



Kwantlen Polytechnic University Handball Rules & Regulations

General Rules

Review the following rules and regulations to refresh your understanding of Handball. These will be posted online if you would like to refer back to them:

www.kpu.ca/sportrec/tournaments

KPU Drop In/Intramural Policies

All participants are expected to follow the KPU code of conduct and respect the Coordinator, officials, sport and opposition. KPU encourages sportsmanship and fun. When participating in sports and recreation it is a tendency to get competitive, this is encouraged but aggressive behavior and language is not. If this is an issue you and whoever is associated with you (including spectators) will be asked to leave the premise. Depending on the severity, you may be asked to permanently leave from the tournament.

All participants must have their **KPU STUDENT/STAFF/ALUMNI ID** with them before playing.

Authority

If any individual has questions or concerns regarding Handball, please contact sportrec@kpu.ca or the Sport and Recreation Programs Coordinator, julia.nobauer@kpu.ca.

Sportsmanship

Please play safely in a respectful manner and with good spirit at all times with opposing players and KPU Sport & Rec staff. Derogatory language, fighting, hate speech or any such verbal or physical abuse will not be tolerated. Any player not abiding by the rules and regulations will be removed from the tournament.

Officiating

During the tournament a Sport & Rec representative will be officiating the game with additional support for the scoreclock.

Dress Code

Must have appropriate athletic pants/shorts and shoes. NO JEANS.

Scheduling: Games will be scheduled before the start of the tournament. Wednesday July 10th from 3-6pm. After the round robin stage there will be a 10-minute break until the semi-finals and final match start.

Uniforms:

- Pinnies will be provided for each team.
- Must have appropriate athletic clothing and footwear. (no jeans or sandals are allowed)

Eligibility: To be eligible to play in the tournament all players must have registered online <https://www.kpu.ca/sportrec/league/registration> .

Sign In: Players must sign in before the start of the tournament with the Sport & Rec staff working at the sign in table.

Roster: Max team size: 8, 6 vs 6 on court (including keeper), no spares for games will be permitted outside of each team's roster.

Game Play

All games will be played at the Sport & Rec gymnasium at the Surrey campus. Games will be coordinated and scheduled beforehand. Pinnies will be provided to distinguish 1 team from another. A Sport & Rec representative will officiate the tournament games.

All teams will get atleast 2-3 games in during the round robin stage, top 4 teams will move on to the playoffs playing semi-finals and then the winners on to the final game.

1. **Start of Game:** Teams will set up on their own side of the gym. The ball will be tossed at the centre circle, the first player to grab it starts with possession.
2. **Scoring:** A point is received when a team scores the ball in to the opponent's net. The defending team will then start with the ball by their goal.
 - a. There is a semi-circle area around each goal area, this is referred to as the crease and players must shoot from outside that crease.
3. **Moving the Ball:** When a player has possession of the ball they are only able to take 3 steps until they must pass the ball. Anymore steps than this and the ball is overturned to the opposing team. The steps will be counted by the officiant, they will blow the whistle and say "too many steps". If a player is catching the ball the steps as they catch their balance do not count in their designated amount of 3 steps.
 - a. Players can touch the ball with any part of their body that is above their knee. Cannot use feet to kick the ball, if this happens the ball will be overturned to the opposing team.

4. **Change of Possession:** Occurs when the ball is thrown to the opposing team or the officiant whistles and overturn.
 - **Out of Bounds:** Is when the ball goes outside of the basketball thick red line. Any ball thrown in to the bleachers is given to the opposing team.

Game Time:

- 1) **Length:** Matches consist of 10 minute games. There will be no overtime during the round robin stage. 5 minute breaks in between games.
- 2) **Playoffs:**
 - a. **Tiebreaker:** Overtime until a golden goal is scored, during the semi-finals and final round.
 - b. **Finals:** Overtime with Golden Goal, shootout from the free throw line (best of 3) if no goal is scored after 5 minutes