleased to have all of you here today. Thank you”.

Any time there’s a major change, whether it’s going into a relationship, getting out of a relationship, moving to a new city, a death—that usually provides a catalyst for an explosion of creativity.”

Lucinda Williams
From the Office of the Associate Dean BSN, BN, BPN

Jean Nicolson-Church

CURRICULUM

Recently, there has been a lot of time dedicated to Community and Health Studies (CAHS) curricula. The major revisions to the Bachelor of Science in Nursing (BSN) program are continuing to be implemented, along with changes to the Admissions Requirements and faculty members have been working tirelessly to prepare course outlines so that everything will be in place for the Academic Calendar. The Graduate Nurse Internationally Educated (GNIE) re-entry program faculty members have also been busy with major revisions to their program. Such changes are extremely complex and require ongoing discussion, collaboration, and effort on everyone’s part. When changes in staffing and leadership, and processes for review and approval of course outlines, are added to the equation, the changes become extremely challenging.

I want to take this opportunity to again thank Carolyn Robertson for all her work as Chair of the CAHS Curriculum Committee over the past years, as well as all of the faculty members and staff who have worked so diligently as a team to move these changes forward. The work we have completed to date is phenomenal! And ongoing…….. The Bachelor of Psychiatric Nursing (BPN) program is now starting to look at a major curriculum overhaul, and all of our other programs continue to revise and change on an on-going basis.

Canadian Association of Schools of Nursing (CASN) Research Conference

I just want to remind everyone, again, that this conference will be held in Vancouver (at the Metrotown Hilton) June 24 to 26. Two of our abstracts were accepted for presentation and we will also have some posters representing Kwantlen faculty work at this conference. There is also a pre-conference workshop on June 24th related to the Canadian NCLEX registration exam. We are hoping that many Kwantlen faculty members will attend. The Nurse Educators Council of British Columbia (NECBC) is hosting this conference and there may be some capacity for students to attend free if they introduce speakers and volunteer to help.

International Council of Nurses (ICN)

The ICN 25th Quadrennial Congress is being held in Melbourne, Australia, May 18-23, 2013. Tru and I are planning to attend and I also understand that one of our BPN faculty members will be presenting work on morale distress for nurses.

“Curriculum development is a process that can be described as more akin to art than science. It is characterized by interaction, cooperation, change, and possibly conflict; composed of overlapping, interactive, and iterative decisions; shaped by contextual realities and political timeliness; and influenced by the personal interest, styles of interactions, philosophical judgments, and values of stakeholders.”

ACADEMIC PLANNING AND PRIORITIES/BUDGET COMMITTEE

Academic Planning and Priorities/Budget Committee has entered the 2013 year with some new members. Welcome to Catherine Schwichtenberg, Judith DeGroot, Tess Kroeker. Welcome to Donna Malyon who will be joining us May 2013. A heartfelt thank you to those who have completed their terms, Janine Hadfield, Betty Baker, and Nancy Graham. Catherine Bock will be completing her term at the end of April 2013, thank you Cathy for being one of our longest standing committee members. After a year away as chair, I, Stephanie Howes have resumed the chair position until August 2013.

AP&P/Budget has recently been working on completing a draft Academic Plan, to be submitted to the CAHS Faculty Council. The draft academic plan will be sent to KPU senior administration once it has been finalized, by Faculty Council. AP&P will also be presenting this draft document to the FoW on May 3, 2013 for further input from CAHS. It is an ongoing process and these “plans” are still in draft format. In addition to completing an Academic Plan, our committee hopes to re-start the Strategic Planning project, which was put on hold in the Fall of 2011. Since the Strategic Plan must be in line with the University’s, we look forward to returning to this work once KPU has finalized their own Strategic Plan.

The 2013-2014 fiscal operating budget has been submitted with the requested 1% decrease to base funding. These savings were achieved through non-salary funding to the CAHS overall budget. The three (3) initiatives submitted for 2013-2014 did not result in any new ongoing or one-time funding for this upcoming fiscal. In conversation with the KPU Executive, reassurances have been expressed as to supporting operational needs and delivery of BSN PB and SETA programs.

Our minutes are posted on SharePoint along with the documents we are currently working on. Should you have any questions regarding the work we are doing, please do not hesitate to contact any of the membership, or myself.

