



DEPARTMENT OF PSYCHOLOGY

HONOURS STUDENT THESIS DEFENSES

Monday, April 26, 2021



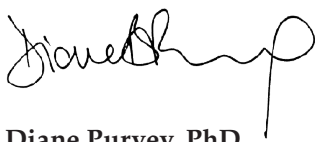
TABLE OF CONTENTS

3	Message from the Dean
4	Schedule
5	Psychology Honours Class of 2020-2021
6	Adrienne Campbell
6	Caleb Chang
7	Cydney Cocking
7	Brett Davidson
8	Jessa Davies
8	Amanda Dumoulin
9	David Hattie
9	Anthony Hull-Kennedy
10	Jonathan Lau
10	Jenna Mitchell
11	Stephanie Ng
11	Angela Pelletier
12	Makayla Vandermark
13	Psychology Honours Committee 2020-2021
14	Dr. Daniel Bernstein
15	Dr. Gira Bhatt
16	Dr. Patricia Coburn
17	Dr. Richard Le Grand
18	Dr. Jocelyn Lymburner
19	Dr. Kyle Matsuba
19	Dr. Karen Parhar
20	Dr. Cory Pedersen
20	Dr. Shayna Rusticus
21	Acknowledgements
22	Psychology Honours Program



MESSAGE FROM THE DEAN, FACULTY OF ARTS

Congratulations for completing the honours program in Psychology. We are proud of your accomplishments! Students involved in undergraduate research demonstrate higher rates of persistence and degree completion, community engagement, academic achievement, self-efficacy, and analytical and communication skills. After you graduate some of you will parlay this knowledge and these skills into a job en route to what you hope will be a fulfilling career in the private, public or non-profit sectors, or perhaps your ambition is to attend graduate school. For others, the way forward is still to be determined. No matter your chosen path, I encourage all of you to recognize the tremendous significance of your achievements as you make the transition from KPU student to KPU graduate, and to allow your success to be a source of pride in the present and confidence for the future. Forever we will recognize your class as a special group of students who faced a great challenge. May these unique circumstances give you resilience and inspire you to make the world a better place.

