



Date: September 22, 2016

Dear: Students in Computer Science 1100 with Instructor: Medhi Talwerdi at the Surrey Campus, Kwantlen Polytechnic University

Public Health is writing to inform you that you may have been exposed to a case of mumps while attending this class on September 12, 2016.

Most people are protected from mumps either by immunization, or by having mumps infection in the past. Some people who have been vaccinated may still get mumps, but it is typically milder illness.

Who is considered protected against mumps?

- Individuals with 2 documented doses of a mumps-containing vaccine after 1 year of age (MMR is the vaccine that protects against mumps, measles and rubella). Two doses of MMR are recommended and available free for all individuals born on or after January 1, 1970 (January 1, 1957 for health care workers).
- Individuals born before January 1, 1970 (January 1, 1957 for health care workers) are considered protected due to natural disease. No MMR immunization is recommended.
- Individuals with history of mumps disease.

Symptoms can start between 12 to 25 days after exposure. We recommend you watch for signs and symptoms of mumps and alert Public Health immediately so steps can be taken to prevent infecting others.

Information about the signs and symptoms of mumps and how it is spread can be found on the attached **Mumps HealthLinkBC** <http://www.healthlinkbc.ca/healthfiles/hfile14c.stm>

What should I do if I have symptoms?

- Contact Public Health if you develop a fever, neck swelling or other symptoms that may be mumps.
- You should stay at home and keep away from others who may not be protected.
- If you need to visit a doctor’s clinic, laboratory or hospital, please put on a mask at arrival to avoid infecting other people. Bring your immunization records with you.
- If the doctor thinks you may have mumps, a blood test, throat swab and /or urine sample may be necessary to confirm mumps.

Please take this opportunity to review your immunization status. If you need an immunization, please contact your local Public Health Unit, family doctor, or for those greater than 5 years of age you may also contact your local pharmacy.

If you have any questions, please contact your local Public Health Unit at one of the numbers below and ask to speak to a Public Health Nurse or contact the Health Link BC toll-free at 811.

Abbotsford HU Tel: 604-864-3400	Agassiz HU Tel: 604-793-7160	Burnaby HU Tel: 604-918-7605	Chilliwack HU Tel: 604-702-4900	Cloverdale HU, Surrey Tel: 604-575-5100	Guildford HU, Surrey Tel: 604-587-4750
Hope HU Tel: 604-860-7630	Langley HU Tel: 604-539-2900	Maple Ridge HU Tel: 604-476-7000	Mission HU Tel: 604-814-5500	New Westminster HU Tel: 604-777-6740	TriCities HU, Port Moody Tel: 604-949-7200
Newton HU, Surrey Tel: 604-592-2000	North Delta HU Tel: 604-507-5400	North Surrey HU Tel: 604-587-7900	South Delta HU Tel: 604-952-3550	White Rock HU Tel: 604-542-4000	