October 4th, 2012 marks my second year as Dean of the Faculty of Community and Health Studies..... and almost exactly two years to the day that KPU’s former President David Atkinson asked our Faculty to change its home base from Surrey to Langley! The Oxford Dictionary describes change as “an act or process through which something becomes different” (http://oxforddictionaries.com/definition/english/change); the Faculty of Community and Health Studies and the broader Kwantlen community has certainly experienced their fair share of change in 2012.... and the year isn’t over!

President, Dr. Alan Davis and three of seven Deans are brand new to KPU (Faculties of Science and Horticulture, Trades and Technology, Arts and a fourth yet to be determined in the School of Business) and began their tenure at KPU in the past month. Other recent senior leadership changes, renovations at the Richmond Campus, the upcoming occupation of CAHS vacated space at Surrey, the CAHS move to Langley and our open office plan (that is a bit of a “first” at KPU), means our institution will see significant transformations. As we capture some of the perceptions of this changing landscape in the Open Office research project, I hope it will help to shed light on the positives and some of the challenges of our changing landscape.

There is still some tweaking that will need to be done as we work with the Office of Advancement to raise money to equip the building with new equipment and furnishings. To date, the ability to house faculty and staff in one open, light filled space appears to offer closer connections, interactions and networking. Brand new low, medium and high fidelity simulation labs provide bright, larger spaces and areas for students to debrief. The student gathering area and second floor resource room allows students the ability to work and socialize together. The new Faculty of Community and Health Studies has the potential to bring KPU students, faculty and staff together in a rich learning and teaching environment. There is also enhanced prospects to work interprofessionally with other disciplines and Faculties.

At this time, I would like to thank all of the individuals, groups and committees that were instrumental in getting CAHS moved from Surrey to Langley. Our own CAHS On-the-Move Committee made a huge commitment of time and energy to oversee the process and many details involved with a move of this magnitude. Specifically, we owe a huge debt of gratitude to the On-the-Move Chair, Arleigh Bell; through all of the ups and downs, challenges and obstacles...she managed to keep her sense of humor and still keep us moving forward.

The Langley Stakeholder Committee and the Integrated Move Committee involved a host of individuals from KPU that were intimately involved with the large and small details of the move. They include the KPU Facilities Department, who has worked tirelessly to make sure this process finished on time and on budget. Hat’s off to Karen Hearn, Sladjana Dobric, Natasha Saksman, Margot Richardsen, Craig Regan, Denise Farey, Iain Hunter and Charles Kincaide. Other KPU individuals/departments that have been very involved in the process include IET’s Sukey Samra, Paula Hannas and Maggie Fung; Jan Penhorwood (Langley Library), Terry Chanyungco (Space Planning); Joanne Saunders, Nicole Lotz and Cara Johnson (Marketing); Katie Kinch and Jeff Norris (Office of Advancement); Gordon Lee, Dr. Jane Fee, Kathy Lyllyk (Senior Administration) and our own CAHS representatives.

Without all of these dedicated individuals... it would have been impossible to enjoy our new Faculty of CAHS space in the south building of Langley. If there are names I have missed, please accept my apologies and thanks; there are so many wonderful people that have contributed to this incredible journey. CAHS is very excited to be part of the KPU Langley community. Our sincere thanks and appreciation.

Tru Freeman

"It is a secret both in nature and state, that it is safer to change many things than one".

Sir Francis Bacon
ANNOUNCEMENTS

Canadian Association of Schools of Nursing (CASN) Research Conference
I just want to remind everyone that this conference will be held in Vancouver (actually at the Metro-town Hilton), in 2013, from June 24th to 26th. A call for abstracts will be coming out shortly with a deadline of December 3rd, so get your ideas together. It would be great for Kwantlen to have a few presenters at this conference. The Planning Committee is also looking for volunteers to review the abstracts so if you are interested in doing this please let me know. The CASN workshop on Scholarship will be offered in conjunction with the conference. This workshop is excellent (as reported by Herraj Sandhu, June Kaminski, and myself who attended it earlier this year) and the Research & Scholarship committee is looking at ways of supporting faculty members to attend.

International Council of Nurses (ICN)
The ICN 25th Quadrennial Congress is being held in Melbourne, Australia, 18 to 23 of May 2013.