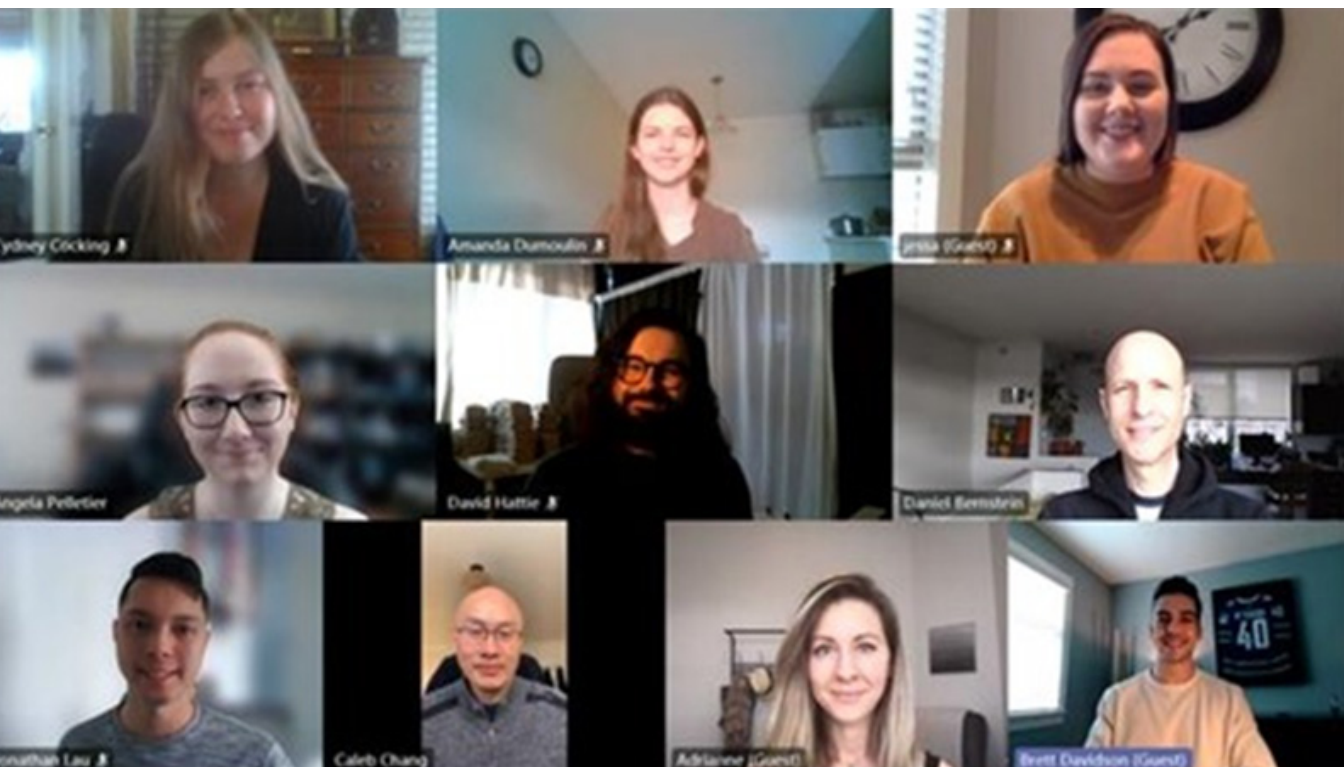


Diane Purvey, PhD
Dean, Faculty of Arts

SCHEDULE

START	END	HONOURS STUDENT AND THESIS	HONOURS SUPERVISOR
8:30 am	8:45 am	Dr. Alan Davis, President and Vice Chancellor Introductory Remarks	
8:45 am	9:20 am	Caleb Chang What is the Role of Culture in the Psychological Safety of School Groups?	Dr. Gira Bhatt
9:20 am	9:55 am	Amanda Dumoulin Evaluating the effectiveness of the online teaching of introductory psychology at KPU	Dr. Shayna Rusticus
9:55 am	10:30 am	Brett Davidson Does Mindfulness Reduce Risk-Taking Behaviour?	Dr. Richard Le Grand
10:30 am	10:40 am	BREAK	
10:40 am	11:15 am	Adrianne Campbell How COVID-19 Precautionary Measures Affect Mental Health, Irritability, and Burnout: Evaluation of Customer Service Employees	Dr. Jocelyn Lymburner
11:15 am	11:50 am	Jonathan Lau Are we really that different? Evaluating the gender similarities of behaviours, attitudes, and traits associated with masculinity and femininity	Dr. Shayna Rusticus
11:50 am	12:25 pm	Jenna Mitchell Increasing Intention to Vaccinate for Human Papillomavirus (HPV)	Dr. Cory Pedersen
12:25 pm	1:00 pm	LUNCH	
1:00 pm	1:35 pm	Anthony Hull-Kennedy Integrated Agency-Communion and Generativity in Caring Exemplars	Dr. Kyle Matsuba
1:35 pm	2:10 pm	Jessa Davies The Effects of Registered Intermediaries on Youths' Perceived Credibility	Dr. Patricia Coburn
2:10 pm	2:45 pm	Angela Pelletier Effects of Rumination on Theory of Mind in Individuals with High Traits of Depression	Dr. Daniel Bernstein
2:45 pm	2:55 pm	BREAK	
2:55 pm	3:30 pm	David Hattie The Effects of Male Body Esteem on Self-Perceived Sexual Desirability	Dr. Cory Pedersen
3:30 pm	4:05 pm	Stephanie Ng Alone Together in the Social Distancing Era of Academia: Pandemic-Imposed Online Learning and Student Mental Well-Being	Dr. Shayna Rusticus
4:05 pm	4:15 pm	BREAK	
4:15 pm	4:50 pm	Makayla Vandermark The Effect of Education in News Media Articles on Attitudes Towards the Not Criminally Responsible on Account of Mental Disorder (NCRMD) Defence	Dr. Karen Parhar
4:50 pm	5:25 pm	Cydney Cocking Men's Differential Identification with Female-Perpetrated Intimate Partner Victimization	Dr. Cory Pedersen
5:25 pm	5:30 pm	Dr. Sandy Vanderburgh, Provost and VP Academic Closing Remarks	

PSYCHOLOGY HONOURS CLASS OF 2020-2021



Psychology Honours Class Photo 2021 - Microsoft Teams Online Platform

Top row: Cydney Cocking, Amanda Dumoulin, Jessa Davies

Middle row: Angela Pelletier, David Hattie, Dr. Daniel Bernstein (Chair, Instructor, Supervisor),

Bottom row: Jonathan Lau, Caleb Chang, Adrienne Campbell, Brett Davidson

Missing from photo: Anthony Hull-Kennedy, Jenna Mitchell, Stephanie Ng, and Makayla Vandermark

Adrianne Campbell

Bachelor of Arts (Honours) in Psychology

How COVID-19 Precautionary Measures Affect Mental Health, Irritability, and Burnout: Evaluation of Customer Service Employees