Stephanie Howes
Chair, Academic & Planning/Budget

2012 FACULTY COUNCIL UPDATE

In 2012, CAHS Faculty Council membership has had a lot of transition, with several representatives completing their 2 or 3 year terms, and 6 new representatives transitioned into these new roles. The new membership is comprised of:

Lida Blizard: BSN (Chair) - replacing Deb Dunn
Herraj Sandhu: GNIE (Vice-Chair) - replacing Bev O’Malley
Michelle Home: HAUC - replacing Radhika Singh
Lynn Crandlemire: Prof. Support Staff - replacing Trish Toth
Bill Cowell: SETA - replacing Sylvia Woodyard
Susan Williams: Student Representative

Recognizing that it would be helpful for the Committee Chair to have familiarity with the committee prior to assuming the role, it was agreed that the Faculty Council Vice-Chair role would assume the Faculty Council Chair position upon completion of the Chair’s term.
INTERNATIONAL AND GLOBAL EDUCATION COMMITTEE

The International and Global Education Committee has been extremely busy trying to maintain and initiate different experiences. The ongoing experiences are: Dr. Dianne Symonds from the BSN program was in the Philippines with 3 students. Faculty member Deb Dunn accompanied the group on PD. Students from Denmark are once again scheduled to visit Kwantlen and attend 2–3 week observation experiences in CPE4 during summer semester.

As part of a new initiative of the Brazilian government to internationalize their curricula, Kwantlen has the opportunity to receive Brazilian students. Currently, there is a student from Brazil doing a year at Kwantlen. She took English courses last semester and joined semester 7 BSN students in January 2013. The BSN program will receive 8 students and the BPN program will receive 12 students in January 2014.

As well, 5 students from the BSN and 5 students from the BPN program are taking part in an international online module in the January 2013 term. The module is designed to help nursing students from different countries learn about the health care system and the role of the RN in each country. The countries participating in this module are Finland, Denmark and Canada.

Post-Secondary Academics studying India (PSASI) tour is planned for the last two weeks of April 2013. The purpose is to expose faculty to alternative healing methods: yoga, Ayurvedic medicine, spiritual healing and music and the culture of India.

The Global Health theory and practice course outlines have made it through our division. These courses will be piloted in the summer of 2014. The courses may be substituted for CPE 4 in the BSN program and the Global health semester 6 practice course in the BPN program.

Currently we are in the process of securing a placement in Sri Lanka.
SCHOLAR’S STORIES SERIES:
The Research and Scholarship Committee introduced a new education series in March, focused on sharing faculty research, knowledge and expertise.

Jean Nicolson-Church delivered the first presentation of Scholar’s Stories Series on March 8th. She spoke about her PhD dissertation: Expert Nurse Educator.

What makes an expert nurse educator? This qualitative research study involved canvassing Deans of Nursing asking them to identify the people they consider to be an expert nurse educator. Jean interviewed the “identified” experts who agreed to participate, to ascertain themes and commonalities.

She found that expert nurse educators exhibit common themes. They are:

▪ Engaged
▪ Passionate
▪ Reflective
▪ Integrative
▪ Innovative, and
▪ Scholarly

Her research led her to the following conclusions:

Expert Nurse Educators are engaged with students, colleagues and others, passionate about teaching and learning, and reflective. They integrate their reflections into the organization of their work, are innovative in creating novel learning experiences, go against the status quo and are scholarly.

Her conclusions have implications for directing additional research, developing new teaching models, assisting administrators in recruiting faculty members and instructors and in developing new mentoring programs and orientation processes.

A copy of the full presentation is available on SharePoint on the Research and Scholarship Committee meeting site.
SETA STUDENT SUCCESS!
In September 2012, the Special Education Teaching Assistant students were given the assignment to plan and host a Celebrating Diversity Resource Fair for services and agencies that provided support to families who have children with disabilities. The event was held on October 19, 2012 so planning time was limited. The purpose of this assignment was three fold:

- Bring the local resources that support families and children with disabilities together at the Langley campus
- Invite SETA students to engage in group work that results in the linking of families and community as well as develop students’ team building skills
- Bring a broad awareness to the students and Kwantlen community about the variety of educational, social and physical supports available to families who care for children with disabilities.

The tricky part was engaging 66 students in the planning and hosting of the event. They came up with many ideas and creative solutions to all the problems. The result was a very active event attended by over two hundred people. Participants included: Pony Pals, The Down Syndrome Research, Learning Disabilities Association, Langley Childhood Development Centre and many more!

The evaluation of the event by the participating organizations included the following comments:

It is important for future community partners to know what and who is out in the community when it comes to helping a child. Do this again.

Great set-up. Lots of support from the students.

The students also did a detailed evaluation of the event and came up with many suggestions about how to improve the fair and also how to work better on teams.

Thank you to all the faculty, staff and students who worked so hard to make this event a success.