INTERNATIONAL MODULE FOR NURSING STUDENTS
In January we will be partnering with our current partner school in Edinburgh (Napier University) as well as schools in Finland, Netherlands, and the United States to offer an online International Learning Module for students in the BSN and BPN programs. The following is the course description for this module:

This online module will provide you with the opportunity to learn about contemporary issues in international nursing and health care systems. Throughout this module you will be given specific tasks to learn about nursing issues in partner countries. The students in the other country will also be given the corresponding learning task. Therefore to achieve the learning you must be able to search for, and answer queries relating to nursing and the health care system within the UK. You will then able to compare differences between the UK and the other country. The lecturer for this module will act as a facilitator.

We are quite excited about this opportunity for our students and Gamini Randeni is pulling together a research proposal in line with the module to study “the expediency of application” in our nursing programs.

Apart from these few announcements, I think the move to Langley has been the big event for me this semester, so I offer this quote and suggest that we all take a little time to reflect.

“Praxis is synchronous critical reflection/ action that is directed toward transforming social conditions toward full human health and well-being for all.”

FACULTY COUNCIL UPDATE

This will be my final contribution to our newsletter as the Chair of Faculty Council. As of August 31, 2012, my term as the BSN rep will conclude and therefore my term as Chair. It has been an interesting three years and I am filled with gratitude on a number of levels. First, I am grateful to my BSN colleagues for electing me and giving me this opportunity to serve on our very first Faculty Council. I stepped into the role a bit unsure of what it would entail but that feeling was shared by all the members of our inaugural council. We took our first steps together! At my first meeting I was elected Chair (or was I coerced into volunteering? My memory is fuzzy!! Just kidding!! ) and then the fun really started!! We forged ahead, simultaneously interpreting bylaws and developing terms of reference for various standing committees, all the while learning as we went with the rest of the university. If you recall, initial meetings were held with Maxine, where we decided on our program representation. Claudette was on board for our official start up, and then we welcomed Tru to the fold. I am grateful to all three leaders, including Jean and Carolyn in their roles as Associate Deans, for their support and guidance over this initial timeframe. The admin staff in the Dean's office deserves a big shout out for all their help. Joseph, Marc, Janelle and Judy, when she was part of our team, all made my “job” as Chair no job at all. Thanks gang!!

But what I am most grateful for is the support, patience, and dedication of the entire Council. Reps were present to dialogue and make sense of what our next steps could or should be and everyone worked collaboratively to foster our evolution. Thanks to our Senators, Stephanie, Carolyn, Pam and Amanda, for representing our Faculty on the Senate Standing Committees and thanks for all you did to help establish our own standing committees. I also appreciate Bev for her support as Vice Chair and filling in to chair meetings when I was not present. Thanks Bev! I especially want to thank all the out going representatives whose terms end at the same time as mine. Trish, Bev, Radhika, and Sylvia, your courage to step up for the first time has not gone unnoticed and I thank you. Bill, thanks for stepping in as the SETA rep when Sylvia had to assume additional responsibilities. Last but not least I thank the Faculty Council members who willing agreed to add an extra year to their term so that we could build consistency and continuity into our Council’s processes. Judith, Marlene, Marcia, Bill, and Joyce, thank you. June, welcome as our newest rep for the BSN second degree program.

I wish continued success to each and every one of you and the new members who will commence their terms September 2012. We have a great team at the helm and I look forward to our continued growth and future achievements!

Debbie Dunn, BSN Faculty

INTERNATIONAL/GLOBAL EDUCATION COMMITTEE UPDATE

The International & Global Education Committee continues to explore opportunities for faculty and students. Students will be going to the Philippines with Dr. Dianne Symonds. Deb Dunn will be joining them on her PD. There is also one request from a Kwantlen BSN student to go to Napier University, Scotland for an exchange.

Dr. Balbir Gurm, on behalf of the IGEC, just completed a three week whirlwind trip to India. The Post-Secondary Academics Studying India (PSASI) trip is organized. The focus of the tour is integrative healing: ayurvedic medicine, yoga and spiritual healing. The tour includes: Delhi, Bhopal, Haridwar, Amritsar, Dharamsala and Chandigarh. It will be a combination of lectures by local academics, tours of herbal gardens and ayurvedic factories and time to enjoy and understand the local culture. More information will be provided over the next few days for you to reserve a spot for summer 2013.