COVID-19 and the newly imposed precautionary measures have notably impacted the mental health of many Canadians. The largest employment sector in Canada, the service sector, is considerably impacted by the precautionary measures and employs many psychologically vulnerable populations. In this study, we assessed whether an individual's perception of the precautionary measures created psychological distress and whether this impact is over and above the fear of the COVID-19. Focusing on British Columbia, customer service employees were recruited to participate in an online survey. Participants responded to various questions regarding their mental health, and their perception of COVID-19 and the precautionary measures. Additionally, participants responded to qualitative questions pertaining to challenges or positive experiences in the workplace, due to the COVID-19 pandemic. Results suggest that the fear of COVID is a contributing factor to psychological distress; however, the qualitative results highlight additional factors to consider. Ongoing and comprehensive research is needed to understand and mitigate the escalating public mental health crisis, due to the COVID-19 pandemic.



Caleb Chang

Bachelor of Arts (Honours) in Psychology, Minor in Counselling

What is the Role of Culture in the Psychological Safety of School Groups?

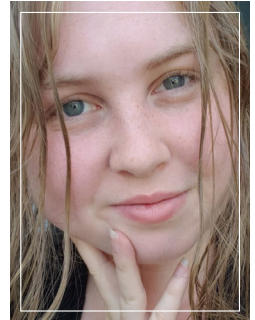
Psychological Safety (PS) is the group belief that members are feeling safe to be themselves, to contribute, to ask questions, and to challenge assumptions (Edmondson, 2014). A literature review revealed that there is a large body of research for PS in an organizational context using Westernized samples, but relatively little research in an educational context or with culturally diverse samples (Newman, Donohue, & Eva, 2017). The purpose of the present study was to examine undergraduate students' cultural orientation and their PS in the university project groups. Participants were randomly assigned to recall either their best or worst university project group and asked to rate their Project Groups, PS, and their cultural orientation. It is predicted that regardless of culture, the Best Project groups will be the ones that are most psychologically safe, and students who are more interdependent will score higher in PS than students who are more independent.

Cydney Cocking

Bachelor of Arts (Honours) in Psychology, Minor in Counselling

Men's Differential Identification with Female-Perpetrated Intimate Partner Victimization

Female-perpetrated intimate partner violence (f-IPV) is a significant and serious health problem, that has negative implications for victims (Smith et al., 2018). However, there is evidence indicating that people generally view men's perpetration of dating violence as more severe than women's, and men themselves are reluctant to self-identify as victims of IPV (Allen & Bradley, 2018; Felson & Feld, 2009; Machado et al., 2016; Sorenson & Taylor, 2005). The reluctance some men have towards identifying as victims of IPV has only been illuminated recently and, as a result, the mechanisms underlying this phenomenon have not been fully elucidated. We intend to examine predictors of men's differential self-identification as victims of f-IPV; that is, between men who do and do not identify as victims of f-IPV, despite experiencing it. Specifically, we are examining attitudes towards women's dating violence, precarious manhood beliefs, and endorsement of sexism. A secondary purpose is to examine differences between these two groups of men on several variables.



Brett Davidson

Bachelor of Arts (Honours) in Psychology

Does Mindfulness Reduce Risk-Taking Behaviour?

The practice of mindfulness has been shown to have several benefits such as reducing stress, enhancing concentration, and improving emotional regulation. Some research has shown that mindfulness training can also help reduce risk-taking behaviours. However, more research is needed about what types of mindfulness and in what context the practice can help reduce risk-taking behaviour. The present study sought to investigate the effectiveness of two types of brief mindfulness interventions (focused attention meditation and open-monitoring meditation) on reducing risk-taking behaviour. Using a randomized trial design, participants were randomly assigned to a focused attention meditation group, an open-monitoring meditation group, or a control group that listened to a short documentary. To measure risk-taking behaviours, participants completed two blocks of the Balloon Analogue Risk Task and completed a self-report risk-taking survey. Data collection for the study is ongoing, and results will be discussed more in-depth during the presentation.

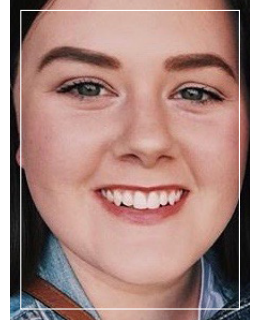


Jessa Davies

Bachelor of Arts (Honours) in Psychology

The Effects of Registered Intermediaries on Youths' Perceived Credibility

Undergoing cross-examination can be stressful; therefore, many countries offer testimonial supports to help vulnerable witnesses provide evidence. A Registered Intermediary (RI) is one testimonial support occasionally offered in Canada. RI's facilitate the communication between individuals and the criminal justice system. The impact of RI's on perceived credibility has not been widely researched, particularly with accused youths. I examined how RI interjections impacted the perceived credibility of youths involved in a sexual assault case. In Experiment 1, I examined whether clarifying the questions through RI interjections influenced the youths' perceived credibility. Participants read a fictional court transcript where both youths testified with an RI or both youths testified without an RI. Participants then rated the youths' perceived credibility. In Experiment 2, the youths' answers were also clarified to examine if this impacted their perceived credibility. Results from this research may inform best practices for cross-examining accused youths.



