



KEEPING CONNECTED OVER THE YEARS

KPURA Society - Updates

Board Report for January, 2019

The KPURA Board was formed almost a year ago when the constitution and bylaws were registered under the BC Societies Act. The Board continues to meet monthly and is actively organizing the next step, which is memberships. Progress has been made to create an account within the KPU Finance Department. Once completed, membership fees will be collected. The account, when active, will accept any of five forms of payment (cash, cheque, debit, credit, and e-transfer).

The Board is also busy planning interesting and fun events for 2019. Events held during 2018 were well attended. There were five tours: Spent Grounds Coffee Roaster, Wilson Building, Vancouver Noir Walk, Gulf of Georgia Cannery, and Surrey Heritage Rail Tour. KPURA also hosted the second Festive Season Lunch at Seasons in the Park, Vancouver. Attendance at all of these events ranged from 10 to 28, of which 6 to 18 were KPU retirees. Our First official

AGM held at the Richmond Campus in April, 2018 recorded 33 attendees.

Since 2017 when we became active 70 faculty and administrators and nine staff members have attended at least one event. In total 101 individuals including guests and spouses have participated to date. We are always open to tour and other event suggestions for 2019 and beyond. Send us a quick email.

We have three events scheduled for the spring:

Feb 16, Country Vines Winery

April 11, UBC Botanical Gardens

May 13, AGM at KPU Surrey Campus

We hope to see you at one or more.

Your Board of Directors:

Chair – Yale Shap,

Vice-Chair – Carol Barnett,

Secretary– Alice Macpherson,

Treasurer - Roger Elmes

Member at Large – Robert Wood

More information and a link the membership application forms can be found at www.kpu.ca/retirees

KPURA News

Volume 2 Issue 2 January 2019

EVENT HIGHLIGHTS



Alpine shooting-star, or *Primula tetrandra*

Country Vine Winery Tasting

Join us on February 16 in Richmond for a pleasant afternoon wine tasting event.

UBC Botanical Garden Tour

We will tour UBC Botanical Gardens on April 11, rain or shine.

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FVHRS & Cannery Tour Reports

Notes and pictures from our tours of the Gulf of Georgia Cannery and the FVHRS.

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Fraser Valley Heritage Rail Tour

November 5, 2018

by KPURA Group

The KPURA group arrived at the Cloverdale Station on November 5 in high anticipation of our tour. Our connection here was fellow KPU retiree, John Sprung, a long time rail enthusiast and current Chairman of the Board of the Fraser Valley Heritage Rail Society. He, along with a number of other volunteers of the society, gave us a delightful and memorable tour.



After collecting everyone, we boarded one of the refurbished Interurban car for a ride to the end and back on the dedicated rail line. While we travelled, John and his crew told us about the history of this car and pointed out some of the features of the construction and use. This included the rattan covering on the seats, the ventilation, and the vintage advertising posters above the windows.

It must be noted that in the summer, there is a longer trip to Sullivan Station and back. It would certainly be worth coming again.



Photos by Alice Macpherson.

We arrived at the restoration barn and disembarked. After a picture session in front of "our" car, we split into two



groups for a more detailed tour and history of the Interurban rail cars, their history, and restoration.

The tour gave us many insights into the rich background of the Interurban service and how it was integrated into the farming life and expansion of the Lower Mainland.

It is amazing what the volunteers have done to restore and refurbish the cars and other equipment that they have recovered. Truly a labour of love and dedication. Each of them that we met was deeply involved and extremely knowledgeable about the society and everything that it was doing.

Another highlight was the velocipede. This one person rig was used, in the past, to patrol rail tracks. It would certainly have kept the workers in top physical condition as it is entirely powered by the rider, using a rowing type motion. Everyone who wanted got to try it out in the barn. I know several of us wanted to get it out on the 'open track' for a run.



There were lots of pictures taken and opportunities to chat with familiar faces (and meet a few spouses).

We hope this has whetted your appetite for his history and that you will take advantage of a similar tour over the summer months.

Gulf of Georgia Cannery Tour

September 18, 2018

by Carol Barnett

KPURA visited the Gulf of Georgia Cannery National Historic Site on a beautiful sunny morning in September. There were ten of us who met our tour guide in front of the Steveston Cannery site.