A student placement for community projects in Panjab, India is confirmed. Students will stay at the Guru Nanak Mission Hospital and Trust and work alongside Nursing students (BSN and MSN) on local issues. Both Indian and Canadian students will be given the same local issues to solve in advance. When the students meet in India, they will compare their solutions/projects and create and implement a common approach in the community. This is a 4.5 credit course that BSN and BPN students can substitute for similar practice courses. This global health practice course is open to all third year students.

Currently there is a nursing student visiting Kwantlen from Brazil. She will be joining the fourth year community practice course, Nursing 4141.

Lastly the committee is in the process of exploring the possibility of student participation in a common international module. Stay tuned in the coming months for more details.

Members: Balbir Gurm (Chair), Jean Nicolson-Church, Sandra Schinnerl, Lorraine Guild, Gamini Randeni, Leona Claxton, Leigh Ritchie, Connie Ordish, Joyce Vandergriend, Joseph Tesoro (recorder).

Balbir Gurm, BSN Faculty

RESEARCH & SCHOLARSHIP COMMITTEE UPDATE

The Research and Scholarship Committee recently reviewed six research projects/proposals. We have set our meetings for 2012/2013. We will continue to meet on a monthly basis. We are designing a site on Sharepoint for faculty to view upcoming conferences, workshops etc. We are developing guidelines for funding provided by our committee for conferences, workshops etc. The CASN Research and Scholarship Conference will be in BC in June. We discussed our participation with the conference.

Herraj Sandhu, GNIE Faculty
CURRICULUM COMMITTEE UPDATE

The CAHS Curriculum Committee met through the summer semester to continue to facilitate the approval of course outlines and program changes. Our most pressing task has been completed; the curriculum for the Bachelor of Science in Nursing-Post Baccalaureate (BSN-PB) program is now fully approved and all Course Outlines have been published and entered into the 2012-13 Academic Calendar. The first group of students will be entering the Fall 2012 semester with a thoughtfully constructed and carefully considered curriculum mapped out for them. Thanks go to June Kaminski for her hard work on this.

Additional items included:

- the approval of pre-requisite revisions to course outlines within the BSN program to reflect English progression requirements of ENGL 12XX for students entering into Semester Four;
- the approval of revisions to NRSG 2141 and NRSG 2142;
- the approval of credit recalculations for courses delivering clinical experiences;
- an initial review of the Graduate Nurse Re-Entry: Internationally Educated (GNIE) program revision due for implementation September 2013;
- an initial review of CAHS 3100–Determinants of Health in Canada and Abroad and CAHS 3101–Field School in Global Health Practice;
- an initial review of NRSG 3130 and NRSG 3142;
- the discussion of a long-term shift from partial credits to whole credits;
- the discussion of a revised Policy Variance worksheet and the requirements of Policy C.20 – Student Evaluation and Grading; and
- the discussion of an Articulation Agreement with Stenberg College for the Bachelor of Psychiatric Nursing;

The migration of all of Kwantlen’s Course Outlines from Lotus Notes to SharePoint has begun with a goal to have them all in place by the end of August 2012. This will allow faculty to download Course Outlines through the web rather than having to be on-site to access Lotus Notes. This easier access will be a relief to all! Joseph Tesoro will be keeping us up to date on this project and ensure that, as things progress, all are able to use the various levels of access they need.

CAHS Curriculum Committee’s goals for 2012-13:

- To review all courses currently listed within programs and formally discontinue those that will no longer be offered;
- To review program completion timelines for all Certificate programs to ensure that graduates have the currency required to safely and competently engage in their fields of practice;
- To support the GNIE Program with upcoming program and curriculum changes for implementation in Fall 2013;
- To support the HAUC Program with the upcoming program and curriculum it is currently undertaking;
- To support the SETA Program as revisions come forward as a result of its program review;
- To review options for co & pre-req structures of the programs to ensure the separation of learning issues from registration issues;
- To approve all revisions to Course Outlines for the revised BSN program.