Amanda Dumoulin

Bachelor of Arts (Honours) in Psychology

Evaluating the effectiveness of the online teaching of introductory psychology at Kwantlen Polytechnic University

In response to COVID-19, KPU switched to mandatory online courses for the past year. This created a new and challenging environment for students and faculty and raised questions about how to best teach students in this online environment. This project was a formative program evaluation that aimed to identify the facilitators and barriers to the mandatory switch to online learning in introductory psychology courses and to determine the effectiveness of teaching introductory psychology online. Self-developed questionnaires were administered to students and faculty who were involved in the introductory courses in Fall 2020 and/or Spring 2021 semesters. These questionnaires queried participants on aspects of the course including engagement, delivery, assessments, teaching/learning skills, work-life balance, and perceptions of flexibility and productivity. The results of this evaluation will assist instructors in improving the delivery of course material and provide strategies to ensure students receive a quality education in an effective online learning environment.



David Hattie

Bachelor of Arts (Honours) in Psychology, Minor in Counselling

The Effects of Male Body Esteem on Self-Perceived Sexual Desirability

There is a plethora of social and clinical literature examining body dissatisfaction in men. However, a less explored area of research is the relationship between men's perceptions of their bodies and how they see themselves sexually. This goal of this study was to (1) explore the relationship between dimensions of body esteem and sexual esteem, (2) explore the relationship between adherence to male gender norms and body esteem, and (3) explore the relationship among body anxiety, body esteem, sexual activity, and sexual esteem. Male participants were recruited through snowball sampling via social media and a post-secondary institution to participate in a study on male body esteem and sexual esteem. Results and discussion are to be explored with the commencement of data analysis.

Keywords: masculinity, body esteem, sexual esteem



Anthony Hull-Kennedy

Bachelor of Arts (Honours) in Psychology, Minor in Counselling

Integrated Agency-Communion and Generativity in Caring Exemplars

This thesis project seeks to examine the heightened levels of generativity and integrated agency and communion in caring exemplars. This will be done through investigation into the life story narratives of twenty-five caring exemplars and twenty-five comparison individuals. Manualized coding procedures will be used to identify themes and subthemes of agency, communion, and generativity. The instrumental co-occurrences of agency leading to communion will be identified as integrated agency-communion. The present work hypothesizes: (i) caring moral exemplars will have a higher proportionality of integrated agency-communion in their life stories relative to comparisons, (ii) caring moral exemplars will have a greater number of generative themes present in their life stories relative to comparisons, and (iii) a moderate positive correlation between generativity and integrated agency-communion will be observed. Through examining these features of the life stories of caring exemplars, researcher can benefit from better understanding the prosocial personality features of caring exemplars.

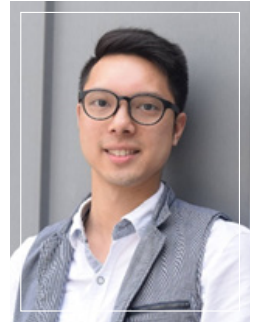


Jonathan Lau

Bachelor of Applied Arts (Honours) in Psychology

Are we really that different? Evaluating the gender similarities of behaviours, attitudes, and traits associated with masculinity and femininity.

Masculinity and femininity are defined as the possession of social role behaviours that are presumed to be characteristics of men or women, respectively. If masculinity and femininity are characteristics of men and women, one would expect large gender differences between the two constructs; however, Hyde (2005) has proposed agender similarities hypothesis stating that men and women are more alike than different. Thus, this study aims to investigate whether behaviours, attitudes, and traits characteristically associated with femininity and masculinity are more similar than different. Through a systematic review, beginning with over 15,000 entries across seven different databases, we applied a set of inclusion and exclusion criteria to select studies examining male and female differences in aspects of masculinity and femininity. Results will be evaluated using Hedge's g , and their overlapping coefficient to visualize the degree of differences or similarities, accompanied by a qualitative synthesis of patterns among these findings.



