



# TALK

Third Age Learning  
at Kwantlen



Third Age Learning at Kwantlen (TALK) in partnership with Kwantlen Polytechnic University has a long commitment to learners over the age of 50 and allows them to explore a diverse offering of programs and stay connected with other lifelong learners.

*Celebrating 25 Years of Lifelong Learning with creative and stimulating educational activities for adults over 50*

*Happy New Year  
and welcome to  
the Winter / Spring 2025 semester!*



# TALK

Third Age Learning  
at Kwantlen

**WINTER/  
SPRING  
2025**

**Courses start  
February 18**

[kpu.ca/talk](http://kpu.ca/talk)



KWANTLEN  
POLYTECHNIC  
UNIVERSITY

➤ Online, on-campus  
and off-site courses

## TALK's Courses in February

MON	TUE	WED	THU	FRI
3 	4	5	6 Philosophers' Corner 10:30 am Richmond	7
10	11	12	13 Philosophers' Corner 11:30 am Surrey	14
17 Family Day Campuses closed	18 How Climate Change is Affecting Sea Ice 11 am Zoom	19	20	21 
22	23 Everything EV 10 am Zoom	26	27 Philosophers' Corner 11:30 am Langley	28 Vaccinations 10 am Langley
Field Trip	Online	Richmond	Surrey	Langley
				Cloverdale

**Did you know that TALK now has Gift Cards available?**

Give your friends the gift of lifelong learning.

You can purchase these when you register for courses or at another time.

Go to [www.kpu.ca/talk/courses](http://www.kpu.ca/talk/courses).

## Philosophers' Corners in February



**Are We Becoming a More Uncivil and Uncaring Society?**

➤ February 6 at 10:30 am  
Wisteria Place, 4388 Garry Street, Richmond

**Are Drug Consumption Sites Helpful?**

➤ February 13 at 11:30 am  
Crescent Gardens, 1222 King George Boulevard, Surrey

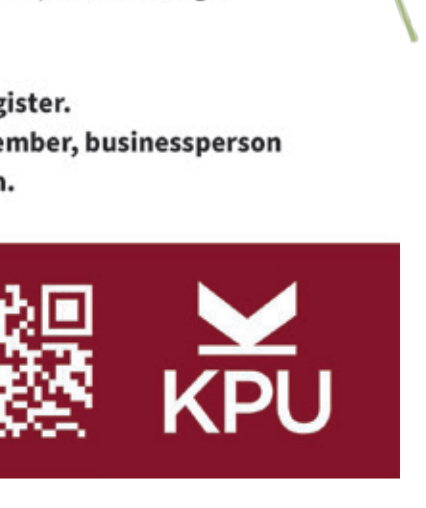
**Is Happiness the Goal?**

➤ February 27 at 11:30 am  
City of Langley Library, 20399 Douglas Crescent, Langley

For more information, please visit: [www.kpu.ca/talk/philosophers-corner](http://www.kpu.ca/talk/philosophers-corner)

## Upcoming TALK Events: Compelling Conversations

Free and open to the public



TALK'S COMPELLING CONVERSATIONS

## HOW CAN WE MAKE YOUR FUTURE BETTER?

**Saturday March 1, 2025 at 10 am  
at KPU Richmond Campus**



We've entered the Innovation Age where maximum change causes stress that divides us. What are your fears for the future? In a divided world, how can we better connect?

As one of Canada's leading futurists, Jim Bottomley has consulted for governments, businesses, nonprofits and individuals to help them find future direction, identify opportunities and cope with the stress of change.

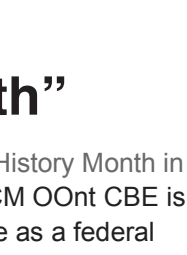
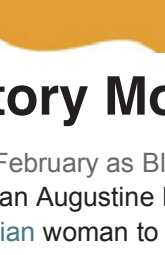
Jim's presentations are always fun and dynamic. As a professional speaker, he has spoken to one quarter million Canadians about future success strategies. Jim focuses on the web of needs that unites us and combines 'aha' moments with practical advice to inspire positive change. See more about Jim Bottomley at <https://jimbottomley.com/speaker>.

**This event is open to the public of all ages and free. See below to register.**  
**Whether you are a student, parent, grandparent, faculty or staff member, businessperson or community volunteer, you will find this an inspiring conversation.**



To register, go to [kpu.ca/talk/courses](http://kpu.ca/talk/courses)

Compelling Conversations is made possible by an endowment to the KPU Foundation by former TALK member Winnifred Searle.



## February: "Black History Month"

In December 1995, the House of Commons officially recognized February as Black History Month in Canada following a motion introduced by Dr. Jean Augustine. (Jean Augustine PC CM OOnt CBE is a Grenada-born Canadian politician. She was the first Black Canadian woman to serve as a federal Minister of the Crown and Member of Parliament.)

During Black History month, people in Canada celebrate the remarkable achievements which Black people have made and contributed to their communities, within Canada.

February is also, but not only, time to reflect on the horrendous and trying times that black people suffered, and still do, in Canada, under the weight of racism and discrimination.

The diaspora of Africa peoples in Canada is extremely diverse. People of pan African descent originate, essentially from Africa, but settled in the Caribbean, North & South America, Brazil, Haiti etc.

Black immigrants in Canada, mainly descendants of their forefathers, make up 53.8% of African origin.