Carolyn Robertson, Curriculum Committee Chair

AP&P/BUDGET COMMITTEE UPDATE

The AP&P/Budget Committee were asked to prioritize CAHS initiatives and those of Kwantlen Polytechnic University. The response was forwarded by our Chair, Faculty Council to Senate’s AP&P/Budget Committee. A point evaluation system has been utilized for all Faculties’ submission and those of Kwantlen. The information is to ensure proper alignment and to inform Kwantlen’s strategic plan, with an anticipated completion date of February 2013. All CAHS program areas have submitted their response to the educational planning template. A draft of the CAHS plan is currently a work in progress. An additional recent undertaking at Kwantlen has been in the development of a strategic enrollment plan to support sustainability efforts at Kwantlen. As part of this KPU initiative, a draft of the CAHS strategic enrollment plan will be brought forward at a future AP&P/Budget Committee meeting.

In regards to fiscal 2013-2014, Budget asks have been requested of all respective program areas. Due to preliminary information a repetitive submission of 2012-2013 process is mostly to transpire for 2013-2014 for the top 3 Faculty budget submissions.

Marc Guay, Divisional Business Manager
LEARNING INNOVATION IN TEACHING (LITE) UPDATE

The LITE Committee has been meeting monthly (except for August).

Current Key topics of focus include:

**New KPU Use of Social Media in Class Policy**

This new policy affects our faculty and students so we are analyzing how this can easily be applied in CAHS programs. Discussion will continue at the Fall meetings. More information about this policy is located at: Guidelines for Use of Web Technology
http://cms.kwantlen.ca/Page12930.aspx

**KPU Survey Memo**

The Committee discussed the recent memo from Jane Fee sent to all faculty and staff regarding the need to use specific Canadian software programs when surveying Kwantlen students. Committee members suggested we use Moodle for surveys when collecting data from students since the Kwantlen Moodle server is located in Canada. Key points of the memo outline the following:

“Kwantlen has interpreted this section to mean that Kwantlen should not invite students to provide personal information to a survey if we know that the information they supply and their computer address will be stored outside Canada.

Because of this section of the Act, post-secondary institutions in BC have either acquired their own survey software so that data is stored internally (Kwantlen), joined a survey consortium with a server in Victoria, or they use Canadian on-line survey software: e.g., FluidSurveys or Jitsuitech.”

**Survey design for CAHS Faculty re Langley technology needs**

In the Fall semester 2012, the Committee will send out a survey to all CAHS faculty members to determine what software/hardware components they feel would improve their abilities to teach and assist students.

June Kaminski, BSN Faculty

RESEARCH & SCHOLARSHIP COMMITTEE UPDATE

Six research projects/proposals/.6%pd have been received. Research & Scholarship meetings has been scheduled for 2012/2013; we will continue to meet on a monthly basis. We are designing a site on SharePoint for faculty to view upcoming conferences, workshops etc, and developing guidelines for funding provided by our committee for conferences, workshops etc. The CASN Research and Scholarship Conference in BC in June, 2013. We discussed our participation with the conference.

Herraj Sandhu, BSN Faculty

**NOMINATIONS COMMITTEE UPDATE**

Nominations Committee has been busy keeping committee memberships updated on SharePoint and filling vacancies as they come up. Currently, all committees are populated, but all faculty please keep in mind, if you will be stepping down from a committee or your term is up, kindly let the CAHS Nominations Committee know the name of new faculty that will be filling the vacancy.

Harj Dhesi, BPN Faculty
The discussion generated at the “How Policy Affects Teaching” session at the CAHS Faculty Day suggested that a number of faculty members were interested in becoming more familiar with the application of institutional policies in CAHS Programs. Of shared concern was the challenge of interpreting and applying seemingly clearly written policies in the context of the unique and complex situations that arise in CAHS programs. This prompted us to think about creative ways to communicate the ins and outs of policies that affect our teaching practices; the result is the instigation of a “Policy Corner” in the CAHS Newsletter.

There are a number of detailed policies that directly affect our teaching practices and expectations of students at Kwantlen. They can be found on the Kwantlen website, Faculty and Staff page, under Our University, Bylaws and Policies: http://www.kwantlen.ca/home.html. Consistent, underlying foundations are reflected in these documents, foundations that help us define who we are in our teaching and how we approach students and their learning at Kwantlen. They apply principles of fairness, equity, clear communication, transparency, and due process and are geared to support learning, student success, and access to safe learning environments. These principles are applied to everything from admissions, access, academic honesty, attendance, assessment, and timelines to student responsibilities and appeal processes. They are meant to protect students’ and employees’ rights and to articulate the responsibilities of both groups.