Jenna Mitchell

Bachelor of Arts (Honours) in Psychology

Increasing Intention to Vaccinate for Human Papillomavirus (HPV)

Human Papillomavirus (HPV) is the most common sexually transmitted infection in North America (CDC, 2019). Approximately 80% of sexually active adults will acquire an HPV infection at some point in their lives. Thankfully, there is a vaccine that is highly effective at protecting against common cancer-causing strains of the virus (BCCDC, 2019). This vaccine is available for both men and women, however for a variety of reasons vaccination rates among adult men remain low (Jaiswal et al., 2020). Recent studies have concluded that reasons for low vaccination rates include gendered misconceptions about HPV affecting mostly women, minimal communication from healthcare providers, and low knowledge about HPV infection and vaccination. Belief in conspiracy theories regarding vaccines may also have an impact on the decision to get vaccinated against HPV (Shaprio et al., 2016). The Extended Parallel Process Model (Witte et al., 2001) will be applied to a gain or loss framed informational poster with the purpose of increasing the viewers intention to vaccinate against HPV.

Stephanie Ng

Bachelor of Arts (Honours) in Psychology

Alone Together in the Social Distancing Era of Academia: Pandemic-Imposed Online Learning and Student Mental Well-Being

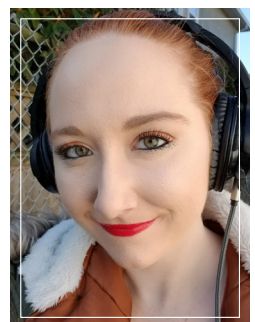
In the wake of the COVID-19 pandemic, KPU had abruptly shifted to an online format to comply with social distancing measures and to slow the spread of the virus. This study aims to examine the mental health status of the KPU student population during this pandemic using an exploratory sequential mixed-methods design. In the qualitative first phase, semi-structured individual interviews were conducted with 15 students to explore any changes to their lives and mental well-being that had been affected by taking online courses during the pandemic. The goal of this phase is to identify any factors, not presented in the literature, that may influence student mental well-being due to the pandemic. In the quantitative second phase, an online survey, taken by an estimated sample of 200 students and analyzed using a series of multiple linear regressions, was used to explore factors which may predict student mental well-being (depression, anxiety, loneliness).

Angela Pelletier

Bachelor of Applied Arts (Honours) in Psychology

Effects of Rumination on Theory of Mind in Individuals with High Traits of Depression

Theory of Mind (ToM) refers to the ability to interpret social information and make inferences about the mental states of others. This ability begins forming in infancy and continues developing throughout childhood, adolescence, and adulthood. Deficits in ToM occur in Autism Spectrum Disorder, Schizophrenia, and other disorders, including depression. However, some evidence exists for increased accuracy of reasoning ToM in people with Generalized Anxiety Disorder who worry. Our study will investigate whether participants with high traits of depression display more accurate reasoning ToM when they ruminate.



Bachelor of Arts (Honours) in Psychology, Minor in Criminology

The Effect of Education in News Media Articles on Attitudes Towards the Not Criminally Responsible on Account of Mental Disorder (NCRMD) Defence.

Individuals that are found Not Criminally Responsible on Account of Mental Disorder (NCRMD) often experience stigma, having a negative impact on their life. People often learn about NCRMD cases through news media and educating the public on this defence has been suggested as an effective means of improving attitudes. The current study aimed to determine whether including an educational component to news articles on NCRMD cases would improve attitudes towards the defence. One hundred and fifty community and undergraduate student participants were randomly assigned to read one of two newspaper articles in an online study. It is expected that on average, participants who received the vignette that included educational information will have more positive attitudes towards the defence compared to participants who only received information about the crime.



PSYCHOLOGY HONOURS COMMITTEE 2020-2021



Psychology Honours Committee Photo 2021 - Microsoft Teams Online Platform

Top row: Dr. Daniel Bernstein, Dr. Gira Bhatt, Dr. Kyle Matsuba, Dr. Patricia Coburn, Dr. Richard Le Grand

Bottom row: Dr. Jocelyn Lymburner, Dr. Cory Pedersen, Dr. Shayna Rusticus, Dr. Karen Parhar

