

d Age Learning at Kwantlen Third Age Learning at Kwantlen (TALK) in partnership with Kwantlen Polytechnic University has a long commitment to learners over the age of 50 and allows them to explore a diverse offering of programs and stay connected with other lifelong learners.





Celebrating 25 Years of Lifelong Learning with creative and stimulating educational activities for adults over 50







Did you know that TALK now has Gift Cards available? Give your friends the gift of lifelong learning. You can purchase these when you register for courses or at another time. Go to www.kpu.ca/talk/courses

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9 Chile and Argentin Natural History	From Dyl Digital 1 pm Lan Remembr Day Campuse:	Against Nature 1 pm Onl 11 rance s closed	Kichmona	rs' Canada at War Netherlands 10 am Online	
Chile and Argentin Natural	Remembri Day Campuse:	rance s closed	Philosophe Corner 11:30 am		15
Chile and Argentin Natural					
10 am Su	Storehou Commun Hub	ity 1 pm Lar	ng mon	Virtual and Augmented Reality 10 am Richmond	22
Armchai Travel: C Islands 11 am Or	anary Films fro Anxious	m an Have Val Decade 10 am Richmon	iques Philosophe ue Corner 11:30 am	27 28	3 29
Field Trip	Online	Richmond	Surrey	Langley	Cloverd

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Win a door prize!! learning for adults over 50 From Dylan to Digital Making Musicians, Music and Meaning

> Join Dr. Gordon Cobb, Chair of KPU's Music Department, for an inside look at a unique, hands-on music program that combines creative expression with real-world experience and social impact.

media platforms, to producing their own "Wake-Up Social Justice

Dr. Cobb will share how his students use music, media, and digital tools to explore issues of social justice. He will show us the journey his students take — from learning about the music industry and new

Led by Mike Meilleur, Plant Manager

· Facilitated, story and photos by Carol Mitchell

at Kwantlen Stimulating lifelong



In case you missed registering on the link, you can phone our office at 604-599-3077 or email us at talk@kpu.ca until and including Monday, November 3rd by 2:30 pm. Classes in Review

Field Trip: Mark-Crest Foods Plant, Langley, BC, October 7, 2025 from 10 am to 12 pm

Facilitator Rose Marie Borutski, socionik@yahoo.ca More information at kpu.ca/talk

As I got out of my car, Mike Meilleur met me smiling and welcoming. He was dressed in a white lab with a white cotton cap covering his hair. After a warm greeting, he walked me into the staff's locker and lunchroom. As the TALK members arrived, Mike, being a gentle host invited everyone to sit arranged a lease sound to the staff of the sta

He then brought in freshly baked butter and pumpkin tarts, sausage rolls and vegetable samosas for the group to taste. He passed around an 81-item order sheet of baked products the company sells. We were delighted with the smells and hospitality.

Mike then had us put on our food safe uniforms, hats, lab coats and boots. If you had a beard, you wore a cover over it.

As we got prepared for the walk around the factory, Mike described the history and preparation process. It has been a family owned and operated business since 1963, 62 years. The owners are descents of the original man, Emil Glukler, a Swiss immigrant.

Mike explained that we need to follow him to avoid moving dangerous parts in the factory because it was in full operation.

As we entered the factory part of the building, the noise of operating machines and smells added to Mike's description of making tart shells. We spent our time following Mike from mixing to packing the product for distribution to our local shops and large grocery chains.

The Mark-Crest Foods Plant is settled in an Industrial Park on 92A Street in Langley, BC.

As we left the factory part of the building, Mike invited us to purchase anyone of the items. Carol bought 60 butter tarts ready for baking! YUM!

Facilitated and story by Carol Mitchell
The computer room is located in a beautiful modern Clayton Branch building settled in a forested part of Surrey.

Field Trip: Hands on Genealogy, October 14, 2025 from 10 am to 12 pm.

Surrey Public Library- Clayton Branch, Surrey, BC Led by Kay Burns, Family History Librarian



The laws of Karma and Reincarnation.

TOPIC

At what age can we stop worrying about what other people think? Richmond Nov 6 Surrev Nov 13 Should there be limitations on the right to free speech? Langley Nov 27

Whatever your preference, we have a place for you.

OLUNTEERS NEEDED!

18 at 10:00 AM. Virtual ARM CHAIR TRAVEL

For more information, please visit: www.kpu.ca/talk/philosophers-corner

Interested in becoming a TALK Volunteer?

For information, please visit: www.kpu.ca/talk/volunteer

TALK IS ALSO LOOKING FOR MARKETING COMMITTEE VOLUNTEERS Do you prefer spending your time on the computer or chatting with people? Do you like organizing or writing? Would you rather research or gen

Here are some of the volunteer opportunities TALK has to offer

Become a Course Facilitator
 Join the Board and/or the Program Committee and/or the Marketing Committee
 Become a Presenter

 November 5 - 11: Veterans Week November 11: Remembrance Day

Website: kpu.ca/talk >

Phone: 604-599-3077

Check us out; we would love to have your skills, talents and company! We are seeking volunteers willing to help in the following areas:
Content Writer; Graphics Creator/Designer
Contacting Media, Leisure Guides, Newspapers and various Senior Publications to submit promotional material For a detailed description on these roles, please email: talkwantlen@gmail.com Website: www.kpu.ca/talk **Upcoming TALK Events** In-person Field Trip to STONEHOUSE COMMUNITY HUB SOCIETY on November TO CANARY ISLANDS on November 24 at 11:00 AM. Lifespan Cognition Lab KPU's Lifespan Cognition Lab is currently recruiting participants for an online research study. For more information, please visit: www.lifespancognition.com

> **PARTICIPATE** IN RESEARCH! People between the ages of 10-15, 18-23, 40-45, and 65-70. Right now! You will also be asked to return in following years. swipe for more details! It is completely online. To see if you are eligible, visit lifespancognition.com/participate

> > Email: talk@kpu.ca

 November 13: World Kindness Day November 14: World Diabetes Day

A paid multi-year research study. Payment starts at \$20 CAD and increases by \$5 each time you WHAT? WHY? WHO?

WHEN? WHERE? Celebrations and holidays in November