The cannery, built in 1894, dominated canned salmon production on the west coast for decades. It was closed in 1979. After intense lobbying by the local community, it



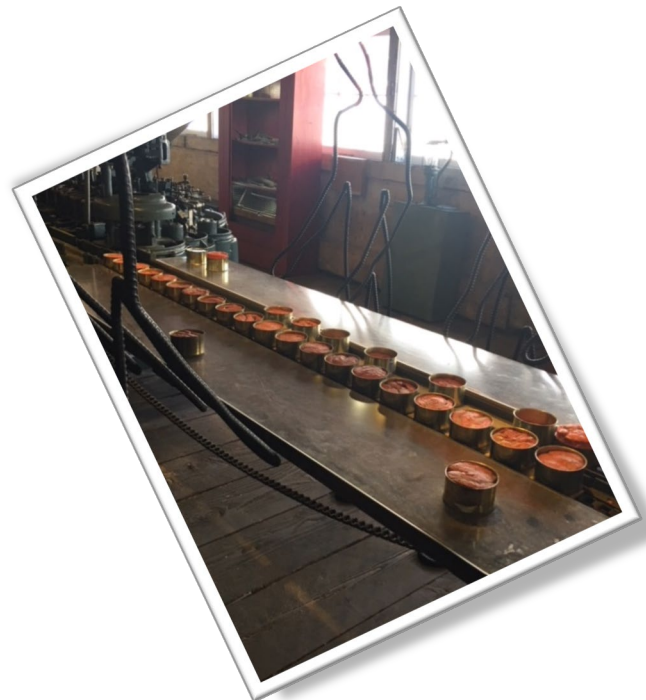
Our highly informative guide, Edith, took us through the exhibits documenting changes in fishing strategies from 1894 to present day.

The steady mechanization of the canning line was depicted with static and working displays. I was particularly interested in the equipment used to refine the canning line by products into saleable fish oil and fish meal. There were many fascinating stories about the people who lived in Steveston and worked in the fishing industry and at the cannery.



was purchased by the federal government and opened as a Parks Canada national historic site in 1994, its centennial anniversary. This dynamic tourist destination in Steveston (part of Richmond) is managed by the Gulf of Georgia Cannery Society. The tours and exhibits are constantly changed and improved by Society volunteers.

The custom tour organized for KPURA began with a new documentary which describes the history of the cannery through a social, environmental, and mechanization lens.



Photos by Fernando Rey.

KPURA capped off this excellent tour and spectacular views of the harbour with a fish and chips lunch at Dave's, the best in Steveston.

UPCOMING EVENTS

Country Vine Wine Tasting

Carol Barnett

FEBRUARY 16, 2019, 1:30 PM

KPURA invites you to an afternoon of wine tasting and discussion at Country Vines Winery, 13060 Steveston Highway, Richmond, BC on Saturday Feb 16 at 1:30 pm.

This operation is owned and run by a many generation Richmond farm family who have branched out into grapes and wine.

The Winery is located within Richmond Country Farms (south side of Steveston Hwy), just east of the Market building in the old family home.

We will meet in the wine store. There Eric Urquhart will introduce us to their many handcrafted wines. He says that he can answer 'any' question about wine! This is his passion and he has the technical background to ensure accuracy.

Grapes are grown on their Richmond farm. They have a second vineyard in the Okanagan. We will enjoy tasting a selected group while nibbling on cheese and crackers.

Attendees can wander through the garden and old tractor displays which are adjacent to the Wine Store. There is a covered sitting area in the garden (weather permitting).

More information at: <https://www.countryvines.ca/>

You will pay \$10 per person when you arrive. Please pre-register (max 15 due to space limitations in the store) with an email to KPURA.Events@gmail.com



UBC Botanical Gardens Tour

Alice Macpherson

APRIL 11, 2019, 11 AM



The UBC Botanical Garden, at the University of British Columbia, was established in 1916 under the directorship of John Davidson, British Columbia's first provincial botanist. It is the oldest botanical garden at a university in Canada. The original mission of the garden was research into the native flora of British Columbia. Over the past 100 years, the mission of UBC Botanical Garden has broadened to include research, conservation, teaching and public display of temperate plants from around the world.