-Carol Hansen
February is heart awareness month. Given heart disease is the number one cause of death for all women worldwide, and post-menopausal, South Asian women are at even greater risk for cardiovascular disease, Dr. Amandah Hoogbruin, BSN faculty & principal investigator and co-investigators, Dr. Raymond Dong, Fraser Health cardiologist and Dr. Arun Garg, Fraser Health Laboratory Director, organized to implement their South Asian Women Yoga Education Study (SAWYES). On February 4, women randomized to yoga education participated in their first 90 minute class. Classes were scheduled for the next 12 weeks, three times a week at Ojus Health Care, a centre for yoga and Ayurveda medicine. Each class begins with a 10 minute introductory relaxation; followed by 35 minutes of different asana or yoga poses that includes props to support women in doing proper body alignment; 15 minutes of pranayama or yoga-related breathing exercises; and ends with a 15 minute meditation. A team of 12 voluntary South Asian research assistants (5 registered nurses and 7 BSN students) pre-screened potential study participants; and participated in interviews with Amandah that were televised on OMNI Punjabi National News (Feb. 20)
http://bcove.me/n2k1k75x
and the Harpreet Singh Show (Feb. 7, 8, & 10)
http://www.youtube.com/watch?v=FMhhi1pZ6gA . This randomized, controlled pilot study is among the first to be done in Canada, and is funded by a Kwantlen Katalyst Research Grant (2011-2013).

On Feb. 25, Amandah was an invited presenter: South Asian postmenopausal women at risk for cardiovascular disease and the health benefits of yoga. Researcher Café: Nursing Research, Fraser Health Authority, Surrey, B.C.

Other recent professional activities include: elected, Senate Standing Tributes Committee chairperson; and approved College of Registered Nurses of British Columbia (CRNBC), item-development consultant (2013-15) for the future, joint Canada-US registered nurses examination facilitated by the National Councils of State Boards of Nursing, Chicago, Illinois.

FRASER HEALTH SOUTH ASIAN HEALTH INSTITUTE LAUNCH

As an affiliated Fraser Health researcher, Amandah Hoogbruin and Kwantlen BSN students, Harjot Dhaliwal and Sandeep Thiara, South Asian Women Yoga Education Study (SAWYES) research assistants were invited guests of the Canada-India Network Society’s celebration to launch the Fraser Health South Asian Health Institute on February 15.
OFFICIAL OPENING OF THE HOME SUPPORT SIMULATION LAB

It has been a dream of the Health Care Assistant faculty for many years to have recognition of the accomplishments of HCA’s in complex care, dementia care and home support positions.

A year ago Shirley Bond proclaimed October 18th as Health Care Assistant Appreciation Day. This year we were able to open the new home care lab to those who came to celebrate with us, eat cake and view the new apartment/lab. In this setting, we will assist the students to master their skills in an alternative setting.

FACULTY LEADERSHIP DEVELOPMENT PROGRAM FOR SIMULATION EDUCATORS

Arleigh Bell, Simulation Coordinator and faculty member in the Faculty of Community and Health Studies, has been selected through competitive application for the year-long Leadership Development Program for Simulation Educators, the National League for Nursing’s initiative, designed for those interested in assuming a leadership role in the research or administration of simulation programs in nursing education. Arleigh applied for funding through the 0.6 PD Committee and was successful in obtaining funding for this exciting educational opportunity.

The third cohort consists of 20 nurse educators chosen from colleges and universities around the United States and Canada. They will all study for a year under the direction of Pamela Jeffries, DNS, RN, FAAN, ANEF. Dr. Jeffries, the author of numerous scholarly articles on the subject and editor of the Second Edition of Simulations in Nursing Education: From Conceptualization to Evaluation (NLN, 2012), is a professor in the Department of Health Systems and Outcomes and Associate Dean for Academic Affairs at Johns Hopkins University School of Nursing. She is nationally known for her research and work in developing simulations and online teaching and learning.

To expand the science of nursing education while developing their personal leadership portfolios, participants spend time engaged in varied activities that examine key issues related to simulation; then focus their efforts in an area of their choice. To kick off the program, participants met in January, 2013 in Phoenix and attended the NLN Leadership Conference. Looking ahead, the group will participate in leadership development webinars; exchange ideas and best practices in simulation in private forums; review existing scholarly research; visit simulation centers around the country to evaluate resources and operations; consult with Laerdal representatives on equipment issues; contribute to a group project and post it on the Simulation Innovation Resource Center (SIRC) website; and attend conferences.
**June Kaminski 2012 E-Health Award Recipient**

The Canadian Association of Schools of Nursing named June Kaminski as the inaugural Nursing Faculty E-Health Award recipient. The award was presented during the CASN annual award’s reception in Ottawa on November 13, 2012. This award recognizes a faculty member from a Canadian school of nursing who demonstrates exceptional leadership and commitment to e-Health in nursing education. June has been recognized as an exceptional teacher, mentor and advocate for informatics through her role in Community and Health Studies at Kwantlen as well as through her published research in national and international journals.

