**Psych-Sim Online: Trusting Your Memory**

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Student ID: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Course/Section: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Instructor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

This activity will be exploring different types of memory and how they work. Please read the article and complete the video activity listed below and use them to answer the following questions.

**Memory Recall and Recognition**Watch these videos:
<https://human-memory.net/memory-recall-retrieval/> <https://www.youtube.com/watch?v=vGLvr5jypLE> (0:00-3:55)

1. What is memory retrieval?
2. What does it mean that memory recall is state-dependent?
3. Define recognition and recall.
4. Which retrieval method is more effective, recall or recognition? Why?
5. What is a recency effect?
6. What were your scores on the recall and recognition test? Which test did you perform better on?
7. What was your pattern of performance (i.e., did you remember more words at the beginning, end, middle, etc.)? Did your results show a recall effect (primacy, recency, contiguity)?