Immerse yourself in the world of wild-collected plants! Garden highlights include internationally recognized collections of magnolias and maples. Stroll through the impressive Asian garden with over 400 kinds of rhododendrons, travel the continents in the alpine garden, explore the BC rainforest garden, head back in time in the traditional physic garden overflowing with herbs, discover food growing techniques in the food garden, and much more. No visit is complete without a visit to the Shop in the Garden and Garden Centre for a keepsake.

Much of UBC Botanical Garden is accessible by wheelchair or motorized cart for guests with accessibility and mobility challenges. The newly surfaced pathways greatly improve accessibility in the Garden, especially in wet weather.

They are located at 6804 SW Marine Dr, Vancouver, BC where there is a large free parking lot. For more information you can go to

<https://botanicalgarden.ubc.ca/visit/tours-walks/>

You will pay \$12 per person when you arrive. Let us know if you can join us for this event by sending an email to

KPURA.Events@gmail.com

Second Annual Seasonal Lunch

December 2, 2018

What a wonderful lunch we had at Seasons in the Park at Queen Elizabeth Park in Vancouver for our second annual seasonal lunch of celebration. The location was picturesque and the company delightful.



Elaine Benton, Marg Pybus, and Judith McGillivray



Roger Elmes with Marie-Claire Rucquoy



Barbara Thomas-Bruzzese, Yale Shap, and Valerie Shap



Lida Amir and Robert Wood



Carol Barnett and Fernando Rey



Phil Warren, John and Betty Marisigan



Nancy Caldwell and Elaine Benton



Tally and John Wade



John and Anne Sprung



Bev and Don Currie



Kate and Peter Robbins

(photos by Peter Robbins and Alice Macpherson)

Oral History Project Interviews Update

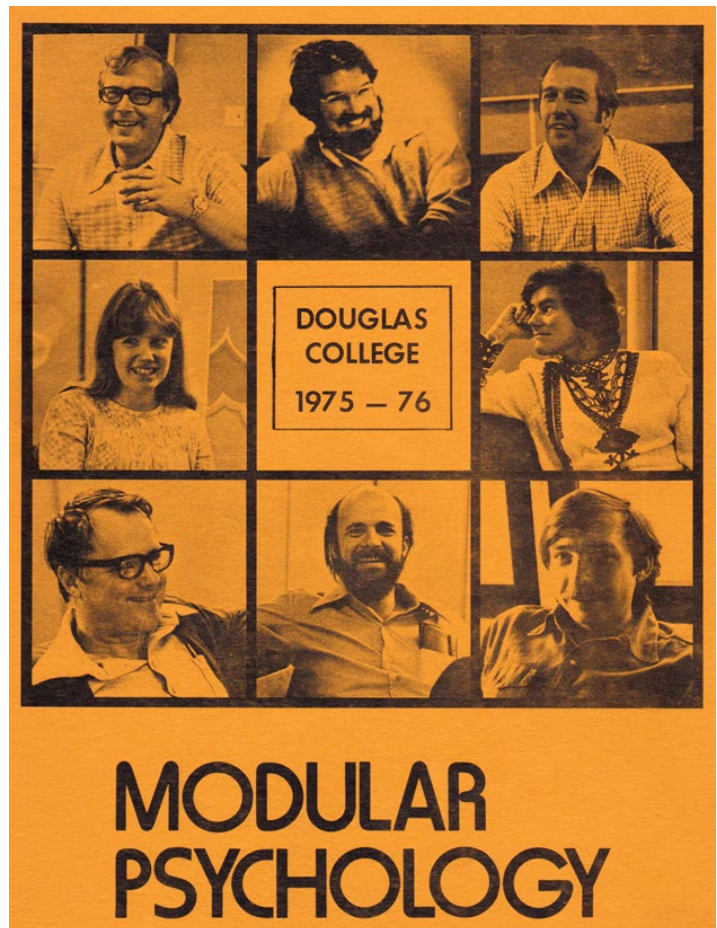
Roger Elmes

One of the larger academic departments at KPU began in 1970 with the opening of Douglas College. By 1972 it boasted the eight young looking faculty members pictured above. Those in the left and center columns along with John Spencer chose Kwantlen College at the 1981 split. Pictured above Left to right - top row - Ron Kinley, Ken Dercole and Jay McGillivray; second row Sara Pawson (then Mitchell), and Val McBain; bottom row Phil Warren, Lee Woodson and Ed Biggs. By September 1981 Ron, Ken, Sara, Phil, Lee and John were toiling away at Kwantlen while Jay, Ken and Ed carried on at Douglas.