**NEVR (Network to Eliminate Violence in Relationships) Training Conference**

Kwantlen Polytechnic University and Surrey Women’s Centre hosted the conference titled, When Love Hurts: The Deadly Link Between Sexual Violence and Domestic Homicide, at the Surrey Campus on February 28, 2013. Representatives from Victim Services, Stopping the Violence Counselling, Children Who Witness Abuse Counselling and allied professionals in the health and legal sectors gathered with a focus on the importance of front-line personnel at all key intervention points screening for gender based violence. Dr. Balbir Gurm, chairs a NEVR subcommittee that focuses on the research process. “Systematic reviews are consistently reporting that screening and intervention are associated with improved mental and physical health outcomes and reduced violence. This is why NEVR brought together experts to provide the evidence in order to stress that each hospital needs to have a screening program and all front-line staff need to know how to screen and respond.”

For more information go to http://www.kwantlen.ca/NEVR
On January 21, 2013, Dr. Balbir Gurm, founding member and facilitator of NEVR (Network to Eliminate Violence in Relationships), hosted seven provincial Ministers representing diverse sectors of government. The Ministers had the opportunity to meet face to face with community experts and those who develop and deliver programs. The Ministers each had the opportunity to listen to a small group of community members and then receive a report on what was discussed at each Minister’s table. KPU nursing students recorded the conversations with each Minister and reported the summary of the dialogues to all the ministers. At the end of the session, all ministers signed a pledge to work across ministries to address violence in relationships.

NEVR was formed 2 years ago to help the community collaborate and coordinate its response to violence in relationships. This is the first time that 7 Ministers have assembled in one place to hear from the community.

Present to hear from the community on ways to address violence in relationships were:

- The Honourable Stephanie Cadieux, Minister of Children and Family Development
- The Honourable Rich Coleman, Minister of Energy, Mines and Natural Gas and Minister Responsible for Housing and Deputy Premier
- The Honourable Shirley Bond, Minister of Justice and Attorney General
- The Honourable Dr. Margaret MacDiarmid, Minister of Health
- The Honourable Ida Chong, Minister of Aboriginal Relations and Reconciliation
- The Honourable Dr. Moira Stilwell, Minister of Social Development
- The Honourable Don McRae, Minister of Education

KPU OPEN HOUSE
MARCH 2, 2013

Over 900 people attended the Kwantlen Polytechnic University Open House on March 2, 2013. Marc Guay, Arleigh Bell and Carol Hansen were on hand to represent Community and Health Studies to answer questions and provide information about the various programs offered by CAHS.
WHEN THE COMMUNITY BECOMES THE CLASSROOM

On February 28th Jean Nicolson-Church and Connie Klimek met with Owner-Developer of Harrison Landing & Harrison Point, Glenn Bell, and The Langley Times reporter Jim McGregor. Last year a team of BSN students spent time at these facilities. Jean Nicolson-Church spoke about the importance of the three month community placements where students learn to actively listen to people so they can empower themselves. “We have come from a place where nurses used to only ‘do for’ people. Now we educate nurses to ‘work with’ people. We help them identify and manage their own needs using their own assets and resources.” The complete article can be viewed online at http://www.langleytimes.com/editions/?iid=i2013031907015679&pid=&type=&gallery=y

EARTQUAKE AWARENESS

On October 18th Kwantlen Polytechnic University observed an Earthquake Awareness Event. At 10:18 am everyone dropped, covered and held on for 2 minutes. Two nursing students with one of the iStan Simulators were setup in the CAHS building foyer to remind staff and students to – Drop, Cover and Hold.
NURSINGLINKS.CA SPRING 2013 WORKSHOPS
Journey Through the GI Tract—April 21, 2013 Executive Hotel Burnaby
Shock and Sepsis—May 21, 2013—Executive Hotel Burnaby
Transforming Clinical Challenges in Mental Health—May 21, 2013—Hilton Metrotown

2013 SUMMER INSTITUTE OF CLINICAL HEALTH RESEARCH (SICHr)
Caesars Windsor June 17-21, 2013.
For more information about the wide range of expert speakers, content and topics, and registration and accommodation see www.uwindsor.ca/summerinstitute