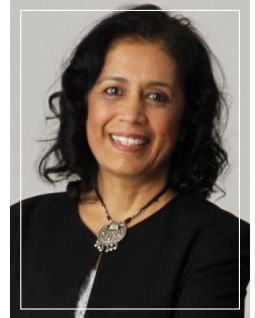
Psychology Honours Chair

A researcher, mentor, academic, and psychology instructor, Daniel Bernstein has been active in the KPU community for over a decade. Known as a “go to” when it comes to developing research ideas, designing projects, running statistics, interpreting results, and providing feedback, Daniel’s outstanding reputation among his students and colleagues alike is evident. He’s published with many other influential individuals in some of the most highly regarded academic journals and publications in the field, and continues to share his knowledge and guidance in the psychology honours program. Daniel remains committed to KPU—attending events, participating on numerous committees, and organizing and participating in conferences that provide opportunities to students both here and at other institutions. Daniel continues to run a highly active student research lab at KPU (Lifespan Cognition Lab) and many students who have worked in the lab regularly credit Daniel’s guidance and mentorship as a crucial element in their successes. Daniel’s demonstrated excellence in his field was further underscored in 2013 when he received a Canada Research Chair Tier II award to study lifespan cognition—the award was a first for KPU—and again in 2014 when he was named a member of the Royal Society of Canada’s College of New Scholars, Artists, and Scientists. In 2018 Daniel was renewed as Canada Research Chair. That year he also received the KPU Distinguished Scholarship Award. Daniel has served as the Psychology Honours Chair since 2014 and is interested in supervising Honours students. Please feel free to contact him if you are interested in the Honours program.



Psychology Honours Supervisor

Dr. Gira Bhatt has been a faculty member in the psychology department since 2003. She received her MA in clinical psychology from the University of Mumbai, and then completed her MA and PhD in social psychology from the Simon Fraser University. Her research interests include culture, self and identity, prejudice, youth well-being, prevention of youth violence, and history and philosophy of psychology. Dr. Bhatt is a recipient of KPU's 2014 *Distinguished Scholar* award for "the scholarship of discovery, creativity, application, teaching and learning and integration". She was the lead for 6-year long SSHRC funded Community-University Research Alliance (CURA) \$1 million project targeting prevention of youth violence and gang involvement. In 2017, the Canadian Psychological Association honored her with an award for *Distinguished Contributions to Public or Community Service*. The federal ministry of Public Safety and the Attorney General has appointed her as the vice-chair and board member to the *Cross Cultural Round Table on National Security*. Dr. Bhatt has served as the secretary of International Relations Committee of the Canadian Psychological Association since 2012. She also writes regularly for local newspapers and is featured on local radio and TV shows discussing a range of social issues from a psychological perspective.



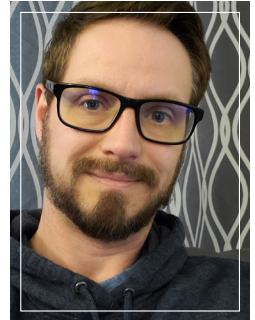
Psychology Honours Supervisor

Patricia (Trishia) Coburn completed her BA (Hons) in Psychology at KPU in 2011. After graduation she completed her MA and PhD at Simon Fraser University in the Psychology and Law program. She received a SSHRC Masters Scholarship and a SSHRC Canadian Graduate Scholarship to complete her graduate research which looked at the effects of cross-examination on the accuracy, consistency, and perceived credibility of children's reports. Trishia has been involved in several projects which look at factors relevant to child victims and witnesses. Her research has been informed by practicum experience working at the Supreme Court of British Columbia and assisting with expert witness testimony on several criminal cases. Trishia began teaching at KPU in 2018 and joined as a full-time regular faculty member in Fall 2020. She regularly teaches Intro Psychology courses, in addition to Cognition, Research Methods, and Psychology and Law. As a graduate student, Trishia co-supervised six Honours students, and over 75 undergraduate research assistants. She is an active researcher in the areas of memory, hindsight bias, witness credibility, and child witnesses. As an undergraduate student at KPU, Trishia was a member of the Connecting Minds Psychology Conference organizing committee. Throughout graduate school she remained connected to the conference and looks forward to supporting it as a faculty member. Trishia is also a faculty supervisor of KPSJ, the Kwantlen Psychology Student Journal. Outside of work, Trishia enjoys large family dinners with her five children, spending time with her dog and two cats, and working in her veggie garden.



Psychology Honours Supervisor

Richard grew up in Montreal, Quebec and completed his B.A (Hons) in Psychology at McGill University. Upon graduation, he spent a year working as a research assistant at the Montreal Children's Hospital's Psychology unit. During this time he became involved in various child development studies within the areas of cognition and perception. Pursuing these research interests, Richard completed graduate studies in the Cognitive Development Lab of the Psychology Department at McMaster University. His Ph.D dissertation titled *The Role of Early Visual Experience in the Development of Face Perception* earned him a CIHR Brain Star Award. In 2003 Richard moved to BC for a two-year NSERC Postdoctoral Fellowship at the University of Victoria where he focused on research within the multi-institutional Perceptual Expertise Network. During his post-doc while instructing a special topics course Richard discovered his love for teaching. Since 2005 Richard has been an instructor at Kwantlen Polytechnic University. He teaches a wide array of courses including Cognitive, Perception, Memory, Statistics and Research Methods. His enthusiasm for teaching earned him a Teaching Excellence Award in 2007. While teaching has become his primary focus, he continues to enjoy conducting collaborative research with several departmental colleagues in various areas such as face perception and perceptual illusions, mindfulness, university online learning, open textbook efficacy, and in-class memory errors. Richard enjoys contributing to the department and university through various committees including the Research Ethics Board, Psychology Library Liaison and Standing Committee on Academic Integrity.