Through the 70's, 80's and 90's, the Kwantlen Psychology Department provided first- and second-year university transfer courses and service courses for other departments. The majority of the offerings were introductory psychology courses, but the department also offered a core of second-year courses that prepared students for the pursuit of a major in psychology at one of British Columbia's universities, or provided essential coursework for those pursuing a variety of diplomas. Demand for psychology courses has always been high, and psychology continues to be one of the highest-enrolled departments at Kwantlen.

The teething challenges of Kwantlen College included recession and restraint, and no additional regular faculty were hired until the end of the late 1980's. It wasn't until the 1988-89 academic year that the annual number of sections in psychology increased from 47 to 60. This was the beginning of a period of rapid growth for Kwantlen and the Psychology Department, and by the 1989-90 year, the number of course offerings had risen to 72, and two new regular faculty positions were added. A new campus in Surrey opened on 72nd Avenue in the fall of 1990, and the student population underwent a 30% expansion. Kwantlen would add a new campus in Richmond in 1992 and in Langley a year later. The Psychology Department expanded throughout the nineties and the number of course offerings continued to rise. With more classes, additional faculty members were needed. New faculty brought new interests, specialties and an enrichment of the psychology curriculum.

Kwantlen evolved into Kwantlen University College in 1996, and was given a mandate to create and offer applied baccalaureate degrees. In the fall of 2000, the Psychology Department launched its first baccalaureate degree program, the Bachelor of Applied Arts (BAA Psychology). New faculty were brought in to support this new degree



and to provide new courses. The first students admitted to the degree program graduated in the spring of 2003. The B.A.A. degree in Psychology was strongly research-oriented, with a curriculum that included extensive training in statistics and research design. The Department's second degree-offering, a Bachelor of Arts degree, was launched in 2005 which offered students a degree with a choice of one of five areas of concentration, with fewer research-based courses and greater latitude in the selection of elective courses.

In 2008, KUC became KPU, with a new mandate to provide both undergraduate and graduate degrees with a technical and applied focus. Prior to the declaration of Kwantlen as a polytechnic university, the Psychology Department had been contemplating the addition of a B.Sc. degree to its offerings, and the time now seemed appropriate to proceed. Work began in earnest on the B.Sc. program, which was launched in the fall of 2009. Thus, Psychology will be offering 4 degrees by the fall of 2009, namely a 2-year Associate Arts degree and three 4-year baccalaureate degrees (BAA, BA and BSc). PSYC was then offering 190 sections per year with 63 different courses taught by 25 regular faculty. (Information borrowed from 2009 self-study with modifications)

Sounds of Nature

Lee Woodson

Recently Monique and I arose early in the day in late September near Harrisburg, Virginia. We were traveling on our road trip from Florida to the Maritimes in Canada. We had driven partway on the Skyline Drive the day before. So after breakfast we headed back to the Skyline Drive with its breath taking vistas at nearly every bend in the road as we continued northward. Even though it was early morning and a bit chilly, Monique was driving and announced that she was rolling her driver side window down a few inches in order to let in "the sounds and smells of nature!" I smiled as we drove on. She always likes having a window rolled down a bit and I almost always roll them up. We drove on with the window down a little.

Within a few minutes, she shrieked, "oh there is a bumble bee in the car and it is between my legs." Monique was driving slowly up the twisty road, but there was really no shoulder to pull over and stop to address the moment of panic. I told her to drive on until we come to a pull out which is usually often on Skyline Drive. But, none appeared and the bee was moving around just a little, but well given its strategic location Monique was somewhat concerned. I told her I would squash it, but she said "No! I will find a safe place to pull over and open my door and swing my leg out so it can fly away." Sure enough, after another minute or two a pull out appeared and that is exactly what she did. The bee was gone. It was still alive and safely out of the car.



