

HELPING SOMEONE WHO DISCLOSES SEXUAL VIOLENCE

WHAT YOU CAN DO*



KEEP THEM SAFE

- » If there's immediate danger, call 9-1-1 or [KPU Security](#).
- » Make sure they have a safe place to go or stay.
- » Encourage them to seek medical help if needed.



LISTEN AND SUPPORT

- » Let them share as much or as little as they're comfortable with.
- » Don't ask detailed questions about what happened.
- » Acknowledge their courage for confiding in you.
- » Ask them what they want to do next, whether that means doing nothing or telling someone else. Respect whatever choice(s) they make.



FIND SUPPORT SERVICES

- » Help them understand the available support services.
- » Share information and resources without pressuring them. If you're on campus, offer to accompany them to relevant offices during business hours. Provide the after-hours helpline number, such as **Victim LinkBC 1.888.563.0808**.



TAKE CARE OF YOURSELF

- » Hearing about sexual violence can be tough and emotionally challenging, especially if you know the people involved.
- » Find someone you trust to talk about your feelings and make use of available support services for your own self-care.

Reporting or seeking further support:

- » For students disclosing sexual violence, suggest they reach out to srr@kpu.ca or call 604-599-2950.
- » For employees disclosing sexual violence, contact a **KPU HR Labour Relations Specialist**.

Policy & Procedures:

- » [SR14 Sexual Violence and Misconduct Policy/Procedures](#)
- » [kpu.ca/policies](https://www.kpu.ca/policies)

* How you act to a disclosure of sexual violence can have a significant impact on what a victim/survivor chooses to do next. Remember the victim/survivor is seeing you as a safe person to confide in. You have the ability to empower them and assist them to move forward. It is common to feel unsure of how to respond when receiving a disclosure of sexual violence and we hope these tips are helpful.