Psychology Honours Supervisor

Raised in rural Newfoundland, Jocelyn started making her way west as she obtained her education. She received an Honours degree in Psychology from the University of Prince Edward Island in 1995, and a MA and PhD in Clinical Psychology from Simon Fraser University and completed a one year internship in Winnipeg, through the University of Manitoba. Dr. Lymburner has been teaching psychology at the undergraduate level for two decades and joined the faculty of Kwantlen Polytechnic University in 2004. She was the recipient of KPU's inaugural Distinguished Teaching Award in 2012. She was also the recipient of the 2020 Dean of Arts Teaching Award. Jocelyn has received national research grants supporting her investigation in the fields of youth mentoring and teaching and scholarship. She has presented her research internationally and shows a strong commitment to the mentoring of undergraduate students, playing a lead role in the Psychology department's Honours program, cofounding the North American Undergraduate Psychology Research Conference ConnectingMinds, and promoting service and community based learning at Kwantlen. Further to research, Jocelyn is always open to working with Honours students provided there is a good match in terms of interests and expertise.

Since 2014, Jocelyn has also served as Degree Coordinator for the department of Psychology working closely with all stakeholders to ensure relevancy and currency of curriculum. As Psychology Degree Coordinator she knows that an important highlight for KPU Psychology students is having so many options, both at the degree level (BA, BAA, and BSC in psychology) and at the course level. Having options also means having questions, so Jocelyn always welcomes students to contact her if they are curious about KPU's Psychology programs.

In addition to her role as an educator, Jocelyn is a Registered Clinical Psychologist. She has training and expertise in the assessment and treatment of adults and couples and has worked in a variety of settings including outpatient and inpatient psychiatric facilities, correctional settings, medical-legal contexts, and currently in a group practice. In her clinical role, Jocelyn additionally offers diagnostic and performance enhancement workshops to a wide variety of audiences including worker and employee advisors, educators, social workers, and police officers. Outside of her work life, Jocelyn is a very proud mother of two wonderful children and enjoys almost any outdoor pursuit.



Psychology Honours Supervisor

Dr. Kyle Matsuba has been a Psychology Instructor at Kwantlen Polytechnic University for the past eight years. He teaches courses in Introductory Psychology, Development (Infancy, Childhood, Adolescence and Adulthood), Research Methods and Program Evaluation. In addition, he is an active researcher focusing on environmental attitudes and behaviors (SSHRC funded). He also studies identity and personality development, having recently co-authored a book (with Dr. Michael Pratt, Wilfrid Laurier University) on personality development in emerging adulthood to be published by Oxford University Press. Finally, Dr. Matsuba spends a few months each year in northern Uganda working with children, teachers and school administrators implementing and evaluating a social-emotional learning (SEL) – based program in schools within this post-war region. This work is in association with the Dawn Foundation (mindup.org) and has received grant support from the Mind and Life Institute (mindandlife.org). In recognition of his work in northern Uganda, Dr. Matsuba received the Association for Moral Education's Good Word Award in Dec. 2016.



Psychology Honours Supervisor

Born and raised on Vancouver's North shore, Karen knew her calling was in forensic psychology after taking an introductory psychology course at UBC. After volunteering in the forensic psychology lab at UBC and completing her honours degree, Karen braved Saskatoon's winters while completing her M.A. and Ph.D. in Applied Social Psychology (Forensic concentration) at the University of Saskatchewan. Karen has been involved in a variety of applied research projects involving correctional treatment programs, housing and even health. Her main area of research is crime desistance. Karen worked as a Senior Research and Evaluation Analyst for the Ministry of Community Safety and Correctional Services for the Government of Ontario before returning to her hometown of Vancouver in 2011 and joining the Psychology faculty. She is currently studying how motivation and social factors work together to help ex-offenders desist from crime in a project that was funded by the Kwantlen Katalyst Grant Program and the Douglas College Research and Scholarly Activity Project Fund. Karen was also involved in producing the documentaries "100 Days of Freedom" (2006), which followed three federal offenders after being released from incarceration, and "Stolen Sisters" (2007), which profiled missing and murdered Indigenous women.