We laughed about her wish to experience the sounds and smells of nature as she rolled up the car window and we drove off once again, but in those first few moments I heard, thump, thump and I said to her.

"What's that?" She stopped the car and said with sadness in her voice..."Oh, it was a squirrel that I just ran over! I /tried to avoid it, but it ran under the car and well, I hit it. I feel awful!"

We both started to laugh again as it hit home that we were having a moment with Mother Nature. One that was just simply unavoidable. This is one of those stories that have made its way in the annals of our family history forever. ☺

THEN AND NOW

Snow Days Green Timbers



1983 Surrey



Photos by Lee Woodson

OTHER AFFILIATED GROUPS

Third Age Learning at Kwantlen (TALK)

TALK is a participatory learning experience with no quizzes, grades or prerequisites. The learning process is lively, full of discussion, controversy, humour, insight and wisdom. In addition to participating in courses, you can become a course facilitator, plan curriculum, identify speakers, prepare newsletters, recruit new members, help organize special events or promote TALK. For further information on being a TALK volunteer, contact Chair Robin Heath at robiheath@gmail.com.

There are many courses available to enjoy. Check out the selection at: <http://www.kpu.ca/talk/courses> We hope this will inspire more retirees to put together a course of your own.

TALK also loves having current and previous faculty offer courses. Home page: <http://www.kpu.ca/talk>

CURAC/ARUCC Conference

CURAC and the University of Guelph Retirees Association (UGRA) are looking forward to welcoming you to the 2019 conference from May 22-24, 2019. Check out the conference website at: <https://ugra.ca/curac/conference> today for program details, accommodation and registration.

Come join us in the Royal City as retiree association members from across the country gather to share ideas and information and also to participate in a series of educational sessions geared to retirement life. This year's sessions focus on health, a major area of research strength at the University of Guelph. Check out the program and speakers.

<https://ugra.ca/curac/curac-conference/curac-conference-2019-agenda>

KPU RETIREES ABOUT TOWN

Acting in Retirement

Peter Robbins

Long ago, years before I started teaching at Kwantlen, I dabbled in amateur theatre. With retirement coming up, I thought I might try it out again, so I auditioned, and then was cast in a play at the Jericho Arts Centre. It was Alan Bennett's *People*, and like most of his plays is a comedy with incisive social comment. My character only had a couple of dozen lines, but there was some tricky stage business involving a bed, an old-style movie camera, and a couple of porn stars. Since then, I've had some more substantial roles, including an Agatha Christie mystery, where I played the detective. This past spring I played a couple of supporting roles in *She Stoops to Conquer*; and most recently I was King Pellinore in *Camelot*. It is a lot of fun, a lot of work, and physically and mentally challenging. It will also absorb most of your free time for weeks and weeks. So, why do it?

First, it keeps you active. Keeping up with the younger members of the cast is a challenge, but it can be a lot of fun. Second, acting is a way to appreciate literature from the inside out. And memorizing lines is also one of the best ways to keep the little grey cells active. Learning the lines turns out to be easier if they make sense. Good writing is easy to learn; mediocre writing less so. Moving around on stage is also easier than you'd think. The simple rules I



learned back in high school drama class are few: be aware of where you are; have a reason for any movement that you do; make sure you can be heard by the audience.

What about the acting? How do you convince an audience that you really are a king, a detective, or a cameraman shooting a porn film? What actors do inside their heads is as varied as the actors themselves, and I don't claim to be an expert on any particular technique. For myself, I try to find elements of the role that I recognize in my own personality.

Teachers have some transferable skills that you can apply to the stage. Good lecturers are able to project their voice to the back row of the classroom. This is not the same as shouting—enunciation is as important as volume. Teachers are able to think of several things at once. While lecturing about the causes of war in 1914, they can simultaneously be thinking about adding an extra question to the midterm, whether or not to skip the optional topic, keeping track of the time, and what to do about that student in the back row who has fallen asleep. This ability is very useful when you are simultaneously delivering your lines, wondering why a fellow actor is late for their entrance, and preparing a plan B in case they don't arrive in the next 15 seconds! Teachers usually have good memories, are good at organizing their time, and are (well, most of them) used to being punctual. These attributes are highly valued by directors and stage managers.