**Did you know:**

According to Policy C.20 – Student Evaluation and Grading, two assignments are to be graded and returned to students before the Withdrawal date (the Withdrawal date is set when 60% of the course has been completed and is to be included in the Course Presentation). This provides students with a good indication of their progress and assists them in making an informed decision if they are considering dropping a course before the Withdrawal deadline. If students drop before the deadline, they receive a ‘W’ on their transcript and the course does not contribute to the calculation of the GPA. If they drop after the Withdrawal deadline, they receive an ‘F’ on their transcript and their grade contributes to their GPA. Having fair notice of their progress provides students with part of the information they need to make a good decision about their education.

This can be difficult to apply in CAHS, especially in clinical and practicum courses where ongoing feedback and demonstration of outcomes are the mode of assessment rather than discrete assignments. As well, many of our CAHS courses are not delivered on a regular semester timetable; the published Withdrawal date often does not apply. As a starting point, we recommend:

- If your course is not delivered over a regular academic semester (for example, it may be a four week clinical experience), that you calculate the date when 60% of the course is completed and post this as the Withdrawal Date on your Course Presentation (this recommendation is supported by the Registrar’s Office).

There be discussion of this requirement within each of the programs to identify situations in which it is more challenging to apply. Feedback from these discussions can come forward to Coordinators’ Meetings for further discussion and problem-solving if needed.

**Note:** Not all policies will have practical application to complex situations. It is important to identify the challenges so input can be provided on the policy and program variances or changes to policies can be initiated.

Lida Blizard and Carolyn Robertson
September 2012

**GNIE WORKSHOP**

GNIE students (class 2012) work together in groups to apply community health theory to specific situations.
Four Kwantlen Polytechnic University, semester 2, Bachelor of Science in Nursing BSN students, Karanjit Bains, Sukhvir Hothi, Marie Francesca Marino, and Lidia Besou, attended the Canadian Nursing Association (CNA) Convention.

These students were given the rare opportunity to attend self-selected sessions at the CNA Biennial Conference held in Vancouver, BC at the Westin Bayshore 18-20 June with pre-convention workshops held on Sunday, June 17. Students were enthused by the opportunity to attend the conference made possible through funding from Kwantlen’s Student Education Enhancement Fund. Students expressed their eagerness to learn about CNA to view the options for various workplaces after graduation, and to meet and hear the guest speakers. They were not disappointed. They enjoyed the conference immensely and received a warm welcome from everyone during the conference, often being acknowledged from the platform.

One highlight of the conference was the Sunday workshop: “Shaping nursing today for tomorrow: A call to action” discussing leadership issues in nursing. The Kwantlen nursing students really appreciated the opportunity to network and learn from young and more experienced nurses. They enjoyed the “What if’s” discussions that posed questions such as “What if nursing didn’t exist?” and “What if nursing had a uniform voice?”

Tuesday highlights were Gina Browne’s speech, “Transforming health care for the next generation” and Margaret Trudeau’s speech, “A patient’s discovery”. Gina Browne talked about how 5% of our population was using 85% of our health resources and how little causes have big effects. The students found her ideas and use of statistics thought provoking causing them to critically think about how essential health promotion is and the importance of the role that nurses play in regards to health promotion. Margaret Trudeau talked about how her bipolar disorder affected her relationships as a daughter, wife, mother, and friend and was a journey through the stages of denial to acceptance requiring the help of doctors, nurses and her family. It was a great opportunity for the students to see the other side of patient care from the patient’s point of view.

Wednesday’s highlight was listening to Arlene Dickinson’s speech, entitled “Driving change, inspiring success”. Arlene inspired the students with her story, as she spoke about her journey of success of being a single parent with four children, no money and no education, to being the CEO of Venture Communications. Arlene spoke with the students afterwards. The student identified her as a role model. Arlene’s life an example of endurance and hard work that motivated the nursing students to never take for granted the value of hard work and the courage and determination needed for leadership roles.

