

Kwantlen Polytechnic University
Sport & Rec Spotlight
Applicant



Are you interested in being featured in our semester based Activity Guide? Apply now to be part of the Sport & Rec Community Spotlight’s page in our upcoming guide!

How can you apply? Fill in the below information and send it to: sportrec@kpu.ca

Name: _____

Email: _____

Are you a KPU Student or Employee: _____

Select any of the following options that apply to you:

- I use the KPU fitness centre
- I use the KPU gymnasium during open gym times
- I participate in the KPU fitness classes
- I participate in the KPU personal training program
- I participate in the KPU intramurals

Tell us in 3-5 sentences “How does physical activity positively impact your overall wellbeing?”