Now, how do you get into amateur theatre? First, attend some plays to get an idea of what kind of theatre is being performed. In Vancouver, United Players (at the Jericho Arts Centre) Theatre Under the Stars (at Malkin Bowl in Stanley Park) and Metro Theatre are the best known. New Westminster has Vagabond Players, and Coquitlam has Stage 43. South of the Fraser, you can find Surrey Little Theatre, Richmond's Gateway Theatre, and White Rock Players. The Vancouver Actor's Guide website:

<https://www.vancouveractorsguide.com/community/theatre-companies>

lists more than 70 theatre companies in the Vancouver area, both amateur and professional companies. (Professional actors will be members of Canadian Actors Equity or ACTRA, and, in general, only Members will be hired for professional productions. Amateur companies may hire professionals if they can afford it, but most of the cast will be unpaid amateurs.)

Next, check out the web sites of any of the above to see when auditions are happening. Typically, there will be from eight to ten weeks of rehearsals (usually Sunday afternoons plus two evenings a week), followed by two to four weeks of performances (usually Thursday to Sunday). Auditions are usually held a month or so before rehearsals begin. Some productions ask actors to come with a prepared monologue, so it's a good idea to have something learned ahead of time; a piece of your favourite poetry might do.



The most important part of an audition is the reading: this is where you are handed a page or two of dialogue and asked to read opposite another actor, or perhaps the director. The director will be interested in how you relate when speaking to another character, whether or not you can alter your interpretation, and what role might be best for you. If you can, read the play before the audition. This will give you a better sense of what roles might suit you.

After most auditions, you don't hear anything. Or you will be asked to come to a call-back, which means you've passed the first cut, and the director is interested. If you don't get cast, try again. Every audition you go to gives you experience in how to audition. If you do get cast, the fun begins!

If acting is not for you, you might consider the technical side of theatre: set design and construction, lighting design, sound effects and music design, costumes, props, photography and publicity, or even stage management. And then there is the front-of-house side: ticket sales, fund-raising, and so on. All the behind-the-scenes folk are worth their weight in gold to any theatre company. Community theatres in the Lower Mainland are always looking for new talent, and a retired instructor comes with a theatre-ready toolkit of how to engage an audience!



KPU RETIREES AROUND THE WORLD

Kenya

Lynda Turner

I have lived on Salt Spring Island since 2009. I have continued my interest in Kenya. Since coming to SSI, I have delivered 350 pregnant goats to HIV+ mothers, over 1500 new uniforms to school children (in Kenya no uniform, no school), plus school rain collection systems, hygiene kits etc. etc.

This year we developed a permaculture garden on a 3 acre school yard. It is now feeding over 400 school children. These pictures show the digging of the garden and the plant growth when we left Muraka Primary in Kakamega and old and new uniforms at Amalemba Primary in Kakamega.



KPU RETIREES AROUND THE WORLD

Chile / Canada Projects

Patricio Ramirez

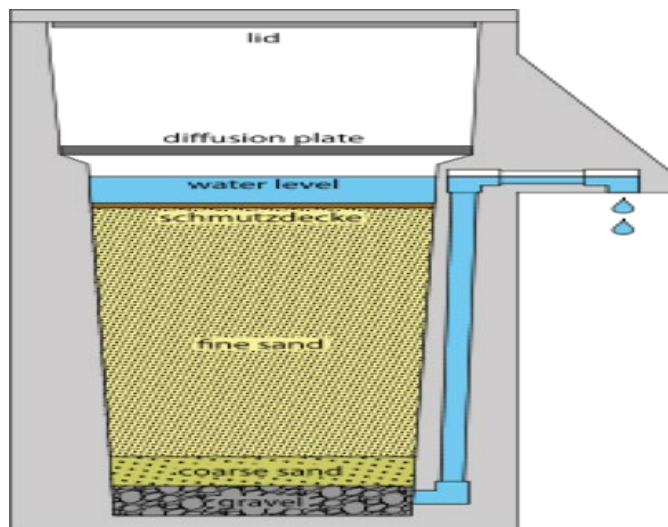
(Since retirement, Patricio has travelled back to his native country, Chile, a number of times as he has worked on international projects with Rotary Clubs.)