Psychology Honours Supervisor

Cory Pedersen earned her PhD in developmental psychology from the University of British Columbia in 2004 as the recipient of both the Sir Isaac Walton Killam Memorial Scholarship and a SSHRC Doctoral Fellowship. After teaching many years as a graduate student at UBC and sessional instructor at Kwantlen (College), Cory was hired full time at KPU in 2005. Since then, she has sat on several departmental and institution-wide committees, served as editor of the departmental newsletter “Synapse” for three consecutive years, has co-organized the very successful undergraduate student conference in Psychology, “Connecting Minds”, since 2008, and has mentored one M.Sc. student and 20 honours students (11 of whom have continued to graduate school). In 2012, Cory founded the Observations and Research in Gender and Sexuality Matters Research Lab to further her interests, while giving students the opportunity to gain valuable research experience. Indeed, with support from several research grants provided by KPU, numerous collaborative projects with the lab have been presented at respected psychology conferences and published in peer-reviewed journals. Cory is completing her second (and a half) term as Psychology Department Chair and is the recipient of both the KPU Distinguished Service Award and the Distinguished Scholarship Award. In her free time, Cory enjoys golfing and dancing poorly, reading prolifically, and loving movies, binge-worthy television shows, her family, and her dog.



Psychology Honours Supervisor

Shayna completed her undergraduate degree in the Bachelor’s of Arts in Applied Psychology at KPU in 2003. From there she went on to the University of British Columbia (UBC) to pursue her Master’s and PhD in Measurement, Evaluation and Research Methodology. She began teaching as a sessional instructor at UBC in 2008 and then at KPU in 2014. She joined KPU as a full-time faculty member in 2016. Her main teaching areas are in research methods (quantitative and qualitative), tests and measurement, and statistics. She started a research lab in 2018 called the Group Dynamics and Psychometrics lab (gdplab.ca) and is actively involved in research, generally focusing on issues related to measurement, scale development, validation, and program evaluation, as applied to areas such as body image, student readiness, the learning environment, and teamwork.



ACKNOWLEDGEMENTS

Guests of Honour

Dr. Alan Davis, *President and Vice Chancellor*

Dr. Deepak Gupta, *Associate Vice President for Research, Innovation, and Graduate Studies*

Dr. Sandy Vanderburgh, *Provost and Vice President, Academic*

Honours Chair and Seminar Instructor

Dr. Daniel Bernstein

Honours Students

Adrienne Campbell

Amanda Dumoulin

Jenna Mitchell

Caleb Chang

David Hattie

Stephanie Ng

Cydney Cocking

Anthony Hull-Kennedy

Angela Pelletier

Brett Davidson

Jonathan Lau

Makayla Vandermark

Jessa Davies

Honours Students Research Facilitation and Support

Ivy Ng, *Psychology Lab Manager, Instructor, and SONA Research Pool Administrator*

Honours Supervisors

Dr. Daniel Bernstein

Dr. Richard Le Grand

Dr. Karen Parhar

Dr. Gira Bhatt

Dr. Jocelyn Lymburner

Dr. Cory Pedersen

Dr. Patricia Coburn

Dr. Kyle Matsuba

Dr. Shayna Rusticus

Office of the Dean

Dr. Diane Purvey, *Dean, Faculty of Arts*

Dr. Shelley Boyd, *Associate Dean, Faculty of Arts*

Dr. Wade Deisman, *Associate Dean, Faculty of Arts*

Dr. Greg Millard, *Associate Dean, Faculty of Arts*

Psychology Department

Faculty and Staff

Mary Illical, *Department Assistant*


Brandon Justus, *Psychology Lab Instructor*

Special Thanks

Ajaypal Cheema, *IT Systems Support Technologist*

Leah Coray, Jessica Fainstein, David Nguyen, and Mike Teigen, *Marketing Communications*

Kwantlen Psychology Society



It is never too early to start thinking about the Psychology Honours Program!

Are you interested in further study and graduate school, or in gaining more extensive research experience? You can augment your knowledge and skills by taking the **Psychology Honours Program**, which is a 12-credit research-focused program **available to students in the BA, BAA, and BSc degrees**. An Honours degree is particularly well suited for students who wish to pursue graduate studies as it offers students an opportunity to develop a research project under the direct supervision of a faculty member. The Honours program can be completed within the 40 courses required for a four-year Bachelor Degree. Check our website for more information.

➤ kpu.ca/arts/psychology/honours

CONGRATULATIONS
TO OUR PSYCHOLOGY
HONOURS CLASS
2020-2021





kpu.ca