Some notable black people from Vancouver/Lower Mainland, who achieved illustrious careers during their lifetime are:

- Emery Barnes (born in Louisiana USA) Canadian professional footballer and MLA Politician (1972 – 1991). First black speaker in the House. There is the Emery Barnes Park, in Vancouver, named in his honour.
- Rosemary Brown PC OC OBC was a Canadian politician. She was the first black woman (born in Jamaica) elected to the provincial government of BC. (1972 – 1986).
- North Braithwaite's Harry Jerome (born in Prince Albert Sask.) was considered one of the fastest humans on the planet. He competed in several Olympic games, earning great acclaim.
- Joe Fortes (born in Trinidad & Tobago) was Vancouver's first official life guard.
- John Braithwaite (born in Ontario) was a councillor with the city of North Vancouver (1972 – 2002). He was also executive director of Northshore Neighbourhood House.
- Eleanor Collins (born Surrey United Kingdom, of late, Surrey BC) an accomplished jazz singer and performer, Eleanor Collins hosted 'The Eleanor Show' on CBC television in 1954 making her the first black tv host in North America.

"The history of Black communities in Canada is an integral part of Canadian history. This year's theme is about reflecting and celebrating the contributions of Black Canadians in shaping our country while paving the way for a more equitable and inclusive future" ...Government of Canada. The Honourable Kamal Khara, Minister of Diversity, Inclusion and Persons with Disabilities. Submitted: Heather Cross



**VOLUNTEERS  
NEEDED!**

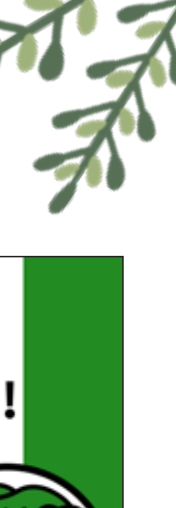
## Volunteers Needed

Interested in becoming a TALK Volunteer?

Here are some of the volunteer opportunities TALK has to offer

- Become a Course Facilitator
- Join the Board and/or the Program Committee and/or the Marketing Committee
- Become a Presenter

For information, please visit: [www.kpu.ca/talk/volunteer](http://www.kpu.ca/talk/volunteer)

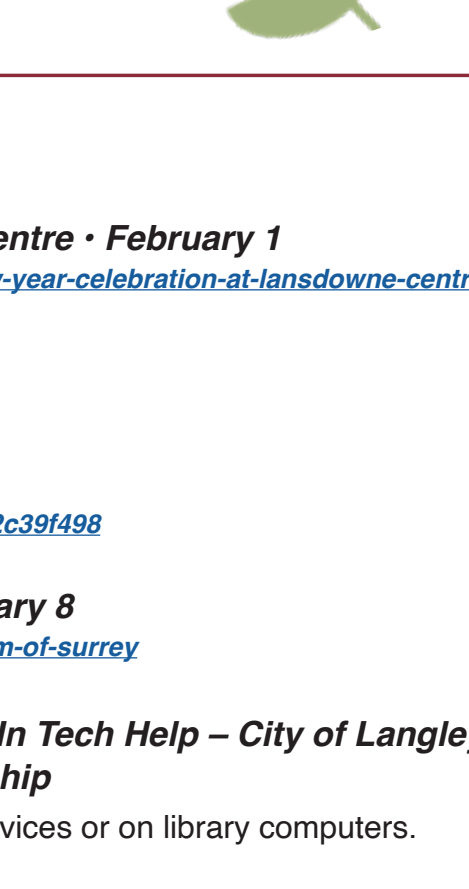


## Lifespan Cognition Lab

KPU's Lifespan Cognition Lab is currently recruiting participants for an online research study.

For more information, please visit: [www.lifespancognition.com](http://www.lifespancognition.com)

<b>WHAT?</b>	A paid multi-year research study. Payment starts at \$20 CAD and increases by \$5 each time you return.
<b>WHY?</b>	To understand how thinking develops across the lifespan.
<b>WHO?</b>	People between the ages of 10-15, 18-23, 40-45, and 65-70.
<b>WHEN?</b>	Right now! You will also be asked to return in following years.
<b>WHERE?</b>	It is completely online.
<b>HOW?</b>	To see if you are eligible, visit <a href="http://lifespancognition.com/participate">lifespancognition.com/participate</a>



## Programs of Interest

**Lunar New Year Celebration at Lansdowne Centre • February 1**  
[www.visitrichmond.bc.ca/calendar-events/2025-lunar-new-year-celebration-at-lansdowne-centre/](http://www.visitrichmond.bc.ca/calendar-events/2025-lunar-new-year-celebration-at-lansdowne-centre/)

**The Wellness Show • February 1-2**  
[www.thewellnessshow.com/2025-tickets/](http://www.thewellnessshow.com/2025-tickets/)

**Seniors Social • February 7**  
<https://fvrl.bibliocommons.com/events/673b9c2154a602ae2c39f498>

**Lunar New Year at Museum of Surrey • February 8**  
[www.surrey.ca/news-events/events/lunar-new-year-museum-of-surrey](http://www.surrey.ca/news-events/events/lunar-new-year-museum-of-surrey)

**Langley Local Immigration Partnership Drop In Tech Help – City of Langley Library – Langley Local Immigration Partnership**  
Learn new programs and techniques on your own devices or on library computers.

- February 21 at 10:30 am – 12:00 pm  
City of Langley Library, 20399 Douglas Crescent, Langley

For more information, please visit:  
<https://langleylip.ca/event/drop-in-tech-help-city-of-langley-library-2/>

## Holidays in February

February 17th: BC Family Day