I have been an honorary member of both the Rotary Club of Ladner and the Rotary Club of Temuco Norte (Southern Chile) since my retirement in 2008. Several community projects have been developed and carried out by both clubs, from equipping Mapuche schools in the rural zones of Temuco, to providing running water to Mapuche communities by drilling a deep well in the area. This last project was a major one that got financed in part with the help of the Canadian government. Containers with medical equipment, wheelchairs, dental chairs, autoclaves and other relevant items have also been sent to the Temuco area.



I made a presentation to the Rotary Club of Ladner last year in May on behalf of the Rotary Club of Temuco Norte about a possible rain water collection project that will benefit Mapuche schools in the Temuco area in Chile during the drought summer season.

This project, is the first stage in the collection of rain water. It consists of a simple series of gutters that guide the water to collection tanks, where it will be stored for use during the drought period.



The intended recipients will be families whose only means of income is from the products (fresh vegetables) of the small farms they work. The crop is severely decreased or ruined, due to the lack of water during the summer, thus seriously affecting the income of these families of small farmers.

The second objective of this project is to inform and educate the community about a complementary system to the already existing ones, so that they can use it during the times of draught. With this rain water, a number of tasks can be carried out, irrigation, washing, animal consumption, and in extreme cases, prior boiling of the water, human consumption.

It is hoped that this project will complete this year.

There has been several international exchanges between members of the two clubs in the last eight years. Another exchange is being planned for 2019-2020.

I have had the privilege of receiving honorary membership from Ladner and Temuco Norte Rotary clubs for my modest contribution to their international projects.

FOR MORE INFORMATION

Thank you for reading Newsletter #5 of the KPU Retiree's Association.

We are interested in what you would like to see in the KPURA Newsletter. We look forward to your memories and your contributions. Let us know!

Alice Macpherson, alicemac@telus.net

Your Newsletter Committee,
who would welcome more input, members, articles and photos – kpuranews@gmail.com

KPURA News

12666 – 72nd Avenue
Surrey, BC, V3W 2M8

How About You?

Do you have a photo or story to share of your early days at Kwantlen? How about your travels or current adventures before or after retirement?

The newsletter is always looking for pictures and stories. They can be about your adventures at Kwantlen and beyond into community activities or travels near and far. Please feel free to join in with an article of up to 500 words with pictures to illustrate.

The KPU Retirees Association

has come together for the purposes of:

- Encouraging fellowship among retirees by maintaining existing and promoting new friendships;
- Organizing social events for university retirees;
- Facilitating continuing engagement with the university;
- Facilitating the free exchange of information and discussion of topics of interest to members;
- Advocating on issues and topics agreed to by the association; and
- Representing the members of the society to Kwantlen Polytechnic University and other entities.

Consider becoming a member. \$25 per year.

More information at: <http://kpu.ca/retirees>

BENEFITS OF KPURA MEMBERSHIP

1. Quarterly Newsletter – *KPURA News* – keeping us connected with news of retirees':
 - a. travels,
 - b. community-based activities,
 - c. research and scholarly activities,
 - d. social activities.
2. Reduced fees for KPURA-sponsored activities such as wine tastings, local boat, streetcar and walking tours, lunches. Since our formation in 2017 we have sponsored 10 events attended by 101 individuals (79 KPU retirees and 22 spouses/guests).
3. Keeping connected with colleagues and friends – with the "Kwantlen Family".
4. Maintaining friendships and creating new ones.
5. The exchange of information.
6. Intellectual engagement.
7. Ongoing support from and to the university.
8. Representation of their interests as retirees.
9. Access to benefits of the College and University Retirees Association of Canada (CURAC)
42 member associations (including KPURA) embracing some 16,000 retirees
Benefits www.curac.ca :
 - a. Discounted travel
 - b. Discounted home and car insurance
 - c. Discounted pet insurance
 - d. Extended health insurance – in some aspects better than our group pension health insurance – rates are not age-banded
 - e. Two different travel/trip cancellation plans – one is not age-banded
 - f. Quarterly Newsletter
 - g. Annual National Conference