The second highlight Wednesday was a seminar entitled “Proceed With Caution! Integrating Newly Graduated Nurses Into An Emergency Department”. The problem identified was that even though new graduates are highly capable, they are not educated to work in the ER. Overall, the purpose of the seminar was to motivate aspiring ER nurses to start working on some of the skills they need in order to work in such a difficult and complex environment. Current ER nurses called for a final ER practicum for BSN students prior to graduation. As a short term goal ER nurses want BSN nursing programs to implement structured courses which include a gradual strategic introduction in order to familiarize BSN student nurses to the ER environment, with an instructor providing lots of immediate feedback to the students. Some of the long-term goals are trial rotations, a final practicum for BSN students, and a trial unit every week.

The students described the conference as illuminating, thought provoking, and inspiring, providing opportunities to explore what it means to be a nurse, a nurse’s role in health promotion, and different political perspectives about the future of health care. Students felt that they were given a new perspective on nursing as a whole and were truly inspired by the keynote speakers.

A question of interest from students was why 3rd and 4th year students were not in attendance. Students felt that 3rd and 4th year students would relate to the issues and benefit from networking helping the students better decide what they wanted to specialize in after graduation. The final day, Judith Shamian underscored the importance of faculty enabling BSN students to attend.

For the future CNA conventions, students plan to suggest that events be planned especially for students, possibly a speaker addressing issues geared towards nursing students. The next CNA conference workshop will be in Winnipeg in June 2014, perceived by students to be a valuable learning opportunity and one that students should take advantage of. Students can become actively involved in the CNA by contacting the external communications coordinator, registering online if they want to attend the conference by providing evidence of being a full-time nursing student and showing proof of school photo identification.
In Canada, South Asians suffer disproportionate rates of cardiovascular-related morbidity and mortality. Postmenopausal South Asian women are at even greater risk due to the elevated prevalence of hypertension, physical inactivity, and obesity in this population. Current evidence suggests that yoga, an ancient mind-body practice that is a long-standing part of the Indian culture and tradition may reduce psychological and physiological CVD risk factors, and represents a safe, acceptable, and feasible intervention for inactive older women. Yoga may thus have particular promise in CVD prevention and management in this population.

Dr. Amandah Hoogbruin, BSN faculty, is currently collaborating with Dr. Raymond Dong, cardiologist and Dr. Arun Garg, Fraser Health Regional Laboratory director to do a randomized, clinical pilot study about yoga and post-menopausal South Asian women at risk for cardiovascular disease. This proposed research is funded by a ($40,000) Kwantlen Katalyst Grant that is intended to support faculty in their research pursuits. In the case of Amandah, this study would not be occurring, if she had not been invited to be a co-chairperson of the Yoga & Health guest panel, at the 2011 First International Conference on Yoga for Health and Social Transformation, hosted by The University of Patanjali and Patanjali Research Foundation located in Haridwar, India. At this event, Amandah met Dr. Kim Innes, Associate Professor, Department of Epidemiology West Virginia, University School of Public Health, and Clinical Associate Professor, the University of Virginia School of Nursing, who was one of the guests for the panel Amandah co-chaired, and generously offered to be a consultant for the pilot study; and most importantly, a faculty researcher mentor.

In April, at the World Congress of Cardiology 2012 located in Dubai, United Arab Emirates, Amandah presented a poster presentation based on a literature review about the health benefits of yoga and menopause; and another poster about the methodological challenges of assessing the benefits of yoga for postmenopausal, South Asian women at risk for CVD. For three days, an estimated 11,000 delegates from around the world met to share scientific developments in treatment and prevention; and to exchange knowledge as experts in CVD, or individuals from commercial, public, and non-governmental agencies. In support of the American Heart Foundation Go Red for Women Campaign to raise awareness that the leading cause of death for all women worldwide is cardiovascular disease, delegates were asked to wear red. Given this special interest in women and heart disease, Sara Ramiya, editor of Medical Tribune, Singapore, interviewed Amandah about her poster presentations for an article published in the Medical Tribune, the June 15-30, 2012, digital edition, page 29, available from (http://connect.mims.com/cgi-bin19/DM/t/hQ6n0LU3QZ0D8M0BlfIF0Ez).

