

Study Strategy Check

Name _____ Week starting (date) _____

Time to complete	Tasks	Done	Time taken each day						
			M	T	W	Th	F	S	S
	Read the chapter or section on the topic								
	Read the assignment questions								
	Outlined my assignment tasks								
	Read through my notes on the topic								
	Made notes on the topic								
	Completed homework questions								
	Completed examples in text or worksheet								
	Found useful on topic information online								
	Reviewed the work I did in class								
	Completed practice exercises								
	Met with instructor on areas of confusion								
	Reread chapters before exams								
	Completed practice test for exam								
	Made up potential exam questions								
	Tested myself on my own questions								
	Met with my study partner(s)								
	Took time to get some exercise								
	Other...								

Study Strategy Check

Please answer the following questions so we can better help you with your goals:

1. Are you passing all your courses with a grade of C or better at the moment?

Yes

No

2. How often have you met your instructors during their office hour to ask a question before or after class?

once

twice

three times

many times

not met with anyone

3. To what extent have you been able to adapt your study strategies for the different subjects you do?

no adapting

difficult to adapt

some adaptation

reasonable adaptation

no problems adapting

4. In which courses do you have a study partner that you work with regularly?

5. Is your goal to be awarded scholarship or maintain your current scholarship?

Yes

No

6. What grades you want to achieve for each of your courses?

Course	A	B	C	D

7. How confident do you feel about achieving the grades you are aiming for?

Course	Very confident	Confident	Somewhat confident	Unsure	Not confident