

## Support for Basic Needs

Being a university student is challenging. Fortunately, there are several resources that can help students to be successful, even if the barrier they're facing isn't related to their course material.

### Financial Hardship

Any student who is experiencing an unexpected financial hardship may apply for an Emergency Bursary, which is a limited amount of financial assistance that does not need to be repaid and that is provided on the basis of assessed financial need. To learn more, visit: <https://www.kpu.ca/awards/emergency-assistance>. International students may also be eligible for limited financial assistance from the KPU International Emergency Fund. Please contact [internationalstudents@kpu.ca](mailto:internationalstudents@kpu.ca) for an application form and further details.

### Counselling Services

KPU's Counselling Services offers confidential services to students on a wide range of issues, including grief, stress management, anxiety, relationships and family. To make an appointment visit: <http://www.kpu.ca/counselling> or to access 24/7 professional counselling, visit: <https://www.kpu.ca/keepmesafe>

### Accessibility

If students are experiencing challenges related to health (mental or physical) or learning disabilities that are impacting their learning, KPU's Accessibility Services will work with students confidentially to develop a personalized plan to ensure their access to the university and to support success in achieving their academic goals. To learn more, visit: <https://www.kpu.ca/access>

### Food Insecurity

Any student who has difficulty affording groceries or accessing sufficient food to eat every day can access the Kwantlen Student Association's Student Food Bank service. This service allows students to confidentially order a food hamper online. The service can also handle emergency food requests. To learn more, visit: <http://www.kusa.ca/foodbank/> Students are also encouraged to contact Student Awards and Financial Aid at [awards@kpu.ca](mailto:awards@kpu.ca) or by visiting their website at: <https://www.kpu.ca/awards>