When Amandah attended a networking reception for cardiovascular nurses and nurse researchers hosted by the Preventive Cardiovascular Nurses Association (USA), she met Dr. Rom Mahrer-Imhof, who is the Head of the MScN Program, Zurich University of Applied Sciences (ZHAW), School of Health Professions, Institute of Nursing. Arrangements were made for Amandah to visit the Institute of Nursing campus located in Winterthur, Switzerland in June. A decision was also made that the Master of Science in Nursing students would gain the most from attending a seminar led by Amandah about her scholarly work presented at the WCC. This seminar was scheduled when students were focusing on the roles and responsibility of the Advanced Nurse Practitioner to deliver evidence-based interventions and implement adequate outcome measurement for these interventions. Hence the scientific basis of studying yoga and applying rigour when measuring its impact on post-menopausal, South Asian women at risk for CVD was emphasized. While only a small group of students came, they were all surprised about the scientific basis of Yoga to reduce stress at a physiological level; and most importantly, they were most impressed that much progress has been made about taking valid measurements of the impact of yoga when women are experiencing menopause, and resulting hormonal changes contribute further to a greater risk of CVD.

Congratulations! Amandah Hoogbruin, BSN Faculty, as a confirmed, peer-reviewer of the Journal of Advanced Nursing published by John Wiley & Sons Incorporated, USA.
CONVENTION PREVIEW: PROMOTING COMMUNITY THROUGH KIDS IN SPORT

CNA hosts its annual meeting and biennial convention in Vancouver in June. Canadian Nurse invited some of the presenters to talk about their concurrent sessions or workshops. This preview concludes a three-part series.

Connie Klimek, a nursing instructor at Kwantlen Polytechnic University, is founder and executive director of the Promoting Community through Kids in Sport (PuCKS) program in Vancouver.

“Since 2005, PuCKS has helped young people aged six to 18 who have limited finances or who are newly settled in Canada by offering gear, transportation and instruction and paying registration fees as incentive for them to stay and succeed in school. As part of the agreement, the kids are teamed up two nights a week with university students, from different schools and a variety of disciplines, who volunteer to mentor and tutor them. Each year, as many as 120 kids are referred to PuCKS by schools, faith based or sport organizations and other community groups.

“The idea came to me while teaching health promotion and community development to third-year BSN students at Kwantlen. At the time, I was also a volunteer board member for a local minor hockey association. Sometimes we would get really great kids who couldn’t afford to play. Their cheques would bounce; it was heartbreaking.

“Our volunteers act as role models for PuCKS participants by helping them with homework and with goal setting for sport and life. Nursing students who have been involved in this project tell me they see their scope of practice from a wider lens. The experience has empowered them to integrate primary health care, in a meaningful way, into their practice.”

Connie Klimek
WELCOME KWANTLEN STUDENTS!

A fun group of people from Kwantlan Polytechnic University the Health Care Assistant students, were game for a group photo on their first day at the Czorny Centre. The students started their practicum on June 14 and will be at the Czorny Centre for five weeks. Two students will be assigned to each cottage with three students in Poppy Place and Rose Garden. This is the Special Care component of their program and the students bring a fresh perspective, enthusiasm and valued extra time to the residents.

Dear Czorny family,

I am writing on behalf of my fellow classmates and instructors from Kwantlen Polytechnic University. We are all very happy to have been given the opportunity to come to Czorny Alzheimer Centre for our Special Care Practicum. One of our instructors and mentors—Nancy Graham—has had nothing but great things to say about this growing facility and has often told us that if she’s in need of care in the future, Czorny will be her first facility of choice.

From what I understand, the goal of the Czorny Centre is to provide “excellence in care” in a home-like environment while incorporating the principles of “person centered practice” (PCP). The needs of the wellness wheel (which include physical, emotional, spiritual, environmental, intellectual, and social health) are essential in achieving the benefits of Eden Philosophy care.

The residents of the Czorny family enjoy optimal activities of daily living, accompanied by a high quality of life. We are all looking forward to embarking this enlightening journey while applying the health care assistant skills we’ve learned in theory at Kwantlen Polytechnic University with knowledge, guidance, and support from the experienced Czorny team. In conclusion, we’re going to take action and embrace the residence in providing first class care.

Sincerely,

Amber Chrysler

Student of Kwantlen Polytechnic University on behalf of the KPU Health Care Assistant class of summer 2012.