

Get the latest information from KPU International Advising!



Happy New Year 2024! A new year has arrived! We at KPU International Advising would like to extend our warmest welcome to all international students who will be joining us for the Spring 2024 semester. Whether this is your first time at KPU or you are a returning student, we hope that you will have a new semester filled with joy, growth, and success. If you're looking for something fun to do, try [free ice skating at Robson Square](#) in downtown Vancouver. Now, let's explore some important information and events for January 2024.

The Spring 2024 semester is here!

Time to kick off a thrilling new semester at KPU! To all the knowledge-chasers who will be joining us in **Spring 2024**, buckle up for a ride like no other. We at [KPU International Advising](#) are so happy to welcome you on board and we look forward to helping you achieve success!

Don't miss out on important [Dates & Deadlines](#) and the [Academic Schedule](#) for Spring 2024! For the latest news and updates from us, please subscribe to our [Instagram](#) and [Facebook](#).



Your First Semester in 13 Weeks

If **Spring 2024** is your first semester ever at KPU, visit [Your First Semester in 13 Weeks](#) to see what you need to do and available resources to help you better transition into a Canadian post-secondary institution.

If you have more questions or need help with your studies, please visit [The Learning Centres](#) where you can find different support services and resources to help build up your skills and confidence to succeed in your academic journey at KPU.

PGWP Virtual Workshop in Jan 2024

Interested in learning more about the **PGWP application process**? Join our virtual workshop to gain valuable insights and tips from our **International Student Advisors**, who will guide you through the detailed process of applying for a PGWP.

Time: **Wed, Jan 17, 12:00 - 1:30 PM**

Location: **Online on MS Teams**

For more information on the event, please visit [KPU International Advising!](#)



Important IRCC Updates on Distance learning & Working hours for international students

IRCC has recently extended important temporary policies affecting many international students:

- Eligible international students already in Canada and applicants who already submitted a Study Permit application (including extensions) as of Dec 7, 2023, are allowed to **work off campus more than 20 hours per week while class is in session until April 30, 2024**. Click [here](#) for more details!
- Extension of distance learning facilitation measures allowing eligible international students to **count time spent studying online towards the length of a future PGWP**. Click [here](#) for more information!

Graduation Checklist for your last semester

If Spring 2024 is your **last semester** at KPU, take a moment to look through our [Graduation Checklist!](#) This important guide will ensure that graduating students have all the essential information to facilitate a seamless departure from KPU and embark on your post-graduate journey with confidence.

Congratulations on reaching this critical milestone! We look forward to celebrating your accomplishments in the upcoming Convocation ceremony!



Health & Wellness

It can be hard to resist the temptation to stay up late and sleep in over the holiday break. Before the new semester starts, let's find out [some tips to get your sleep routine back on track](#).

Sitting in a fixed position for prolonged periods of time can increase risk of joint pain or injury, try these [5 upper body exercises](#) to relieve spinal tension and shoulder mobility.

Please feel free to contact us at KPU International if you have any questions or require support